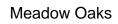


Weekly Menu





	Sun 09-30-2018	Mon 10-01-2018	Tue 10-02-2018	Wed 10-03-2018	Thu 10-04-2018	Fri 10-05-2018	Sat 10-06-2018
B R K	Chef's Choice Pastry Fluffy Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Fluffy Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Fluffy Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Fluffy Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Fluffy Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Fluffy Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Fluffy Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice
L U N	Ham and Lentil Soup Or Green Salad Herb Crusted Chicken Or Citrus Grilled Fish Tomato Cilantro Rice Roasted Summer Squash Baked Roll Strawberry Pie	Tomato Florentine Soup Green Salad Four Cheese Ziti Or Beef and Broccoli Fresh Mashed Potatoes Steamed Broccoli Baked Roll Homemade Carrot Cake	Cream of Zucchini Soup Or Green Salad Spaghetti/Marinara Meat Sauce Or Almond Crusted Chicken Green Beans Italian Mozzarella Garlic Bread Snickerdoodle Brownie	Italian Sausage Soup Or Green Salad Homestyle Turkey/Gravy Or Veal Marengo Cranberry Sage Dressing Mixed Vegetables Baked Roll Pear Cobbler	Creamy Carrot Soup Or Green Salad Classic Baked Ham Or Pot Roast Milano Glazed Sweet Potatoes Cauliflower/Cheese Sauce Baked Roll Mandarin Orange Chiffon Pie	Potato Mushroom Soup Or Green Salad Cod/Tomato Cream Sauce Or Chicken Dumpling Stew Parsley Rice Glazed Baby Carrots Baked Roll Honey Bun Cake	Navy Bean Soup Or Green Salad Sweet Corned Beef Or Club Steak/Country Gravy Herb Roasted Red Potatoes Green Beans Baked Roll Banana Cream Pudding
S U P	Soup Du Jour Egg Salad Sandwich Green Bean Tomato Salad Chips Or Bacon Ranch Chicken Mixed Vegetables AuGratin Potatoes Fresh Lemon Bars Milk offered at every meal	Soup Du Jour Lazy Stuffed Peppers Seasoned Cauliflower or Baked Potato Sausage Link Casserole Seasoned Cauliflower Fresh Cornbread Zucchini Bread	Soup Du Jour Farmer's Sausage Sandwich Black Bean Corn Salad or Aldilla Braised Beef Peas/Mushrooms Roasted Red Potatoes Marshmallow Treat	Soup Du Jour Stuffed Baked Potato Broccoli or Monte Cristo Sandwich Pasta Bacon Salad Tapioca Pudding	Soup Du Jour Clubhouse Wrap Capri Blend or Alaskan Fish and Chips Capri Blend Chocolate Caramel Bars	Soup Du Jour Chicken Salad Sandwich Herbed Corn or BBQ Pork Chop Bake Herbed Corn Fingerling Potatoes Dishpan Cookie	Soup Du Jour Crazy Crust Pizza Normandy Blend or Baked Tilapia w/Dijon Dill Sauce Normandy Blend Herb Couscous Ice Cream Sandwich Week 1

Dietitian's Signature: Dim Jagu, RDN 6-18-2018