

Pacifica Tidings



PACIFICA
SENIOR LIVING

OXNARD
Assisted Living
Memory Care

**August-September
2018**



A Note from the Executive Director

Another month has come and gone; time sure flies when you're having fun.

We are having fun here at Pacifica Senior Living Oxnard and with the addition of our bus services beginning this month the sky is the limit with adding trips, outings, scheduled appointments, etc. to the Activity calendar. Please see Ela with any ideas that you wish to share including outing requests and interesting locations you may desire to go to.

We are also adding a licensed Manicurist to the services offered

here at Pacifica Senior Living Oxnard. She will be here 2 days weekly and will provide both hand and feet treatments including manicures and pedicures out of the Beauty Salon. See me for more details.

We are so excited about the our growth here at Pacifica Senior Living Oxnard and we Thank You for choosing us as your home.

Ken Mahler

Who am I?



Welcome to Our Community

Vincent P.
Barbara P.
Ken G.
Charlotte G.
William B.
Marlene L.
Floyd L.
La Verne W.
Mack C.

Special Events & Memorable Moments



Health & Fitness by

ThyCa Org.

September is Thyroid Cancer Awareness Month!

Top 9 things to know about Thyroid Cancer:

1. Thyroid cancer has had the fastest increase in incidence of any cancer in recent years.
2. Thyroid cancer affects people of all ages, from young children to seniors.
3. Both women and men get thyroid cancer — more than two-thirds of the people with thyroid cancer are women.
4. Thyroid cancer has many types and variants, with treatment tailored to the type and individual.
5. When found early, thyroid cancer is usually treatable.
6. Even when treatable, thyroid cancer is life-disrupting, expensive, and stressful for patients and loved ones.
7. A simple Neck Check done by a medical professional during a routine appointment can detect a thyroid nodule.
8. Most thyroid nodules are benign, not cancer.
9. However, some thyroid cancers are aggressive and difficult to treat.

Birthdays

RESIDENTS

Mack C.
September 2

La Verne W.
September 6

Floyd L.
September 6

Shirley T.
September 25

STAFF

Rachelle M.
September 18



Spiritual Activities

Friday Bible Study

11:00 AM– First and Third Fridays
(Mel Bova)

3:00 PM— Second and Fourth Fridays
(Dennis Diaz)

Saturday Communion
Every Saturday at 12:30 PM

Sunday Mass
Every Sunday at 3 PM

Sunday Bible Study

10:15-Every Sunday
(Cynthia)

Who Am I?

(answer)

Lois R.

Lois grew up in Los Angeles, CA. She enlisted in the Army during WWII as a Dental Lab Technician making false teeth and was stationed in Spokane, Washington. She was in the army a little over a year and left when the war was over. After that she studied dentistry at UCLA and worked as an assistant dentist in LA.

She met her husband, Jack, through his sister, when they were only 13 years old. They dated for a while and decided to get married. The wedding was at Wilshire Blvd, Los Angeles and it was a big wedding. They had 4 boys together.

Lois began her interest in writing when she was in junior high. Last 2015, she published a book called “Our Child’s Roots” and another book after that. She loves writing and reading books. We are lucky to have her in the community!

Management Team

KEN MAHLER
Executive Director

CYNTHIA GARCIA
Business Office Manager

ERIKA MILLER
Resident Care Director

AMANDA SENGER
Sales Director

RONALDO MAKALINAW
Maintenance Director

JOSE HURTADO
Dining Services Director

ELA JULIANO
Activities Director



Our Mission

*Privately owned, Pacifica Senior Living
strives to create a lifestyle of
independence and peace of mind
for each individual and their family.*

*We do what we love and
what we truly believe in –
providing compassionate, personalized
care services with dignity and respect.*

*Our dedicated, professional team supports
each resident and goes above and beyond
to help them feel at home.*



PACIFICA
SENIOR LIVING

OXNARD

Assisted Living
Memory Care

*2211 E. Gonzales Road
Oxnard, CA 93036
(805) 983-6808
License # 565802425
www.PacificaOxnard.com*

Welcome Home!