

Pacifica Tidings


PACIFICA
SENIOR LIVING
BELLEAIR
Memory Care

**August
2018**



A Note from the Executive Director

*I am pleased to welcome Mel Coppola, Memory Care Director, to our leadership team. Mel joined Team Belleair in June and brings an expertise of person-directed care to our campus. Person-directed care is a philosophy that has been around for a while and is a popular term many care providers use in their rhetoric and marketing materials, yet they don't deliver. Person-directed care places Elders at the center of care delivery whereby daily operations revolve around their preferences, habits, and interests. Importantly, person-directed care removes the emblematic institutional feel common in assisted living facilities.

When Pacifica opened in the 1990s, we were forerunners of person-directed care and our campus took away the institutional feel of caring. Yet, it takes more than a cottage setting; person-directed care is an atti-

tude that honors and respects Elders while assisting them with activities of daily living.

Embracing person-directed care requires stepping outside of the box of institutional care where residents are identified by their needs as opposed to who they are as individuals who've lived lives rich in history, still with much to contribute and share. Put another way, person-directed care is a way of **being**, not **doing**.

Make sure to meet Mel the next time you're visiting and see the changes taking place as we place your loved one in the center of our heart-filled care!

Rebecca

*(Part 1 of a person-directed series)

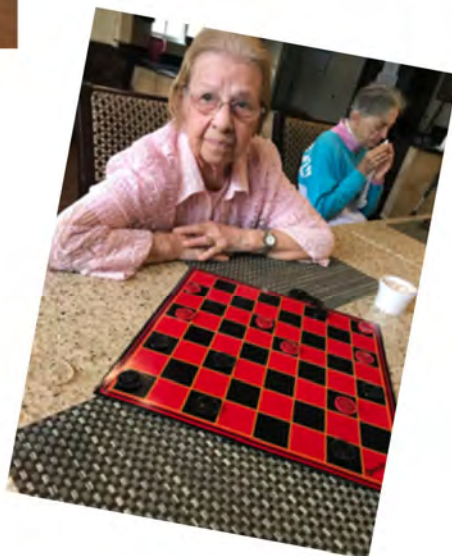
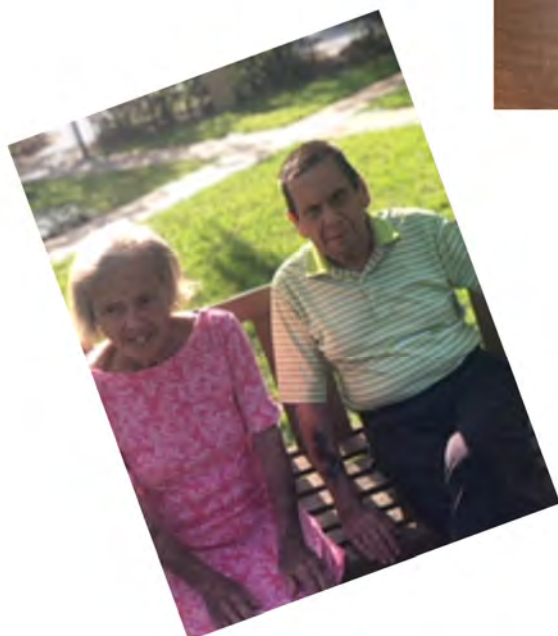
Who am I?

- *I have been knowing for Dancing*
- *I am a Korean War Veteran*
- *I was the President for Citizens Bank, Bank of Clearwater.*
- *I love my family*

Welcome to Our Community

**Jack
Alice
Bob
Irene
Marion**

Special Events & Memorable Moments



Health & Fitness by

If you've been around the community in the past few months, you might have noticed that the care staff, called caregivers at most communities, are referred to as care partners. This shift in language is indicative of some of the changes you will notice here at Pacifica Belleair.

The words we use are very important in framing concepts in our minds. The word caregiver implies that there is a care receiver—one person giving and one person receiving. Care partnership implies that there is give and take—giving and receiving—exchanged back and forth. We believe that the people who live here have a LOT to give to all of us. There are smiles and stories and the wonderful friendship they offer us so willingly and completely. We also believe that they should be partners in deciding what their day should look like.

Who else are considered care partners? Well, the Resident of course, and everyone who supports that person. All of us here at Pacifica Belleair are care partners. So are the family members, friends, relatives, volunteers, physicians and other supporting medical personnel. Together we create a care partner team for each individual who lives here.

In the coming months you will hear more about some of the other changes that we will be implementing in order to bring true person-directed living here to Pacifica Belleair. We look forward to hearing any comments you might have regarding these changes.

Birthdays

Barbara G.
Linda K.
Paul W.
Gayl S.
Jeanette O.

Staff

Daniel
Jeremiah
Tashi
Anne
Jasmine
Beverley
Henry

Spiritual Activities

Bible Study— Monday /
Thursdays

Restoration Ministries— Every
Friday

Who Am I?

(answer)



Management Team

Executive Director

Rebecca Weitzel

Community Relations Director

Tammy Foltz

Activity Director

Toya Swinton

Maintenance Director

Michael Knappenberger

Food Services

Daniel Montgomery

Director of Nursing

Lorraine Coronato

Business Office Manager

Christina Savoia

Memory care Director

Mel Coppola



Pacifica Senior Living is committed to supporting our communities, residents, and the families we serve.

We strive to create a lifestyle of independence, security, and peace of mind.

It is through our dedicated and caring team members that our culture is exemplified in service, accountability, teamwork and compassion.

*The right choice. The right time.
Welcome Home!*



PACIFICA
SENIOR LIVING

BELLEAIR

Memory Care

*620 Belleair Road
Clearwater, FL 33756
(727) 467-9464
Lic.# 9666*

Welcome Home!