

Pacifica Tidings


PACIFICA
SENIOR LIVING
MODESTO
Memory Care

**August
2018**



A Note from the Executive Director

Welcome Home,
I know we have not put out our wonderful newsletter in a couple months, and because of that we have wonderful information for you to catch up on.

Once again Pacifica has it's "Pardon our Dust" sign up. We have landscapers replacing some of our plants and outside furniture around our community. If you would like clippings or a certain plant, please let the front desk know. If that plant is removed the receptionist will call you to pick up the plant of interest.

Pacifica Modesto is also adding decor to our beautiful entertainment centers. If you have any old encyclopedias, books, decor or knickknacks we would love to use them in our entertainment centers and memory boxes outside each of our residents rooms.

As always, thank you for allowing us to love and care for your family members. Please be on the look out for our Walk to End Alzheimer's team and sign up if you have not made a team of your own.

Thank you and my door is always open for any concerns or recognition of staff,

Melissa McDaniel Executive Director

Who am I?



Welcome to Our Community

**William Karlotski
Lucille Fluence
Shirley Anderson
Florence McCue
Dolores Fields
Harry Waller
Mike DiCiano
Ellaura DiCiano**

Activities & Special Events



Memorable Moments



HAPPY BIRTHDAY!

Resident Birthdays

Bettie Smith	08/02
Bill Blair	08/06
Beverly Splan	08/06
Kathleen McElravy	08/14
Elsie Crites	08/15
Eloise Palecek	08/16
Betty Goebel	08/26
Florence McCure	08/31

Employee Birthdays

Claudia Santiaguillo	8/23
Jessika Thompson	8/23
Giana Keene	8/26
Nazario Hernandez	8/28
Theresa Pettapiece	8/30

READY IN: 10mins SERVES: 10

INGREDIENTS:

1 Avocado
1 Can Black Beans
1 Cup diced tomatoes
1/2 Cup Fresh Cilantro
1 1/4 Cups Corn
1 Cucumber
2 Limes
1 Green bell pepper
1 Red bell pepper
Salt and Pepper



DIRECTIONS:

Cut the Avocado, Cucumber, and the bell peppers, put it in the bowl and cut the limes and squeeze the limes into the fresh cilantro. In a Bowl Mix all Ingredients together. Hope you all enjoy this Summer Salad.

Martha Galan, Dietary Services Director



Summer is here we all need to try and stay cool also make sure we all drink plenty of water.

With the warmer climate we will begin planning more outdoor activities in the morning for our residents to enjoy.

Mark your calendar for our Family Night Celebration August 23. As always, it will be an evening filled with great food, entertainment and raffle prizes while enjoying the company of your loved ones and staff. We look forward to seeing you!

Leticia Pena
Activities Department

Who Am I Answer:

MICHAEL WITGEN



Health & Fitness by

As Most of you have heard
Pacifica Modesto has many
events that are coming up that
will help keep you Healthy and
Happy. Please see the front
desk or the Activities Depart-
ment for sign ups:

August 26 from 9-11am–

Raft for a Cure with Sunshine
Rafting in Knights Ferry. \$25
per person 6-8 people per raft.

September 8th

Walk to End Alzheimer's
Check in starts at 8am Cere-
mony starts at 9am. Graceada
Park Modesto

Please Join the Pacifica Senior
Living Modesto Memory Care
walk team and show support
for our Residents, Family
members, Associates that are
walking or raising money for
Walk Day.

***Stay positive – you are making
a difference!***

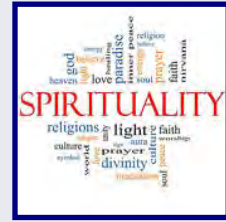
Fitness Activities



August Daily Physical Activities:

- Morning stretches
- Chair yoga
- Group exercise
- Dancing during music
- Circle Soccer
- Volleyball
- Ring Toss
- Neighborhood Walk About

Spiritual Activities



Daily:

- Devotions

Weekly on Wednesday:

- Watering the Garden

Weekly on Thursday PM:

- Bible Study

Weekly on Sunday:

- The House

Scriptures and Hymns

To all the Staff, Residents and Family's I am looking forward to working side by side with you all and helping the family's have a peace of mind that come to visit and tour.

I have experienced taking care of my loved one with Dementia and the guilt that you feel when you realize you need help. I am very proud to be part of such a loving and caring community. I truly have a passion to help the family's have a peace of mind for their health and their loved one's health.

Sincerely,

Lana Guy

Management Team

Melissa McDaniel
Executive Director

Theresa Pettapiece
Business Office Manager

Lana Guy
Community Relations Director

Martha Galan
Dietary Services Director

Reshmika Sharma
Resident Care Director

Leticia Pena
Activities Director



*Pacifica Senior Living is committed to
supporting our communities,
residents, and the families we serve.*

*We strive to create a lifestyle of
independence, security, and peace of mind.*

*It is through our dedicated and caring
team members that our culture is
exemplified in service, accountability,
teamwork and compassion.*

*The right choice. The right time.
Welcome Home!*



PACIFICA
SENIOR LIVING

MODESTO
Memory Care

*2325 St. Pauls Way
Modesto, CA 95355
(209) 491-0800*

Lic.# 507004251

www.pacificaseniorliving.com

Welcome Home!