



Symphony Square

26	27	28	29	30	31	Sep 1
						Basil Tomato Soup Chicken Noodle Soup <i>or</i> Veal Parmesan Baked Flounder Fillet <i>or</i> Manicotti w/Meat Sauce Angel Pasta Green Beans Beverage Choice
2 Chicken Noodle Soup Marinated Pork Roast Shrimp Scampi <i>or</i> Baked Fish Fillet <i>or</i> Rice/Gravy Mixed Vegetables Beverage Choice	3 Tomato Soup Chicken Noodle Soup <i>or</i> Country Fried Steak/Gravy Baked Honey Mustard Chicken <i>or</i> Baked Fish Fillet Fresh Mashed Potatoes Roasted Cauliflower Beverage Choice	4 Creamy Vegetable Soup Chicken Noodle Soup <i>or</i> Baked Drumsticks Baked Tilapia w/Dijon Dill Sauce <i>or</i> Penne Pasta in Sausage Marinara Sauce <i>or</i> Baked Macaroni Cheese Capri Blend Beverage Choice	5 Chicken Wild Rice Soup Chicken Noodle Soup <i>and</i> Pan Seared Cod Shrimp Creole <i>and</i> Chicken Florentine Delicious Rice Lemon Pepper Green Beans Beverage Choice	6 Minestrone Soup Chicken Noodle Soup <i>or</i> Beef Patty/Mushroom Sauce Lemon Pepper Pollock <i>or</i> Turkey Divan Fresh Mashed Potatoes Mixed Vegetables Beverage Choice	7 Manhattan Clam Chowder Chicken Noodle Soup <i>or</i> Baked Dijon Salmon Sirloin Steak <i>or</i> Sirloin Steak Glazed Sweet Potatoes Garlic Green Beans Beverage Choice	8 Creamy Butternut Squash Soup Chicken Noodle Soup <i>or</i> Meatballs/Pasta Sauce Baked Fish Fillet <i>or</i> Veal Marsala Penne Pasta Honey Glazed Carrots Beverage Choice
9 Chicken Noodle Soup Bacon Meatloaf Baked Fish Fillet <i>or</i> Pork Tenderloin <i>or</i> Fresh Mashed Potatoes Chef's Steamed Vegetable Beverage Choice	10 New England Clam Chowder Chicken Noodle Soup <i>or</i> Louisiana Chicken Baked Fish Fillet <i>or</i> Baked Beef Brisket Seasoned Mushroom Rice California Normandy Blend Beverage Choice	11 Split Pea Soup Chicken Noodle Soup <i>or</i> Slow Roasted Turkey Breast Lemon Pepper Pollock <i>or</i> Beef Pot Pie <i>or</i> Baked Yams Buttery Carrots Beverage Choice	12 Soup Du Jour Chicken Noodle Soup <i>and</i> Burgundy Beef Baked Haddock Fillet <i>and</i> Ham Steaks Rice Mixed Vegetables Beverage Choice	13 Corn Chowder Chicken Noodle Soup <i>or</i> Fresh Chicken Pot Pie Baked Tilapia Fillet <i>or</i> Chinese Pepper Steak Parsley Rice Buttered Zucchini Beverage Choice	14 Basil Tomato Soup Chicken Noodle Soup <i>or</i> Oven Fried Cod Chicken Alfredo Pasta <i>or</i> Salmon Cakes Fresh Mashed Potatoes Broccoli Baked Roll Beverage Choice	15 Chicken Noodle Soup <i>or</i> Beef Rigatoni Bake Baked Fish Fillet <i>or</i> Sweet and Sour Chicken Rice/Gravy Fresh Cooked Zucchini Crusty Garlic Bread Beverage Choice
16 Chicken Noodle Soup Honey Glazed Ham Country Fried Steak/Gravy <i>or</i> Baked Tilapia Fillet <i>or</i> Lyonnaise Potatoes Chef's Steamed Vegetable Beverage Choice	17 Garden Vegetable Soup Chicken Noodle Soup <i>or</i> Oven Fried Chicken Grilled Marinated Shrimp <i>or</i> Baked Fish Fillet Ranch Mashed Potatoes Mixed Vegetables Beverage Choice	18 Cream of Fresh Asparagus Soup Chicken Noodle Soup <i>or</i> Turkey Florentine Pasta Cajun Grilled Haddock <i>or</i> Beef Goulash <i>or</i> Baked Sweet Potato Seasoned Cauliflower Beverage Choice	19 Creamy Tomato Bisque Chicken Noodle Soup <i>and</i> Pineapple Pork Chops Cheese Stuffed Chicken Breast <i>and</i> Lemon Pepper Pollock Savory Rice Sautéed Zucchini Beverage Choice	20 French Onion Soup Chicken Noodle Soup <i>or</i> Salisbury Steak/Gravy Grilled Salmon <i>or</i> Baked Haddock Red Potatoes Roasted Carrots Beverage Choice	21 Cream of Mushroom Soup Chicken Noodle Soup <i>or</i> Grilled Sole Fillet Lamb Chops <i>or</i> Stuffed Shells Garlic Herb Mashed Potatoes Lemon Buttered Broccoli Baked Roll Beverage Choice	22 Italian Wedding Soup Chicken Noodle Soup <i>or</i> Turkey Meatloaf Classic Lasagna <i>or</i> Baked Tilapia Fillet Baked Yams Brussels Sprouts Beverage Choice

<p style="text-align: right;">23</p> Home Chicken Noodle Soup Parmesan Cod Fillets Asian Orange Chicken <i>or</i> Shrimp Scampi <i>or</i> Rice Pilaf Scandinavian Veg Beverage Choice	<p style="text-align: right;">24</p> Vegetable Barley Soup Chicken Noodle Soup <i>or</i> Veal Piccata BBQ Chicken Leg <i>or</i> Baked Fish Fillet Ranch Potato Bake Green Beans/Bacon Beverage Choice	<p style="text-align: right;">25</p> Cream of Broccoli Soup Chicken Noodle Soup <i>or</i> Pepper Steak Baked Fish Fillet <i>or</i> Pork Tenderloin <i>or</i> Oven Brown Rice Orange Glazed Carrots Beverage Choice	<p style="text-align: right;">26</p> Minestrone Soup Chicken Noodle Soup <i>and</i> Classic Lasagna Lemon Pepper Pollock <i>and</i> Baked Rosemary Lemon Chicken Candied Yams Mixed Vegetables Garlic Bread Beverage Choice	<p style="text-align: right;">27</p> Split Pea Soup Chicken Noodle Soup <i>or</i> Melt In Your Mouth Chicken Classic Stuffed Bell Pepper <i>or</i> Chicken Alfredo Pasta Seasoned Rice Classic Lima Beans Beverage Choice	<p style="text-align: right;">28</p> Garden Tomato Soup Chicken Noodle Soup <i>or</i> Seafood Newburg Prime Rib Roast <i>or</i> Glazed Salmon Delicious Rice Chef's Steamed Vegetable Baked Roll Beverage Choice	<p style="text-align: right;">29</p> Egg Flower Soup Chicken Noodle Soup <i>or</i> Smoked Roasted Turkey Glazed Ham <i>or</i> Baked Cod Fillet Sweet Baked Yams Green Beans Beverage Choice
<p style="text-align: right;">30</p> Chicken Noodle Soup Dijon Honey Roasted Chicken Manicotti with Marinara Sauce <i>or</i> Baked Tilapia Fillet <i>or</i> Fresh Cooked Yams Roasted Summer Squash Beverage Choice	<p style="text-align: right;">Oct 1</p>	<p style="text-align: right;">2</p>	<p style="text-align: right;">3</p>	<p style="text-align: right;">4</p>	<p style="text-align: right;">5</p>	<p style="text-align: right;">6</p>