



26	27	28	29	30	31	Sep 1
						Green Salad Lemon Grilled Chicken Sweet Corned Beef <i>or</i> Herb Roasted Red Potatoes Boiled Cabbage Baked Roll Fresh Banana Cream Pie
2 Green Salad Marinated Pork Roast Herbed Beef Burgundy/Noodles <i>or</i> Roasted Yams Mixed Vegetables Baked Roll Chef's Dessert	3 Green Salad Meatloaf Turkey Roast/Zesty Rub <i>or</i> Fresh Mashed Potatoes Chef's Steamed Vegetable Baked Roll Cinnamon Bread Pudding	4 Green Salad Chicken/Pineapple Mango Salsa Penne Pasta in Sausage Marinara Sauce <i>or</i> Rice Pilaf Corn O'Brien Baked Roll Apple Cobbler	5 Green Salad Pan Seared Cod Glazed Baked Ham <i>or</i> Roasted Red Potatoes Lemon Pepper Green Beans Baked Roll Angel Food Cake	6 Green Salad Beef Patty w/Crimini Mushrooms Lemon Oregano Turkey <i>or</i> Boiled Potatoes Buttered Squash Baked Roll Cheesecake	7 Green Salad Dressed Up Chicken Cheddar Crumb Tilapia <i>or</i> Seasoned Rice Capri Blend Baked Roll Pineapple Upside Down Cake	8 Green Salad Kalua Roast Pork Meatballs/Pasta Sauce <i>or</i> Aloha Sweet Potatoes Honey Glazed Carrots Baked Roll Buttermilk Spice Cake
9 Green Salad Tarragon Chicken Seasoned Meatloaf <i>or</i> O'Brien Potatoes Chef's Steamed Vegetable Baked Roll Poppy Seed Cake	10 Green Salad Dijon Honey Roasted Chicken Lemon Parsley Catfish <i>or</i> Seasoned Mushroom Rice Sautéed Zucchini Baked Roll Chef's Dessert	11 Green Salad Crispy Pork Chops Slow Roasted Turkey Breast <i>or</i> Baked Yams Stewed Tomatoes Baked Roll Rainbow Cake	12 Green Salad Hamburger Steak/Onions Baked Ham/Peach Sauce <i>or</i> Baked Potato Mixed Vegetables Baked Roll Fresh Banana Cream Pie	13 Green Salad Coconut Curry Chicken Garlic-Herb Pork Roast <i>or</i> Lemon Pasta Caribbean Blend Baked Roll Pear Crisp	14 Green Salad Tilapia/Savory Herb Butter Pepper Smothered Steak <i>or</i> Garlic Mashed Potatoes Roasted Squash Baked Roll Lemon Cream Cake	15 Green Salad Ground Beef Stroganoff Marinated Turkey <i>or</i> Best Noodles Fresh Cooked Zucchini Baked Roll Cinnamon Coffee Cake
16 Green Salad Honey Glazed Ham Baked Beef Vegetable Stew <i>or</i> Best Noodles Chef's Steamed Vegetable Baked Roll Apple Pie Ala Mode	17 Green Salad Baked Tilapia/Dill Sauce Chicken/Citrus Sage Sauce <i>or</i> Lemon Rice Mixed Vegetables Baked Roll Banana Sheet Cake	18 Green Salad Baked Meatballs/Gravy Turkey Cutlet/Tarragon Sauce <i>or</i> Fresh Mashed Potatoes/Gravy Seasoned Cauliflower Baked Roll Chocolate Marshmallow Cake	19 Green Salad Roasted Rosemary Pork Grilled Chicken Legs <i>or</i> Savory Rice Peas and Pearl Onions Baked Roll Sweet Potato Pie	20 Green Salad Salisbury Steak/Gravy Bruschetta Chicken Bake <i>or</i> Red Potatoes Roasted Carrots Baked Roll Pecan Pie	21 Green Salad Tilapia Florentine Beef Brisket/Vegetables <i>or</i> Brown Rice Lemon Buttered Broccoli Baked Roll Homemade Carrot Cake	22 Pickle Relish Plate Turkey Breast/Lemon Thyme Sauce Apricot Brown Sugar Ham <i>or</i> Cornbread Dressing Cream Peas Baked Roll Apple Cake Kuchen
23 Green Salad Pot Roast of Beef Parmesan Cod Fillets <i>or</i> Red Skin Mash Scandinavian Veg Baked Roll Fresh Coconut Cream Pie	24 Green Salad BBQ Chicken Leg Veal Parmesan <i>or</i> Beans, Corn and Rice Green Beans/Bacon Baked Roll Peach Crisp	25 Green Salad Sweet Pear Pork Chop Pepper Steak <i>or</i> Smashed Sweet Potatoes Spinach with Almonds Baked Roll Banana Sheet Cake	26 Green Salad Beef Macaroni Casserole Turkey Cutlets/Pan Gravy <i>or</i> Mushroom Rice Mixed Vegetables Baked Roll Marble Cake	27 Green Salad Melt In Your Mouth Chicken Pork/Apricot Glaze <i>or</i> Baked Sweet Potato Roasted Parmesan Brussels Sprouts Baked Roll Lemon Blueberry Bread	28 Green Salad Tropical Tilapia Ham/Pineapple Sauce <i>or</i> Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	29 Green Salad Meatloaf/Gravy Smoked Roasted Turkey <i>or</i> Fresh Mashed Potatoes/Gravy Green Beans Baked Roll Homemade Carrot Cake

	30	Oct 1	2	3	4	5	6
Green Salad							
Chicken Provencal							
Pot Roast of Beef							
<i>or</i>							
Tomato Cilantro Rice							
Roasted Summer							
Squash							
Baked Roll							
Chef's Dessert							