

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2 style="color: red;">Happy Birthday!</h2> <div style="display: flex; justify-content: space-between;"> <div style="width: 30%;"> <p>8/1 Jane Nelson 8/1 Veva Fitzgerald 8/4 William Eysers 8/7 Nancy Carothers 8/7 Herbert Stern 8/9 Patricia Neely</p> </div> <div style="width: 30%;"> <p>8/9 Nancy Lauter 8/11 Jeanne Ohsiek 8/13 Doris Hughes 8/14 Doris Rovero 8/18 K Curliss 8/21 Marnie Shooter</p> </div> <div style="width: 30%;"> <p>8/23 Truda Steckler 8/24 Betty Van Meter 8/27 Cecil McReynolds 8/28 Lisa Bradburn 8/28 Rod Dewar 8/30 Grace Meeks</p> </div> </div>			<p>9:15 Fitness w/ Nima 1 9:45 Get Fit w/ Rosalie 10:00 Catholic Service 11:00 <i>Lunch Box Outing</i> 2:30 Yoga w/ Annette 3:00 Mini Manicures 4:00 HH w/ Mike Noonan 7:00 Bingo</p>	<p>9:45 Get Fit w/ Alison 2 10:00 Scrabble & Coffee 1:00 Bookmobile 2:00 Dominoes: Mexican Train 3:00 Curtain Call 4:00 HH w/ Ben Herod</p>	<p>9:15 Fitness w/ Nima 3 9:45 Get Fit w/ Rosalie 11:00 Line Dancing 1:00 <u>End of Life Discussion</u> 3:00 Build-A-Sandwich 4:00 Music w/ Jackson & Georgette 6:00 Evening Movie</p>	<p>9:30 Mental Gym 4 10:00 <i>Shop Monterey</i> 1:00 <i>Shop Carmel</i> 1:00-3:00 Saturday Games 2:00 Ice Cream Social 3:00 Bingo 6:00 Evening Movie</p>
<p>5 7:30a-1:00 <i>Church Transportation</i> 1:30 <i>MPC Theatre: The Fanasticks</i> 2:00 Easy Sunday Matinee</p>	<p>9:15 Fitness w/ Nima 6 9:45 Balance & Movement w/ Wendy 10:30 Jewelry Repair by Martie 11:00 Mini Miss Yuba-Sutter visits The Park Lane! 12:30 New Beginnings w/Mick 2:00 Bob Phillips Music 6:00 Evening Movie</p>	<p>9:45 Get Fit w/ Alison 7 10:30 Men's Group Meeting 10:30 Documentary Movie 1:00 <i>Shop Carmel</i> 1:00 <u>Medicare Education w/ Matt Brown</u> 2:00 What's Cooking w/ 4:00 Social Happy Hour</p>	<p>8 9:15 At Home Fitness w/ Nima 9:45 Get Fit w/ Rosalie 10:00 Catholic Service 1:00 Crafting: Tissue Paper Flowers 2:30 Yoga w/ Mae 3:00 Mini Manicures 4:00 HH w/ Lee Durley</p>	<p>9:45 Get Fit w/ Alison 9 10:00 Scrabble & Coffee 1:00 Bookmobile 2:00 Dominoes: Mexican Train 3:00 Curtain Call 4:00 Summer Luau @ The Park Lane!</p>	<p>9:15 Fitness w/ Nima 10 9:45 Get Fit w/ Rosalie 11:00 Line Dancing 3:00 Build-A-Sandwich 3:15 Popcorn & Chat 4:00 Music w/ Jackson & Georgette 6:00 Evening Movie</p>	<p>9:30 Mental Gym 11 10:00 <i>Shop Monterey</i> 1:00 <i>Shop Carmel</i> 1:00-3:00 Saturday Games 2:00 Knitting w/ Mrs. Torres 3:00 Bingo 6:00 Evening Movie</p>
<p>12 7:30a-1:00 <i>Church Transportation</i> 2:00 Easy Sunday Matinee 1:15 Christian Hymns Sing -A-Long</p>	<p>9:15 Fitness w/ Nima 13 9:45 Balance & Movement w/ Wendy 12:30 New Beginnings w/ Mick 2:00 Bob Phillips Music 6:00 Evening Movie</p>	<p>9:45 Get Fit w/ Alison 14 10:30 Men's Group Meeting 10:30 Documentary Movie 1:00 <i>Shop Marina/Sand City</i> 2:00 What's Cooking 3:00 History Talks w/ Pat McAnaney 4:00 Social Happy Hour</p>	<p>15 9:15 Fitness w/ Nima 9:45 Get Fit w/ Rosalie 10:00 Catholic Service 2:30 Yoga w/ Mae 3:00 Mini Manicures 4:00 HH w/ Ben Herod 7:00 Bingo</p>	<p>9:45 Get Fit w/ Alison 16 10:00 Scrabble & Coffee 1:00 Bookmobile 2:00 Dominoes: Mexican Train 3:00 Curtain Call 4:00 Tiki Thursday w/ Mike Noonan</p>	<p>9:15 Fitness w/ Nima 17 9:45 Get Fit w/ Arishma 11:00 Line Dancing 3:00 Build-A-Sandwich 3:15 Popcorn & Chat 4:00 Music w/ Jackson & Georgette 6:00 Evening Movie</p>	<p>9:30 Mental Gym 18 10:00 <i>Shop Monterey</i> 1:00 <i>Shop Carmel</i> 1:00-3:00 Saturday Games 2:00 Ice Cream Social 3:00 Bingo 6:00 Evening Movie</p>
<p>19 7:30a-1:00 <i>Church Transportation</i> 2:00 Easy Sunday Matinee</p>	<p>20 9:15 Fitness w/ Nima 9:45 Balance & Movement w/ Wendy 12:30 New Beginnings w/ Mick 2:00 Bob Phillips Music 3:00 <u>Program Chat</u> 6:00 Evening Movie</p>	<p>21 9:45 Get Fit w/ Alison 10:30 Men's Group Meeting 10:30 Documentary Movie 1:00 <i>Shop Monterey</i> 2:00 What's Cooking 4:00 Social Happy Hour</p>	<p>22 9:15 Fitness w/ Nima 9:45 Get Fit w/ Rosalie 10:00 Catholic Service 3:00 <u>Community Town Hall</u> 4:00 HH w/ Lee Durley 7:00 Bingo</p>	<p>23 9:45 Get Fit w/ Alison 10:00 Scrabble & Coffee 1:00 Crafting: Homemade Lotion 2:00 Dominoes: Mexican Train 3:00 Curtain Call 4:00 Tiki Thursday w/ Dave Holodiloff</p>	<p>9:15 Fitness w/ Nima 24 9:45 Get Fit w/ Arishma 11:00 Line Dancing 3:00 Build-A-Sandwich 3:15 Popcorn & Chat 4:00 Music w/ Jackson & Georgette 6:00 Evening Movie</p>	<p>9:30 Mental Gym 25 10:00 <i>Shop Monterey</i> 10p -2p TPL Car Show 1:00 <i>Shop Carmel</i> 1:00-3:00 Saturday Games 2:00 Ice Cream Social 3:00 Bingo 6:00 Evening Movie</p>
<p>26 7:30a-1:00 <i>Church Transportation</i> 2:00 Easy Sunday Matinee 4:00 Musical Tunes w/ Ginny & Bucky</p>	<p>9:15 Fitness w/ Nima 27 9:45 Balance & Movement w/ Wendy 12:30 New Beginnings w/ Mick 2:00 Bob Phillips Music 6:00 Evening Movie</p>	<p>9:45 Get Fit w/ Alison 28 10:30 Men's Group Meeting 10:30 Documentary Movie 1:00 <i>Shop Pacific Grove</i> 2:00 <u>Health & Vitality Lecture Series</u> 4:00 Happy Hour w/ Young At Heart</p>	<p>29 9:15 Fitness w/ Nima 9:45 Get Fit w/ Rosalie 10:00 Catholic Service 2:30 Yoga w/ Mae 3:00 Mini Manicures 4:00 HH w/ Jack Banjo 7:00 Bingo</p>	<p>9:45 Get Fit w/ Alison 30 10:00 Scrabble & Coffee 12:00p-3p Senior Day At the Fair 1:00 Bookmobile 3:00 Curtain Call 4:00 Tiki Thursday w/ Nick Williams</p>	<p>9:15 Fitness w/ Nima 31 9:45 Get Fit w/ Rosalie 11:00 Line Dancing 11:30 Restaurant Outing 3:00 Build-A-Sandwich 4:00 Music w/ Jackson & Georgette 6:00 Evening Movie</p>	<p>Shop Serendipity Mondays and Thursdays 10am to 12:15pm A-Level</p>