



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>September 2018</h1>  <h2>The Oaks at Nipomo</h2> </div>						
						<div>1</div> 10:00 Stretch & Flex <b>10:30 Rick Tennock Musician (M)</b> 1:00 Sing A-Long & Karaoke (M) *2:00 Learning Phase 10 (S) 3:00 Must Putt Saturday (P)
<div>2</div> 9:00 Pastor Kevin, St. John Lutheran Church (M) 10:30 After Church Social (P) 1:00 Sunday Games (S) <b>2:00 Greg Randall, Musician (M)</b> 3:00 Sunday Sundaes (B)	<div>3</div> 10:00 Stretch & Flex (W) 11-11:30 Anagram (W) 1:00 Let's Get Cooking (AK) <b>3:00 Labor Day Social (P) Wine &amp; Cheese Event Share Your Career &amp; Experiences</b> <small>Labor Day</small>	<div>4</div> <b>Transportation:</b> <b>Dr. Appointments</b> 10:00 Weights & Balance Class (W) 11-11:30 Word Scramble (W) <b>1:30 ED Chats w/ Janice (M)</b> 2:00 BINGO!! 3:00 Card Games (P)	<div>5</div> <b>Transportation</b> <b>9:00 Work out w/ Nikki (W)</b> 10:30 -12:00 CVS, Vons, Bank-Nipomo <b>1-3 Joann's and Trader Jo's Santa Maria Level 2</b>	<div>6</div> <b>Transportation:</b> <b>Dr. Appointments</b> 10:00 Chair Aerobics (W) 11-11:30 Jokes and Riddles (W) 2:00 BINGO!! (AK) <b>Joseph P. Kennedy B-Day</b> 3:00 Documentary: Joseph P. Kennedy Sr. Father Of An American Dynasty	<div>7</div> 10:00 Stretch & Chair Chi (W) 11-11:30 Video to Inspire (W) 1:00 Left, Center, Right, Dice Game (S) <b>2:00 Activity Committee Meeting (M)</b> 3:00 Corn Hole (P)	<div>8</div> 10:00 Weights & Balance (W) 11:00 Beyond The Book Club (L) 2:00-4 Arts & Crafts (Working with Nature)
<div>9</div> 9:00 Pastor Kevin, St. John Lutheran Church (M) 10:30 After Church Social (P) <b>2:00 Hymn Sing w/Jeanne Dicky</b> <b>3:00 Grandparents Day Ice-cream Social, Invite your Grandkids Grandfriends. Please RSVP By 9-6-18 (P)</b> <small>Grandparents Day</small>	<div>10</div> 10:00 Flex & Stretch (W) <b>11-11:30 Good News Day Join us for Stories &amp; Humor (W)</b> 1:00 Bake & Take (AK) 2:30 Target Shoot (W) 3:30 Before Dinner Walks: On the Grounds, Meet in Lobby) Level 1 <small>Rosh Hashanah</small>	<div>11</div> <b>Transportation:</b> <b>Dr. Appointments</b> 10:00 Weights & Balance Class (W) 11-11:30 Word Scramble (W) 2:00 BINGO!! (AK) 3:00 Card Games (P)	<div>12</div> <b>Transportation</b> <b>9:00 Work out w/ Nikki (W)</b> 10:30 – 12:00 CVS, Vons, Bank-Nipomo <b>2:30 Pismo Beach Walk Level 3</b>	<div>13</div> <b>Transportation:</b> <b>Dr. Appointments</b> 10:00 Chair Aerobics (W) 11-11:30 Candy Word Scramble(W) 2:00 BINGO!! (AK) <b>Chocolate Factory Day</b> 3:00 Documentary: History of Milton Hershey A&E Biography (M)	<div>14</div> 10:00 Stretch &Chair Chi (W) 11-11:30 Friday's Inspiration. "Star-Spangled Banner" Learn the history & meaning of the lyrics.(W) <b>2:00 Meet Nipomo Optical (M) Glass cleaning &amp; Adjustments</b> <b>3:00 Yael Gott Musician (M)</b>	<div>15</div> 10:00 Stretch & Flex (W) 11-11:30 Whacky Wordies (W) Are you up for a mind challenge? <b>2:00 Arroyo Grande: Heritage Square Park and Museums (Must Putt Saturday in the Park) Level 3</b>
<div>16</div> 9:00 Pastor Kevin, St. John Lutheran Church (M) 10:30 After Church Social (P) 1:00 Sunday Games (S) <b>2:00 Greg Randall, Musician (M)</b> 3:00 Sunday Sundaes (B)	<div>17</div> 10:00 Flex & Stretch (W) 11-11:30 Anagram (W) <b>1:00 Resident Council (M)</b> 2:30 Target Shoot (W) 3:30 Before Dinner Walks (On Grounds, Meet in Lobby) Level 1	<div>18</div> <b>Transportation:</b> <b>Dr. Appointments</b> 10:00 Weights & Balance Class (W) 11:11:30 Word Scramble (W) 2:00 BINGO!! (AK) <b>3:00 Terrie Miley: Connecting with Music (M)</b>	<div>19</div> <b>Transportation</b> <b>9:00 Work out w/ Nikki (W)</b> 10:30 – 12:00 CVS, Vons, Bank-Nipomo <b>Arroyo Grande: Regal Cinema (Time &amp; Movie to be announced) Level 2</b> <small>Yom Kippur</small>	<div>20</div> <b>Transportation:</b> <b>Dr. Appointments</b> 10:00 Chair Aerobics (W) 11-11:30 Jokes & Riddles (W) 2:00 BINGO!! (AK) <b>Poetry Day</b> 3:00 Share Your Favorite Poem. (M) Documentary of Alfred Lord Tennyson, The Circle of The Hills	<div>21</div> 10:00 Stretch & Chair Chi (W) 11-11:30 Fridays Inspiration <b>1:00 Helen Daurio: Speaker from Dana Adobe, Subject on Jim Backwourth (M)</b> <b>2:30-4:00 Crafting: Cards For A Cause, Community Service For Military (AK)</b>	<div>22</div> 10:00 Weights & Balance (W) *11:00 Beyond The Book Club! (L) 1:00 Arts & Crafts (AK) (Working with Nature) 3:00 Must Putt Saturday (P) <small>Autumn Begins Oktoberfest Begins</small>
<div>23</div> 9:00 Pastor Kevin, St. John Lutheran Church (M) 10:30 After Church Social (P) 1:00 Sunday Games (S) <b>2:00 Hymn Sing w/Jeanne Dickey (M)</b> 3:00 Sunday Sundaes (B)	<div>24</div> 10:00 Flex & Stretch (W) 11-11:30 Anagrams (W) 1:00 Bake & Take (AK) 2:30 Target Shoot (W) 3:30 Before Dinner Walks (On Grounds, Meet in Lobby) Level 1 <small>Sukkot</small>	<div>25</div> <b>Transportation:</b> <b>Dr. Appointments</b> 10:00 Balance Class (W) <b>1:30 Food For Thought with Chef Lori (D)</b> 2:00 BINGO!! (AK) <b>3:00 Yvonne Morrow Vocalist (M)</b>	<div>26</div> <b>Transportation</b> <b>9:00 Work out w/ Nikki (W)</b> 10:30 – 12:00 CVS, Vons, Bank-Nipomo <b>1:00 Public Library Level 1</b> 2:30 Michael Buble': Full Concert, Best Songs in 2015 (M)	<div>27</div> <b>Transportation:</b> <b>Dr. Appointments</b> 10:00 Chair Aerobics (W) 11-11:30 Boat Terminology How many words do you know? <b>Queen Elizabeth Sets Sail</b> 1:00 Documentary: The Queen Elizabeth (M) 2:00 Bingo!! (AK)	<div>28</div> 10:00 Stretch & Chair Chi (W) 11-11:30 Challenge your mind w/Whacky Words (W) 1:00 Left, Center, Right, Dice Game (S) 2:00 BINGO!! (M) 3:00 Corn Hole (P)	<div>29</div> 10:00 Weights & Balance (W) 11-11:30 Balloon Bop (W) 1:00 Karaoke & Sing Along (M) <b>2:00 Cocktails, Welcome Orientation &amp; Birthday Celebration (S)</b> <b>3:00 Diane Borad-Mirken (M) Broadway Show Tunes</b>
<div>30</div> 9:00 Pastor Kevin, St. John Lutheran Church (M) 10:30 After Church Social (P) 1:00 Sunday Games (S) <b>2:00 Greg Randall, Musician (M)</b> <b>3:00 Wine Tasting with Carol Treat (S)</b>	Outings: Level 1 – Introductory Level 2 - Moderate Level 3 – Challenging	Transportation Days: <b>Tuesday &amp; Thursday Dr. Appointments</b> <b>Wednesday- 10:30 – 12:00 CVS, VONS, Bank</b>	(AK) Activity Kitchen (S) Saratoga Room (M)Multi-Purpose Room (L) Library (B) Bistro (P) Patio (D) Dining Room (W) Wellness Room	Transportation for Activity Outings: Please sign up for Wednesday and Saturday activity outings by the Monday prior to outing. For convenience, signup sheets will be at the reception desk and one in the box outside of the Lifestyle Directors office door. You only need to sign up once.  Transportation for doctor appointments: Residents must sign up at the reception desk at least 48 hours prior to appointment.		