

Pacifica Tidings



PACIFICA
SENIOR LIVING
ESCONDIDO
Assisted Living

August/September
2018



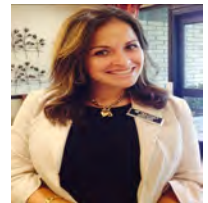
A Note from the Executive Director

Hello Residents and Family,
First of all, I would like to thank you all for your patience with all of the construction and upgrading after the plumbing issues. I am more than happy to let you know that we are completely done. On a different note, we hired a new Executive Chef, Tin Nguyen, and our new Maintenance Director, Eric Barnes. Please help us welcome them to our Pacifica family as you see them around the community. For the months of August and September we have some great events coming up. August 8th we will have our big Luau, with Hawaiian dancers, food and

much fun. September 22nd We will be participating in the Walk to end Alzheimer's walk at Kit Carson Park in Escondido. If you would like to participate or donate money to the cause, see Carline our activities director. Again, thank you all for your patience and understanding as we keep working on making Pacifica Escondido a better place for you and your loved ones to live .

Jackie Ayala

Executive Director



Who am I?



This resident is all about Bingo and Poker, so if you go to these activities you know who she is. She has called Pacifica her home since July 2009. Thought this was a good picture since we are having our Luau this month.

Welcome to Our Community

Thank you for choosing us to be a part of your family. Our family is always looking to grow, so please feel free to share the best of our community's attributes with your friends and family. I would be happy to set up a complimentary lunch, participation in an activity or general tour of the building.
Angelica Tasse
Community Relations Director

Activities & Special Events



Resident's and staff along with Jackie's son enjoying activities and outings. Bates Nut Farm, Dixon Lake and Out to Lunch.



Join Team Pacifica Escondido
And walk for the cause. The walk is on
September 22nd at Kit Carson Park.
You can also donate to support
Alzheimer's Association and our team.
For more info contact Carline



Birthdays

August

Carol A 8/14
Doug A 8/20
Harriet S 8/25
Jim Dodd 8/30
Delores H 8/31

September

Millie B 9/6
Marguerite N 9/7
Louis B 9/21
Henry H 9/22
Ruth C 9/24
Joe S 9/29



Grandparents Day—Sunday , September 9th

A Note from the Activities Director

DID YOU KNOW

**Pacifica Escondido has a store
Its name is the Quick Stop
Located upstairs next to the
Elevator.**

The hours are

Monday 2:30-3:30

Tuesday 2:30-3:30

Wednesday 10:00-11:00

Friday 10:00-11:00

**We sell snacks, soda, paper
towels, Kleenex
And much more.**

Come on in.

Assisted Living Week

9/9– 9/15

**Be sure to check
Septembers Calendar
The Theme this year is
Capture the Moment**

SEPTEMBER 11, 2001



WE WILL NEVER FORGET

Health & Fitness by



The hot days of summer are here, please be sure to limit your outdoor walks and activities to early morning and later afternoon.

We will be doing some fun outdoor games but as you will see they will be timed around the hot summer days.

Also it is very important to drink plenty of water, so we can all stay hydrated. You can always ask for lemon slices from the kitchen that gives a little different taste to the water.

Stay cool.



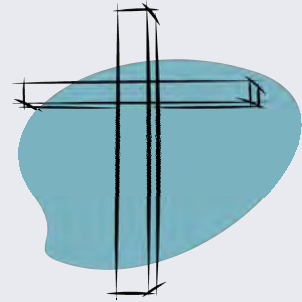
Fitness Activities

Fitness Class Get Fit With Zack

The class will be instructed by Zack a personal trainer, He offers his class on **Wednesdays now** at 1:30. The class will be in the Activity Room. The exercise class will be about 30 minutes long. He will do exercises for standing and for residents that need to sit in wheelchairs or chair. All the residents that have been going to this class really like it.



Spiritual Activities



Church Services at Pacifica

9:00 Communion

Monday at 6:30 Bible Class
Activity Room

Sunday and Tuesday
services will be starting
soon.

Thank you for your patience.
Carline
Activity Director



**Hawaiian
Luau
August
8th**



Lunch 11-1:30

**Hawaiian Dancers
at 2:00**

**Wear Hawaiian
Clothing**

Memorable Moments

PROM



King &
Queen
The



Zimmer's



Mari
Queen of
Legacies



Joe
Prom



Court



Clyde
King of
Legacies



L:
Prom
Court
R:
Dancing



Residents
Enjoying
Prom



Management Team

Executive Director

Jackie Ayala

Business Office Manager

Kristin Mulligan

Activity Director

Carline Callaghan

Maintenance

Eric Barnes

Resident Care Director-

May Vergara

Dining Service Director

Tin Nguyen

Marketing Director

Angelica Tasse

Memory Care Director

Barbara Szymchack



Pacifica Senior Living is committed to supporting our communities, residents, and the families we serve.

We strive to create a lifestyle of independence, security, and peace of mind.

It is through our dedicated and caring team members that our culture is exemplified in service, accountability, teamwork and compassion.

*The right choice. The right time.
Welcome Home!*



PACIFICA
SENIOR LIVING

ESCONDIDO

Assisted Living

1351 E. Washington Avenue

Escondido, CA 92027

(760) 741-3055

License # 374603451

Welcome Home!