



Brookridge Heights

26	27	28	29	30	31	Sep 1
						Green Salad Sausage Links/Marinated Vegetables Apple Pineapple Chicken <i>or</i> Herb Roasted Red Potatoes Grilled Asparagus Baked Roll Banana Cream Pudding
2 Green Salad Marinated Pork Roast Roast Beef au Jus <i>or</i> Fresh Mashed Potatoes/Gravy Mixed Vegetables Baked Roll Chocolate Sour Cream Cake	3 Corned Beef Hash Brunch Egg Casserole <i>or</i> Easy Fruit Salad Blueberry Coffee Cake	4 Green Salad Chicken/Pineapple Mango Salsa Kielbasa/Peppers <i>or</i> Rice Pilaf Corn O'Brien Baked Roll Apple Cobbler	5 Green Salad Glazed Baked Ham Beef Enchilada Rice Casserole <i>or</i> Roasted Red Potatoes Lemon Pepper Green Beans Baked Roll Angel Food Cake	6 Green Salad Turkey Cutlet/Garlic Tomato Sauce Salisbury Steak/Gravy <i>or</i> Fresh Mashed Potatoes/Gravy Beets Baked Roll Brownies	7 Coleslaw Citrus Baked Cod Chicken Breast, Marinated <i>or</i> Seasoned Rice Capri Blend Baked Roll Pineapple Upside Down Cake	8 Green Salad Kalua Roast Pork Breaded Steaks/Roasted Potatoes <i>or</i> Roasted Potato Medley Honey Glazed Carrots Baked Roll Double Chocolate Chip Cookies
9 Green Salad Bacon Meatloaf Tarragon Chicken <i>or</i> O'Brien Potatoes Chef's Steamed Vegetable Baked Roll Oatmeal Raisin Cookie	10 Green Salad Bourbon Chicken Beef Rigatoni Bake <i>or</i> Rice Pilaf California Normandy Blend Baked Roll Homemade Cherry Cobbler	11 Green Salad Manicotti with Marinara Sauce Pork and Sweet Potatoes <i>or</i> Baked Yams Broccoli Crusty Garlic Bread Apple Walnut Crumb Cake	12 Green Salad Hamburger Steak/Onions Baked Ham/Peach Sauce <i>or</i> Baked Potato Mixed Vegetables Baked Roll Apple Crumb Cake	13 Green Salad Grilled Chicken Pork Fried Rice <i>or</i> AuGratin Potatoes Caribbean Blend Baked Roll Blueberry Cream Angel Dessert	14 Coleslaw Tilapia/Savory Herb Butter Pepper Smothered Steak <i>or</i> Garlic Mashed Potatoes Green Beans Baked Roll Signature Carnival Cookie	15 Green Salad Balsamic Tomato Glazed Meatloaf Fresh Mashed Potatoes/Gravy Brussels Sprouts Crusty Garlic Bread Jello Salad
16 Green Salad Honey Glazed Ham Grilled Tri Tip <i>or</i> Fresh Cooked Yams Chef's Steamed Vegetable Baked Roll Apple Pie Ala Mode	17 Green Salad Baked Tilapia/Dill Sauce Greek Grilled Chicken <i>or</i> Lemon Rice Mixed Vegetables Biscuits Butter Cookies	18 Green Salad Baked Meatballs/Gravy Turkey Roast <i>or</i> Parsley Egg Noodles Seasoned Cauliflower Baked Roll Cream Puffs	19 Green Salad Roasted Rosemary Pork Eggplant Parmesan <i>or</i> Noodles Beets Baked Roll Apple Crisp	20 Green Salad Salisbury Steak/Gravy Apricot Chicken <i>or</i> Fresh Mashed Potatoes Roasted Carrots Baked Roll Southern Style Bread Pudding	21 Coleslaw Cod Provencal Chicken Madras <i>or</i> Roasted Potato Medley Chef's Steamed Vegetable Baked Roll Pie of Choice	22 Green Salad Beef and Bean Stew Asian Orange Chicken <i>or</i> Delicious Rice Chef's Steamed Vegetable Baked Roll Apple Crisp
23 Green Salad Pot Roast of Beef Parmesan Cod Fillets <i>or</i> Fresh Mashed Potatoes/Gravy Oven Roasted Broccoli Baked Roll Fresh Banana Cream Pie	24 Green Salad Chicken Alfredo Pasta BBQ Beef Brisket <i>or</i> Green Beans/Bacon Cornbread Peach Crisp	25 Green Salad Pork Chili Garlic Pasta Orange Glazed Carrots Baked Roll Apple Crumb Cake	26 Green Salad Sour Cream Beef Patty Warm Chicken Pasta Salad <i>or</i> Baked Potato Mixed Vegetables Baked Roll Marble Cake	27 Green Salad Melt In Your Mouth Chicken Honey Roasted Pork <i>or</i> AuGratin Potatoes Corn O'Brien Baked Roll Blueberry-Lemon Parfait	28 Creamy Coleslaw Tropical Tilapia Ham/Pineapple Sauce <i>or</i> Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	29 Green Salad Brown Sugar Meatloaf Smoked Roasted Turkey <i>or</i> Fresh Mashed Potatoes/Gravy Green Beans Baked Roll Ice Cream

Green Salad Baked Sliced Ham Ale House Beef <i>or</i> Fresh Mashed Potatoes/Gravy Chef's Steamed Vegetable Baked Roll Coconut Cream Pie	30 Oct 1	2	3	4	5	6
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