

VILLAGE GAZETTE

SEPTEMBER



September is Here!

*September will be a month to remember! We will take a trip to Los Angeles and tour the **La Brea Tar Pits**. We'll also go to the **California Science Center** to see the magnificent space shuttle, Endeavour. In addition, we are celebrating **National Burger Day** with a trip to **The Habit Burger Grill** across the street from Carmel Village. We are also celebrating **National Waffle week**. But wait!*

*This month will also bring our annual **Luau**. We will have Hula lessons, (Hula skirts will be provided). Our Luau feast will be from 11:30 am to 1:30 pm.*

*We'll have live entertainment in the Fireside Lounge and will close the day with Polynesian dancers. As a special "thank you" to each of our residents, we are offering a two for one promotion for this fun filled day. With the purchase of one \$25 ticket, you'll enjoy all the fun, food and activities for the day and you will get a guest ticket for **FREE!** A complimentary tiki glass and floral lei will be provided for all that attend. **Please join us for the fun.***

Please see the Village Gazette for further information on all the entertainment and fun scheduled during the month of September.

SEPTEMBER SPECIAL EVENTS

Saturday, September 15th from 10:00 AM to 4:00 PM

Carmel Village Luau

I am so excited about our Luau this year! It's a treat for all the Managers here at Carmel Village, to participate in one of the best events of the year. The fun begins at 10:00 AM with Hula lessons in the Fireside Lounge. Hula skirts will be provided for all participants. Our Luau feast will be served from 11:30 AM to 1:30 PM. A special Tiki drink will be provided during that time and you get to keep the Hawaiian glass as a souvenir. You'll have the choice of eating in the dining room or in the courtyard where tents will be set up. After your meal, we'll have live entertainment with one of our favorite duo, Tracy and Tricia from 2 for the Show. But it doesn't end there, we will close the festivities with Polynesian Dancers in the back courtyard at 3:00 PM. ***Please invite your family and friends for this incredibly, wonderful day.***

Thursday, September 20th at 3:30 PM

New Resident Meet and Greet

Can you remember how you felt when you first moved into Carmel Village? You looked around and thought "how on earth am I going to remember all these names?" Well, here's a perfect opportunity to put faces to those names. Each month we have an afternoon social to welcome our new residents to Carmel Village. The new residents will introduce themselves and talk briefly about where they are from and family. Please take some time to introduce yourselves to them and welcome them to their new extended family at Carmel Village. Refreshments will be served.

Saturday, September 22nd at 2:00 PM

PAWS Pet Therapy

Let's greet our favorite four-legged friends in the Fireside Lounge. Let's come and welcome them as they put smiles on our faces. Thanks to the Orange County SPCA for continuing to make time for us.

Saturday, September 22nd at 3:00 PM

Peanut Auction

We've been a little "low" on donations. If there is anything you no longer want, donate to the Activity Department and help make our peanut auction a success. If you have not joined us for our monthly peanut auction, here is your chance. It's time to bid on your favorite items. Join us as we auction off a variety of items. The wonderful thing is.....you only pay peanuts for your purchase.

Saturday, September 29th at 3:30 PM

Resident Birthday Celebration

Please join us for as we celebrate the September birthdays. This is a great time to see who shares a birthday in the same month as you. Special refreshments will be served. And for those that do not have a birthday in September, this is a good time to enjoy the treats and socialize with your neighbors.

Please check the full calendar inside this month's newsletter for even more events and programs.

September Special Events





A GUIDE TO THIS MONTH'S OUTINGS

Friday, September 7th at 10:00 AM **California Science Center – Space Shuttle *Endeavour***
Space Shuttle *Endeavour* (Orbiter Vehicle Designation: OV-105) is a retired orbiter from NASA's Space Shuttle program and the fifth and final operational shuttle built. It embarked on its first mission, STS-49, in May 1992 and its 25th and final mission, STS-134, in May 2011. Moving space shuttle *Endeavour* across the United States was a massive undertaking. *Endeavour* first flew on the back of a Boeing 747 from Cape Canaveral, Florida to Edwards Air Force Base in California, while making several stops along the way. After arrival, *Endeavour* honored many California landmarks as it flew over the State from Sacramento to Southern California while onlookers marveled at the sight all along the way. After landing at Los Angeles International Airport, the biggest adventure was yet to come, transporting *Endeavour* through the heart of urban Los Angeles to its new home at the California Science Center. At 78 feet wide, 57 feet high and 122 feet long—longer than two school buses—navigating the streets of Los Angeles and Inglewood required the guidance and skill of over 100 people. Police controlled traffic; engineers and technicians lifted power lines and took down traffic lights while approximately 1.5 million people lined the sidewalks to celebrate the event. Photographers and filmmakers were on hand to document this once-in-a-forever moment in history. Mission 26: *The Big Endeavour* features photographs highlighting some of the spectacular scenes witnessed during space shuttle *Endeavour's* flight over California and her 12-mile, 68-hour journey through city streets to its final destination in the Samuel Oschin Pavilion at the California Science Center. Please sign up at the front desk Transportation log to be a part of viewing a little bit of history. We will stop for lunch before heading back to Carmel Village.

Cost: \$

Thursday, September 13th at 4:30 PM **Dinner at Claim Jumper**
Please join us for an early dinner at the Claim Jumper in Fountain Valley. The restaurant is famous for food crafted with the best ingredients and an atmosphere that makes you feel right at home. Claim Jumper offers an experience sure to satisfy everyone. The menu features a medley of homemade dishes including burgers, sandwiches, fresh-baked pot pie, specialty salads, pasta, baby back pork ribs, seafood and certified Angus Beef. Make sure you sign up at the front desk Transportation Log.

Cost: \$\$

Tuesday, September 18th at 4:00 PM **Dinner at Habit Burger Grill**
We are celebrating National Cheeseburger Day with a trip to the Habit Burger Grill. The great thing is, it's right across the street from Carmel Village. How fun, we'll have a nice walk and enjoy a great burger and fries. The Habit Burger Grill is an American fast casual restaurant focused on hamburgers, salads, sandwiches, shakes and French fries.

Cost: \$

Saturday, September 22nd at 12:30 PM **Women's Lunch Outing – Island's Restaurant**
"Islands Fine Burgers & Drinks" is a casual, dining restaurant chain that specializes in burgers, fresh cut fries, and specialty drinks. Their tropical-themed restaurant brings in the "Ohana" feel to the restaurant's environment. Despite being known for their burgers and fries, various other types of food are also offered, such as tacos, chicken sandwiches, and multiple entree salads. Ladies, please join us for some good food and great conversation with your female neighbors from Carmel Village. Please make sure you sign up at the front desk.

Cost: \$\$

Monday, September 24th at 9:00 AM **Casino – San Manuel**
Join us for our monthly casino trip! This month we are going to San Manuel Casino. Please make sure you sign up at the front desk Transportation Log. We will return in time for dinner. Make sure you bring money for betting and lunch.

Cost: \$\$

Friday, September 28th at 10:00 AM **La Brea Tar Pits in Los Angeles & Lunch**
The La Brea Tar Pits are a group of tar pits around which Hancock Park was formed in urban Los Angeles. Natural asphalt has seeped up from the ground in this area for tens of thousands of years. The tar is often covered with dust, leaves, or water. Over many centuries, the tar preserved the bones of trapped animals. The George C. Page Museum is dedicated to researching the tar pits and displaying specimens from the animals that died there. The La Brea Tar Pits are a registered National Natural Landmark. We will have lunch before heading back to Carmel Village.

Cost: \$

Saturday, September 29th at 12:30 PM **Men's Lunch Outing –Island's Restaurant**
Calling all men. Please join us for a nice afternoon out with the "guys". This month we are heading out to Island's restaurant in Fountain Valley. Enjoy the time out with just the guys.

Cost: \$

Meeting Schedule

Meetings are open to all residents and are a great way to stay informed about Carmel Village and our monthly activities and events.

ACTIVITIES MEETING

Hosted by Activities
Tuesday, September 4th at 4:00 PM
Theatre Room

FOOD 4 THOUGHT MEETING

Hosted by: Chef Patrick, Food Service Director
Tuesday, September 11th at 10:00 AM
Fireside Lounge

RESIDENT COUNCIL MEETING

Hosted by: Barbara Scruggs, President
Wednesday, September 19th at 1:30 PM
Theatre Room

VILLAGE MEETING

Hosted by: Cash Benton, Executive Director
Wednesday, September 26th at 3:00 PM
Fireside Lounge

September Birthdays

Joe	September 1 st
Thorma	September 2 nd
Gary	September 2 nd
Dorothy	September 3 rd
Eleanor	September 4 th
Ken	September 8 th
Pat	September 9 th
Nicholas	September 9 th
Norma	September 12 th
Margaret	September 13 th
Jaqueline	September 15 th
Peggy	September 17 th
Velia	September 20 th
Hope	September 26 th
Barbara	September 28 th

New Neighbors Meet and Greet

Come out and meet your new neighbors at our next New Resident Meet and Greet Social on
Thursday, September 20th at 3:30 P.M. in the Fireside Lounge



Welcome!

Look for these NEW activities on the SEPTEMBER calendar!

NEW ACTIVITIES:

Look & Listen – Bring Something That is Special to You
Crafty Corner – Fall Craft-Yes, FALL has Begun
Let's Meet in the Garden
Chinese Checkers
Connect 4 – Challenge Your Skill
Trivia – Remembering the 1930's, 1940's & 50's
S'mores in the Garden
Beginner's Rummikub

SPECIAL EVENTS:

PAWS Pet Therapy
Peanut Auction
Hula Lessons
Luau Luncheon
Polynesian Dancers
Resident Birthday Celebration

OUTINGS IN SEPTEMBER:

La Brea Tar Pits and Lunch
Women and Men's Lunch Outing – Island's Restaurant
Habit Burger Grill to Celebrate National Cheeseburger Day
Dinner at Claim Jumper
California Science Center – Space Shuttle *Endeavor*



This month's Resident Birthday Celebration is Saturday, September 29th at 3:30 PM.

Celebrate!

Carmel Village Transportation Guide

Times shown for transportation are starting and ending times. Please be sure to schedule your transportation so that you can arrive 1/2 hour after starting times and you are ready for pick up 1/2 hour before ending times.

CHURCH RIDES: SUNDAY 8:00 AM to 12:00 PM Church rides are provided to any church within a 6 mile radius. The sign up sheet is in the transportation book at the front desk. Please indicate the time the church service starts and ends.

MEDICAL APPOINTMENTS: Carmel Village provides transportation to and from any medical appointments. **TUESDAYS & THURSDAYS 8:00 AM to 12:00 Noon and 1:00 PM to 4:00 PM** for any medical appointments within a six (6) mile radius. **WEDNESDAYS ONLY FROM 8:00 AM to 12:00 Noon** within a twelve (12) mile radius.

DOCTOR APPOINTMENT FORMS ARE LOCATED BY THE FRONT DESK. Please complete the forms and drop it in the brown medical appointment box. The driver will contact you prior to your appointment to let you know what time to meet her in the front lobby. ***Please schedule your transportation 48 hours prior to your appointment.*** We ask that you call the front desk at (714) 962-6667 when you are ready for pick-up from the appointment. Please do not call the driver directly on the drivers cell phone as the driver is unable to take calls when the bus is in transport.

SHOPPING: WEDNESDAYS AT 1:30 PM to 3:00 PM Shopping at Ralphs, Rite Aid and the Post Office Whether you want to spend time at any of the shops in the area or get some stamps to send a friend a card, this is the time to take care of those errands. **FRIDAYS AT 10:00 AM to 12:30 PM Shopping at Walmart, Target, Trader Joe's or 99 Cent Store, Barber Shop or Bank Runs** Sign up for your favorite shopping destination. This is a great time to head out to the stores or bank to take care of your shopping needs. The bus will drop you off and come back around to pick you up in about an hour.

SAVE THE LAST FRIDAY of the month to shop at Marshall's Ross, T.J.Maxx and Big Lots. These will be our **NEW** shopping destinations.

SEPTEMBER HEALTH AND WELLNESS

Please make sure to join us for one of our exercise classes to help keep you active!

Sunday through Saturday at 9:30 AM

Exercise Programs

Go4Life is an exercise program that focuses on 4 types of exercise: Endurance, Strength, Balance and Flexibility. Go4Life is endorsed by the National Institute of Aging due to the beneficial effects it has on older adults. Our focus is preventing falls.

Tuesdays & Thursdays at 1:30 PM

Balance & Mobility Class with Christine

Christine is a certified instructor who focuses on improving balance and range of motion. Balance exercises help prevent falls which is a common problem in older adults. Christina incorporates music and ball exercise into her exercise program.

Wednesday, September 5th and 12th at 1:30 PM

Chair Pilates with Jillian

Jillian Hardwick is a certified Pilates Instructor who focuses on maximizing your strength and wellness. Pilates is similar to yoga but emphasizes on developing strength, muscular endurance, coordination and good posture with a lower chance of injury than with other forms of exercise. Maximize your strength and wellness with this low impact class.

Friday, September 7th and 21st at 9:30 AM

Zumba Exercise with Michelle

Exercise to music by joining certified instructor Michelle Cooper's Gold Zumba Class. Although Zumba is known to be a fast paced exercise, Michelle has transformed it into a fun class that will have you moving to the right rhythm.

Salon Jolie One

HOURS OF OPERATION:

Monday - 9:00 to 1:00 pm

Tuesday - Friday - 9:00 to 4:00 pm

CLOSED ON SATURDAYS AND SUNDAYS

(949) 335-2880

GIFT
CERTIFICATES
AVAILABLE!



Carmel Village Retirement Community

17077 San Mateo Street
Fountain Valley, CA. 92708

(714) 962-6667

www.carmelvillage.com

RCFE LICENSE #306001861



Your Management Team

Executive Director
Cash Benton

Food Service Director
Chef Patrick Montana

Activity Director
Rose Street

Business Office Manager
Petra Vargas

Plant Operations Director
Alfonso Cerda

Sales Director
David Kuzmiak

Sales & Marketing Move-In Coordinator
Susann Altbach

Director of Health and Wellness
Nicole Anaya

Focus Care Director
Alysia Noriega

Assisted Living Director
Jessica Juhl-Radvansky

Resident Service Coordinator
Bless Antow

Other Things You Might Want To Know

About Us

Carmel Village Retirement Community is licensed as a residential care facility for the elderly.

As a licensed community, we are able to provide “*assisted living*,” which means we provide a full range of services including meals, utilities, housekeeping, activities, and transportation. And, for those needing a little extra assistance, our dedicated care staff is close at hand.

We are a privately owned senior residence committed to providing residents and their families a home-like and friendly atmosphere in attractive and well-maintained surroundings.

If you have any questions about our amenities and services, we hope you will give us a call today.

MARKETING CORNER

Don't forget about our **Resident Referral Program**; Residents and Family who refer prospects that move-in, can receive a \$2,000.00 rent credit. Please reach out to David or Sara in our Sales Department for details. You can also stop by the Front Desk for additional literature.

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
September Activities Calendar												1	CRAFTY CORNER - DECORATE YOUR LUAU SKIRT
												9:30 10:00 10:15 10:30 11:00 1:30 1:30 1:30 2:30 2:30 3:00 4:00 6:15 6:15	Morning Exercise - Cardio Strengthening Scenic Drive Memory Games Skip Bo Card Game Let's Meet in the Garden Kinect Bowling Bridge in the Fitness Room Bingo Connect 4 - Challenge Your Skill Rummikub Crafty Corner - Hawaiian Craft Finishing Words Movie Bridge
2	LOOK AND LISTEN- BRING SOMETHING THAT IS SPECIAL TO YOU	3	NATIONAL WAFFLE WEEK	4	LOOK AND LISTEN- BRING SOMETHING THAT IS SPECIAL TO YOU	5	MARGARITA WEDNESDAYS	6	MEMORY GAMES	7	HAPPY HOUR WITH RYAN CHRYTOPHER	8	LET'S MEET IN THE GARDEN
9:00 9:30 10:00 11:00 1:30 1:30 1:30 1:30 2:30 2:30 3:30 3:30 6:15 6:15	Morning Exercise Catholic Communion Service Memory Games Walking Club Bridge in the Fitness Room Church Service Look and Listen - Bring Something that is Special to You Rummikub Bingo Finishing Words Skip Bo Card Game Sunday Night Movie Bridge	9:30 10:15 10:30 11:15 11:30 12:30 1:30 1:30 2:30 2:30 2:45 3:30 6:15 6:15	Go 4Life Exercise Memory Games Mahjong Current Events - Catch Up on the News Skip Bo Card Game Kinect Bowling Bingo Afternoon Matinee in the Theatre Room Rummikub National Waffle Week Look and Listen - Bring Something that is Special to You Movie Bridge	9:30 10:15 11:30 1:30 2:30 2:30 2:30 3:30 4:00 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Skip Bo Card Game Bingo Exercise Class - Minding Motion for Graceful Aging Kinect Bowling Painting with Joe Chinese Checkers Look and Listen - Bring Something that is Special to You Monthly Activity Meeting in the Theatre Room Movie Bridge	9:30 10:15 10:30 11:00 11:30 1:30 1:30 2:00 2:30 2:30 3:30 4:00 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Kinect Bowling Chinese Checkers Skip Bo Shopping - Ralph's and Rite Aid Chair Pilates with Jillian Room Visits with Rose Bingo Rummikub Margarita Wednesdays Checkers Movie Bridge	9:30 10:00 10:15 10:30 11:30 1:30 1:30 2:00 2:30 2:30 3:00 3:30 6:15 6:15	Go 4Life Exercise CCF Church Bible Study Memory Games Skip Bo Kinect Bowling Monthly Lunch with Pastor Bingo Balance & Mobility Class Shopping - Walmart, Target, Trader Joe's & Local Banks Rosary in the Fitness Room Painting with Joe Rummikub Trivia - 30's, 40's and 50's Collage Art Class with Isabelle Movie Bridge	9:30 10:00 10:15 11:00 1:30 1:30 1:30 1:30 2:30 3:00 4:00 6:15 6:15	Zumba Gold Exercise with Michelle California Science Center - Space Shuttle Endeavor Memory Games Skip Bo Card Game Afternoon Matinee in the Theatre Room Kinect Bowling Bingo Blankets of Hope Bridge in the Fitness Room Rummikub Happy Hour with Ryan Chrytopher Look and Listen - Bring Something that is Special to You Movie Bridge	9:30 10:15 10:30 11:00 1:30 1:30 1:30 2:30 2:30 3:00 4:00 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Skip Bo Card Game Trivia - 1030's, 40's, and 50's Kinect Bowling Bridge in the Fitness Room Bingo Painting with Joe Rummikub Crafty Corner - Fall Craft - Yes FALL has Begun! Let's Meet in the Garden Movie Bridge
9	ROSH HASHANAH LUNCH	10	PODIATRIST VISIT IN THE FITNESS ROOM	11	FOOD FOR THOUGHT WITH CHEF PATRICK	12	SHOPPING - RALPH'S AND RITE AID	13	DINNER AT CLAIM JUMPER	14	HAPPY HOUR WITH RICK BAGBY	15	LUAU
9:00 9:30 10:00 11:00 11:30 & 12:30 1:30 1:30 1:30 2:30 2:30 3:30 3:30 6:15 6:15	Morning Exercise Catholic Communion Service Memory Games Walking Club Rosh Hashanah Lunch Bridge in the Fitness Room Church Service Look and Listen - Bring Something that is Special to You Rummikub Bingo Finishing Words Skip Bo Card Game Sunday Night Movie Bridge	9:30 10:15 10:30 10:30 11:15 11:30 1:30 1:30 2:00 2:30 2:30 2:30 3:30 6:15 6:15	Go 4Life Exercise Memory Games Mahjong Kinect Bowling Current Events Skip Bo Card Game Afternoon Matinee in the Theatre Room Bingo Podiatrist Visit in the Fitness Room Rummikub Chinese Checkers Skip Bo Card Game Movie Bridge	9:30 10:00 10:15 11:30 1:30 1:30 2:30 3:00 3:30 4:00 6:00 6:15 6:15	Morning Exercise - Cardio Strengthening Food 4 Thought with Chef Patrick Memory Games Skip Bo Card Game Balance & Mobility Class Bingo Chinese Checkers Quilling - Card Making Craft Room Visits w/Rose Trivia - 1930's, 40's and 50's Evening Rummikub Movie Bridge	9:30 10:00 to 11:30 10:15 10:30 11:00 11:00 11:30 1:30 1:30 2:00 2:30 2:30 3:30 6:15 6:15	Go 4Life Exercise Clear Choice Hearing Aid Clinic Memory Games Rummikub Kinect Bowling Walking Club Skip Bo Shopping - Ralph's and Rite Aid Chair Pilates with Jillian Room Visits with Rose Bingo Margarita Wednesdays Movie Bridge	9:30 10:00 10:15 10:30 11:00 1:30 1:30 2:30 2:30 2:30 3:30 4:30 6:15 6:15	Go 4Life Exercise CCF Church Bible Study Memory Games Skip Bo Kinect Bowling Walking Club Bingo Balance & Mobility Class Rosary in the Fitness Room Water Colors with Bill Rummikub Collage Art Class with Isabelle Dinner at Claim Jumper Movie Bridge	9:30 10:30 10:30 10:15 1:00 1:30 1:30 1:30 2:00 3:00 4:00 6:15 6:15	Morning Exercise - Cardio Strengthening Shopping - Walmart, Target, Trader Joe's & Local Banks History Lady in the Fireside Lounge Memory Games Walking Club Kinect Bowling Bingo Blankets of Hope Shabbat Service Happy Hour with Rick Bagby Trivia - 1930's, 40's and 50's Movie Bridge	10:00 11:30 to 1:30 10:30 1:30 1:30 2:30 3:00 6:15 6:15	Hula Lessons in the Fireside Lounge - Hula skirts for Everybody Aloha Luau Buffet - Open Seating Skip Bo Card Game Kinect Bowling 2 for the Show - Luau Entertainment in the Fireside Lounge Rummikub Polynesian Dancers in the Courtyard Movie Bridge
16	FINISHING WORDS	17	AFTERNOON MATINEE IN THE THEATRE ROOM	18	NATIONAL CHEESEBURGER DAY TRIP TO THE HABIT BURGERS	19	RESIDENT COUNCIL MEETING IN THE TR	20	WATERCOLORS WITH BILL	21	HAPPY HOUR WITH GEORGE ROSSI	22	PAWS PET THERAPY
9:00 9:30 10:00 11:00 1:30 1:30 1:30 2:30 2:30 3:30 3:30 6:15 6:15	Morning Exercise Catholic Communion Service Memory Games Walking Club Bridge in the Fitness Room Church Service Look and Listen - Bring Something that is Special to You Rummikub Bingo Finishing Words Skip Bo Card Game Sunday Night Movie Bridge	9:30 10:15 10:30 11:15 11:30 1:30 1:30 2:30 2:30 2:45 3:30 6:15 6:15	Go 4Life Exercise Memory Games Mahjong Current Events Skip Bo Card Game Afternoon Matinee in the Theatre Room Bingo Skip Bo Card Game Cozy Kitchen Rummikub Beginner's Rummikub Movie Bridge	9:30 10:15 11:00 11:30 1:30 1:30 2:30 2:30 2:30 3:30 4:00 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Skip Bo Card Game Beginner's Rummikub Bingo Balance & Mobility Class Kinect Bowling Painting with Joe Rummikub Look and Listen - Bring Something that is Special to You Let's Meet in the Garden National Cheeseburger Day - Trip to The Habit Burgers Movie Bridge	9:30 10:15 10:30 11:00 11:00 11:30 1:30 1:30 2:30 2:30 3:30 6:15 6:15	Go 4Life Exercise Memory Games Rummikub Kinect Bowling Walking Club Skip Bo Resident Council Meeting in the TR Shopping - Ralph's and Rite Aid Bingo Margarita Wednesdays Movie Bridge	9:30 10:00 10:15 10:30 11:00 1:30 1:30 1:30 2:00 2:30 2:30 2:30 3:30 6:15 6:15	Morning Exercise - Cardio Strengthening CCF Church Bible Study Memory Games Skip Bo Card Game Chinese Checkers New Resident Welcome Luncheon Bridge in the Fitness Room Kinect Bowling Bingo Balance & Mobility Class Shopping - Walmart, Target, Trader Joe's & Local Banks Watercolors with Bill Rosary in the Fitness Room Rummikub National Pepperoni Pizza Day New Resident Meet and Greet Social Bridge in the Fitness Room Movie	9:30 10:15 11:00 11:00 1:30 1:30 1:30 3:00 4:00 6:15 6:15	Zumba Gold Exercise with Michelle Memory Games Skip Bo Card Game Kinect Bowling Afternoon Matinee in the Theatre Room Bingo Blankets of Hope Happy Hour with George Rossi Rummikub Let's Meet in the Garden Movie Bridge	9:30 10:00 10:15 10:30 11:00 1:30 1:30 1:30 2:00 2:00 3:00 4:00 6:15 6:15	Morning Exercise - Cardio Strengthening Scenic Drive Memory Games Skip Bo Card Game Kinect Bowling Connect 4 - Challenge Your Skills Women's Lunch Outing - Island's Restaurant Bingo Bridge in the Fitness Room PAWS Pet Therapy Peanut Auction Rummikub Beginner's Rummikub Movie Bridge
23	LET'S MEET IN THE GARDEN	24	CARMEL VILLAGE CASINO TRIP TO SAN MANUEL	25	CONNECT FOUR CHALLENGE TEST YOUR TALENT AND SPEED	26	MARGARITA WEDNESDAYS	27	LET'S MEET IN THE GARDEN	28	HAPPY HOUR WITH BRUCE PULCINI	29	CRAFTY CORNER - FALL CRAFT YES, FALL HAS BEGUN!
9:00 9:30 10:00 11:15 11:30 12:30 1:30 1:30 1:30 1:30 2:30 3:30 6:15 6:15	Morning Exercise Catholic Communion Service Memory Games Current Events Skip Bo Card Game Kinect Bowling Bridge in the Fitness Room Church Service Skip Bo Card Game Finishing Words Bingo Let's Meet in the Garden Sunday Night Movie Bridge	9:00 9:30 10:15 10:30 11:15 11:30 1:30 1:30 2:30 3:00 4:00 6:15 6:15	Carmel Village Casino Trip - San Manuel Go 4Life Exercise Memory Games Kinect Bowling Current Events Skip Bo Card Game Afternoon Matinee in the Theatre Room Bingo Chinese Checkers Beginner's Rummikub Movie Bridge	9:30 10:15 11:15 11:30 12:30 1:30 1:30 2:30 3:00 4:00 6:15 6:15	Go 4Life Exercise Memory Games Current Events Skip Bo Card Game Kinect Bowling Bingo Balance & Mobility Class Chinese Checkers Beading w/ Brigitte Beginner's Rummikub Trivia - 1930's, 40's and 50's Movie Bridge	9:30 10:15 10:30 11:30 1:30 1:30 3:00 2:30 3:30 4:30 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Kinect Bowling Skip Bo Shopping - Ralph's and Rite Aid Bingo Village Meeting Rummikub Margarita Wednesdays Look and Listen - Bring Something that is Special to You Movie Bridge	9:30 10:00 10:15 10:30 11:00 1:30 1:30 1:30 2:30 2:30 3:30 6:00 6:15 6:15	Morning Exercise - Cardio Strengthening CCF Church Bible Study Memory Games Skip Bo Card Game Beginner's Rummikub Bridge in the Fitness Room Kinect Bowling Bingo Balance & Mobility Class Painting with Joe Rosary in the Fitness Room Let's Meet in the Garden Shopping - Walmart, Target, Trader Joe's & Local Banks Connect 4 - Challenge Your Talent and Speed S'mores in the Garden Movie Bridge	9:30 10:00 10:15 11:00 11:00 1:30 1:30 1:30 2:30 3:00 4:00 6:15 6:15	Morning Exercise - Cardio Strengthening Trip to La Brea Tar Pits Memory Games Skip Bo Card Game Finishing Words Kinect Bowling Bingo Blankets of Hope Bridge in the Fitness Room Afternoon Matinee in the Theatre Room Rummikub Happy Hour with Bruce Pulcini Reminiscing - High School Days Movie Bridge	9:30 10:15 10:30 11:00 11:00 1:30 1:30 1:30 2:30 2:30 3:30 4:00 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Skip Bo Card Game Kinect Bowling Connect 4 - Challenge Your Skills Men's Lunch Outing - Island's Restaurant Bingo Bridge in the Fitness Room Crafty Corner - Fall Craft - Yes FALL has Begun! Painting with Joe Resident Birthday Celebration Rummikub Movie Bridge
30	FINISHING WORDS	NEW ACTIVITIES FOR SEPTEMBER										SPECIAL EVENTS	
9:00 9:30 10:00 11:15 11:30 12:30 1:30 1:30 1:30 1:30 2:30 3:30 6:15 6:15	Morning Exercise Catholic Communion Service Memory Games Current Events Skip Bo Card Game Kinect Bowling Bridge in the Fitness Room Church Service Skip Bo Card Game Finishing Words Bingo Let's Meet in the Garden Sunday Night Movie Bridge	Look and Listen - Bring Something that is Special to You Crafty Corner - Fall Craft - Yes FALL has Begun! Let's Meet in the Garden Chinese Checkers										PAWS Pet Therapy Peanut Auction Hula Lessons Luau Luncheon 2 for the Show Polynesian Dancers Resident Birthday Celebration	
OUTINGS													
La Brea Tar Pits Men's Lunch Outing - Islands Restaurant Women's Lunch Outing - Islands Restaurant California Science Center - Space Shuttle Endeavor National Cheese Burger Day - Habit Burger Grill for Dinner Dinner at Claim Jumper													