

Pacifica Tidings



July
2018



A Note from the Executive Director

Greetings Residents,

Summer is finally here!

In the next couple months, I like everyone to move around the community and enjoy the beautiful weather we are experiencing here in Union City. Lately, there has been plenty of new faces who recently joined us. These residents come from many different backgrounds with many stories to share. I would love for you to eventually meet them. Also in the next coming months our garden will be filled with many beautiful plants. Enjoy yourself but please stay hydrated with fluids through the day to stay healthy and strong.

I would like everyone to welcome our new Activity Director, Michele Wilcox, to the community. Michele comes from long extended history in the activities department with plenty of experience to share. She is easily approachable and pleasant. Please take some time to say hi to her and possibly share some ideas with what new activities we can add to our community. Our goal is to create a community where there will be an activity for everyone. So don't be shy to try something new!

Kai

Who am I?

- Born on September 19, 1916 in Selma, CA
- Has a passion for airplanes
- Enlisted in the Aviation Cadet Program.
- I have 4 grandchildren and 5 great-grand children
- I have a sweet tooth.
- I love arts and crafts



Welcome to Our Community

- ◇ Reginald Seguirant
- ◇ Francine Brezicki
- ◇ Josephine George
- ◇ Mary Valdez
- ◇ Lillian Buck
- ◇ Teodoro Evora
- ◇ Constancia Evora
- ◇ Priscilla Robertson
- ◇ David Quaccia



Health & Fitness by

It is very important to stay active!

like they say...

“Use it or loose it!”

Please look over our July calendar we have added lots of new physical activities to keep all of us here active.

Join us for

- **Sittercise**
- **Exercise**
- **Bean Bag Toss**
- **Noodle Ball**
- **Weight Lifting**



Birthdays

Happy Birthday

Thelma 7-12



Spiritual Activities

We offer Drives for you to attend the Church of your choice every Sunday Morning.

We have Communion every Sunday at 9:30 in our Gathering Room, and at 10:15 in Legacies.

Who Am I?
(answer)

Bob M.



If you guessed Bob M. then you guessed correctly. It's our very own Bob who has lived with us for about a year now. Everyone knows him to be the sweetest guy around. You will always catch Bob lookin' sharp! So glad to have him as a part of our Pacifica family ♥

Management Team

Executive Director
Kai Qian

Community Relations Director
Teresa Peixoto

Business Office Manager
Brandy Johansen

Resident Care Director
Katherine Maningding

Memory Care Director
Odette Arrieta

Activity Director
Michele Wilcox



Our Mission

*Privately owned, Pacifica Senior Living
strives to create a lifestyle of
independence and peace of mind
for each individual and their family.*

*We do what we love and
what we truly believe in –
providing compassionate, personalized
care services with dignity and respect.*

*Our dedicated, professional team supports
each resident and goes above and beyond
to help them feel at home.*



PACIFICA
SENIOR LIVING

UNION CITY
Assisted Living
Memory Care

33883 Alvarado Niles Road
Union City, CA 94587
(510) 489-3800
PacificaUnionCity.com
License # 019200509

Welcome Home!