AVALON NEWSLETTER



The Gift of Grandparents

One of the biggest blessings you can have in life is

grandparents. Not too many people take the time to learn from the people who raised their parents. Being in consistent relationship with your grandparents can add so many good things to your life.

For starters, you should get to know your grandparents because they are a part of

your family. Your grandparents are the ones who had and raised your parents to be the kind of people that have raised and loved you. Think about all the hard work your grandparents put in to raising their children.

Think about the wealth of knowledge that your

grandparents have. They have lived many years and have seen the world change in many ways. The next time you have a free afternoon set a time to enjoy a coffee or a lemonade with your grandparents. Ask them about their lives and the things they have learned. You'll be amazed how much practical life advice comes from grandparents.

Having a relationship with your grandparents can be really fun.

Many are much more relaxed than parents and so they often will spend more time, energy and money on things that your parents would never agree to. Everyone knows that a visit to their grandparents house means staying up later and playing more games than you ever play at home.

Many grandparents love to spend time with their grandchildren but are just unsure of how to initiate the relationship. Make an effort to go out of your way and maybe even your comfort zone and get to know them. They will be delighted to get to know you. You'll never regret the time and effort you put into spending time with your grandparents.





HAPPY BIRTHDAY!

Happy Birthday to all of you!

| 9/2 | Pegge D. |
|------|-------------|
| 9/14 | Judy B. |
| 9/16 | Martha B. |
| 9/17 | Hazel W. |
| 9/19 | Ed S. |
| 9/22 | Joyce G. |
| 9/24 | Elvira B. |
| 9/28 | Marilynn K. |
| 9/30 | Mary Ann C. |
| | |

UPCOMING EVENTS

SEPT. 7TH AT 3:00PM Music by Tom Kastle

SEPT. 14TH AT 11:45AM Lunch Bunch Outing to

Cracker Barrel

SEPT. 21ST AT 3:00PM

Music - Route 66 -America's Main Street Show BINGO Mondays and Wednesdays is the most enjoyed activity of all. Always with lots of winners!







Blue Accordian and the Ukelele Group performed for our residents









Join Us at the 2018 Madison Walk to End Alzheimer's Event October 7, 2018

Team Avalon

Contact Aysa to join our team or support the cause with a donation. Thank you: **businessoffice@** avalonalcommunity.com



2879 Fish Hatchery Road Fitchburg, WI 53713 Office: 608-729-4894 AvalonALCommunity.com

OUR STAFF

LORI CRISPEN Administrator

SHANNON SCHMIDT, RN Health Services Director

JAN LOEFFLER Sales and Marketing Director

AYSA SELLERS Business Office Manager

NICOLE GUICHARD Life Enrichment Coordinator

CHRYSTAL JONES Resident Care Coordinator

> SANFORD JONES Driver



WE HAD FUN MAKING COASTERS IN OUR CRAFT CLUB





