

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Walk to End Alzheimer's
Saturday October 13, 2018

1
Balance & Movement
Soccer Ball Kick
Harp music w/ Melissa (2p)
Happy Hour
Novel Reading Club

2
Rise the Rate
Plaza Walk
Historical Events
Hand-Made Snacks
Mini Manicures
Bingo
Comedy Hour

3
Tea, Cookies, & Chat
Stretches w/ Wendy
Plaza Walk
Hairstyling
Manicures/Hand Massages
TPL Theatre visit (2p)

4
Coffee & Chat
Current Events
World Trivia
Bingo
Puzzles & Pondering
Classic Movie

5
Coffee & Chat
Sunday Inspirations
Balloon Volleyball
Plaza Walk
Watercolor Painting
Musical Therapy
Classic Movie

6
Stretches w/ Wendy
Kickball
Art at Leisure
Book Reading & Discussion
Plaza Walk
Music w/ Bob Phillip (2p)*
Monday Musical

7
Sit & Be Fit
Arts & Crafts
What's Cooking (2p)*
Plaza Walk
Black & White Movie

8
Balance & Movement
Scenic Drive (11:30a)
Puzzles & Pondering
Soccer Ball Kick
Music w/ Lee Durley (2p)
Happy Hour
Novel Reading Club

9
Rise the Rate
Plaza Walk
Historical Events
Summer Luau (4pm)
Comedy Hour

10
Tea, Cookies, & Chat
Stretches w/ Wendy
Plaza Walk
Hairstyling
Manicures/Hand Massages
TPL Theatre visit (2p)

11
Coffee & Chat
Current Events
World Trivia
Bingo
Puzzles & Pondering
Classic Movie

12
Coffee & Chat
Sunday Inspirations
Balloon Volleyball
Plaza Walk
Scenic Drive (2p)
Watercolor Painting
Musical Therapy
Classic Movie

13
Stretches w/ Wendy
Kickball
Art at Leisure
Book Reading & Discussion
Plaza Walk
Music w/ Bob Phillip (2p)*
Monday Musical

14
Sit & Be Fit
Arts & Crafts
Hand Massages
What's Cooking (2p)*
Plaza Walk
Black & White Movie

15
Balance & Movement
Scenic Drive (11:30a)
Puzzles & Pondering
Soccer Ball Kick
Tunes w/ Stefani (2p)
Happy Hour
Novel Reading Club

16
Rise the Rate
Plaza Walk
Historical Events
Hand-Made Snacks
Mini Manicures
Bingo
Comedy Hour

17
Tea, Cookies, & Chat
Stretches w/ Wendy
Plaza Walk
Hairstyling
Manicures/Hand Massages
TPL Theatre visit (2p)

18
Coffee & Chat
Current Events
World Trivia
Bingo
Puzzles & Pondering
Classic Movie

19
Coffee & Chat
Sunday Inspirations
Balloon Volleyball
Plaza Walk
Scenic Drive (2p)
Watercolor Painting
Musical Therapy
Classic Movie

20
Stretches w/ Wendy
Kickball
Art at Leisure
Book Reading & Discussion
Plaza Walk
Music w/ Bob Phillip (2p)*
Monday Musical

22
Sit & Be Fit
Arts & Crafts
Hand Massages
What's Cooking (2p)*
Plaza Walk
Black & White Movie

21
Balance & Movement
Lunch Box Outing (11:30a)
Puzzles & Pondering
Soccer Ball Kick
Music w/ Lee Durley (2p)
Happy Hour

23
Rise the Rate
Plaza Walk
Historical Events
Mandolin Music w/ Dave (3p)
Bingo
Comedy Hour

24
Tea, Cookies, & Chat
Stretches w/ Wendy
Plaza Walk
Hairstyling
Manicures/Hand Massages
TPL Theatre visit (2p)

25
Coffee & Chat
TPL Car Show (10a-2p)
World Trivia
Bingo
Puzzles & Pondering
Classic Movie

26
Coffee & Chat
Sunday Inspirations
Balloon Volleyball
Plaza Walk
Scenic Drive (2p)
Watercolor Painting
Musical Therapy
Classic Movie

27
Stretches w/ Wendy
Kickball
Art at Leisure
Book Reading & Discussion
Plaza Walk
Music w/ Bob Phillip (2p)*
Monday Musical

28
Sit & Be Fit
Arts & Crafts
Hand Massages
Music w/ Young At Heart (3p)
Plaza Walk
Black & White Movie

29
Balance & Movement
Scenic Drive (11:30a)
Puzzles & Pondering
Soccer Ball Kick
Tunes w/ Stefani (2p)
Happy Hour
Novel Reading Club

30
Senior Day at the Fair (12p-3p)
Plaza Walking Club
Historical Events
Mini Manicures
Bingo
Comedy Hour

Happy Birthday!

8/7 Nancy Carothers
8/9 Nancy Lauter