

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Note: Scheduled activities subject to change without notice. See Bulletin board for possible changes.</p>	<p>1 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation</p>	<p>2 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation</p>	<p>3 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Fall Scenic Drive—Cottage 1 1:30pm (L) Wednesday Matinee</p>	<p>4 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Fall Scenic Drive—Cottage 2 1:30pm Memories in the Making</p>	<p>5 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Happy Hour Social</p>	<p>6 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (C) BINGO</p>
<p>7 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Church Services</p>	<p>8 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (C) Art Goodman's One Man Band</p>	<p>9 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (C) BINGO</p>	<p>10 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Fall Scenic Drive—Cottage 3 1:30pm (L) Wednesday Matinee</p>	<p>11 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Fall Scenic Drive—Cottage 4 1:30pm Memories in the Making</p>	<p>12 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Happy Hour Social</p>	<p>13 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (C) BINGO</p>
<p>14 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Church Services</p>	<p>15 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (C) Patricia Piano</p>	<p>16 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (C) BINGO</p>	<p>17 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Fall Scenic Drive—Cottage 5 1:30pm (L) Wednesday Matinee</p>	<p>18 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Fall Scenic Drive—Cottage 6 1:30pm Memories in the Making</p>	<p>19 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Happy Hour Social</p>	<p>20 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (C) BINGO</p>
<p>21 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation</p>	<p>22 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation</p>	<p>23 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (C) BINGO</p>	<p>24 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Fall Scenic Drive—Cottage 7 1:30pm (L) Wednesday Matinee</p>	<p>25 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Fall Scenic Drive—Cottage 8 1:30pm Memories in the Making</p>	<p>26 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Happy Hour Social</p>	<p>27 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (C) BINGO</p>
<p>28 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Church Services</p>	<p>29 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation</p>	<p>30 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (C) BINGO</p>	<p>31 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Trick or Treating 3:30pm-4:30pm 1:30pm (L) Wednesday Matinee</p>		<p>Exercise Daily 10:00am House Chores Daily</p>	<p>GOLDEN TOUCH SALON Thursday & Friday 9:00AM to 4:00PM</p>