

Cottonwood Court would like to wish
our residents a Happy Birthday!



Ani S. —September 8th
Richard S.—September 19th
Patsi “Pat” C.—September 24th

Our August Memories At Cottonwood Court



Alzheimer Support Group


September 26, 2018 Wednesday 6:00 p.m.
Namaste Room
Memory Care Building



September 2018

Cottonwood Court
inspired retirement living®

This Month

Sunday
Church Service
Monday
Green Thumb Club 
Bowling
Tuesday
Art Studio
Name That Tune
Happy Hour
Wednesday
Kitchen Creations
Bingo
Pet Therapy
Thursday
Double Bingo
Pet Therapy
Spiritual Harmony
Fruit Stand

Special Events

Friday
Bowling
Ice Cream Social
Saturday
Movie Social
Name That Tune
September 1
Donut Social
September 11
Town Square Lunch
Bobby Salazar's
September 12
Shake N' Social
September 19
Signature Dinner
September 25
Town Square Lunch
In & Out

Cottonwood Court Senior Living

**7468 N Millbrook Ave., Fresno, 93720
(559) 446-1266**

September 2018

MEMORY CARE LIFE ENRICHMENT CALENDAR

"In these divine pleasures permitted to me of walk in the June night under moon and stars, I can put my life as a fact before me and stand aloof from its honor and shame." ~ Ralph Waldo Emerson

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30 9:15 Spiritual Melodies <u>9:30 Church Service</u> 10:00 Munch Brunch 10:45 Guess The Word 1:15 Let's Move <u>2:30 Goodie Snack</u> 3:10 Bingo Willow: Evening Book Club Sequoia: Evening Manicures</p>		<p>All Activities are Subject to Change</p>	<p><i>Fall</i></p>			<p>1 Morning Donuts 9:15 Let's Move <u>10:00 Donut Social</u> 10:30 Name That Tune <u>1:15 Movie Social</u> 1:30 Jigsaw Puzzles <u>2:15 Goodie Snack</u> 3:00 Bingo Willow: Trivia Sequoia: Aerobics</p>
<p>2 9:15 Spiritual Melodies <u>9:30 Church Service</u> 10:00 Munch Brunch 10:45 Guess The Word 1:15 Let's Move <u>2:30 Goodie Snack</u> 3:10 Bingo Willow: Evening Book Club Sequoia: Evening Manicures</p>	<p>3 Labor Day  9:15 Let's Move <u>10:00 Green Thumb Club</u> 10:15 Munch Brunch <u>10:45 Bowling</u> 1:15 Joyful Songs 2:30 Goodie Snack 3:10 Bingo Willow: Evening Bowling Sequoia: Stretches</p>	<p>4 9:15 Let's Move 10:00 Munch Brunch 10:30 Name That Tune 1:15 Art Studio <u>2:30 Happy Hour w/ Rich Jackson</u> Willow: Manicures Sequoia: Book Club</p>	<p>5 <u>9:15 Kitchen Creations</u> 10:00 Munch Brunch <u>10:30 Bowling</u> 1:30 Pet Therapy 2:15 Goodie Snack 3:00 Bingo Willow: Trivia Ball Sequoia: Stretches</p>	<p>6 <u>9:15 Good Morning Bingo</u> 9:45 Munch Brunch 10:30 True or False <u>1:30 Pet Therapy</u> 2:00 Afternoon Stretch <u>2:45 Fruit Stand</u> <u>3:15 Double Bingo</u> Willow: Manicures Sequoia: Spa Time</p>	<p>7 9:15 Let's Move 10:00 Munch Brunch <u>10:45 Bowling</u> 1:15 Art Studio <u>2:15 Ice Cream Social</u> 3:00 Bingo 4:00 Current Events Willow: Trivia Sequoia: Book Club</p>	<p>8 Happy Birthday Ani S. 9:15 Let's Move <u>10:00 Munch Brunch</u> 10:30 Riddle Me That <u>1:15 Movie Social</u> 1:30 Jigsaw Puzzles <u>2:15 Goodie Snack</u> 3:00 Bingo Willow: Trivia Sequoia: Aerobics</p>
<p>9 9:15 Spiritual Melodies <u>9:30 Church Service</u> 10:00 Munch Brunch 10:45 Guess The Word 1:15 Let's Move <u>2:30 Goodie Snack</u> 3:10 Bingo Willow: Evening Book Club Sequoia: Evening Manicures</p>	<p>10 9:15 Let's Move <u>10:00 Green Thumb Club</u> 10:15 Munch Brunch <u>10:45 Bowling</u> 1:15 Joyful Songs 2:30 Goodie Snack 3:10 Bingo Willow: Evening Bowling Sequoia: Stretches</p>	<p>11 9:15 Let's Move 10:00 Munch Brunch 10:30 Name That Tune <u>Town Square Lunch Bobby Salazar's</u> 1:15 Art Studio <u>2:30 Happy Hour w/ J.T. & Sarah</u> Willow: Evening Manicures Sequoia: Evening Book Club</p>	<p>12 National Chocolate Shake Day <u>9:15 Kitchen Creations</u> 10:00 Munch Brunch <u>10:30 Bowling</u> 1:30 Pet Therapy 2:15 Shake N' Social 3:00 Bingo Willow: Trivia Ball Sequoia: Stretches</p> 	<p>13 <u>9:15 Good Morning Bingo</u> 10:00 Munch Brunch 10:15 Spiritual Harmony <u>1:30 Pet Therapy</u> 2:00 Afternoon Stretch <u>2:45 Goodie Snack</u> <u>3:15 Double Bingo</u> Willow: Manicures Sequoia: Spa Time</p>	<p>14 9:15 Let's Move 10:00 Munch Brunch <u>10:45 Bowling</u> 1:15 Art Studio <u>2:15 Ice Cream Social</u> 3:00 Bingo 4:00 Current Events Willow: Trivia Sequoia: Book Club</p>	<p>15 9:15 Let's Move <u>10:00 Munch Brunch</u> 10:30 Name That Tune <u>1:15 Movie Social</u> 1:30 Jigsaw Puzzles <u>2:15 Goodie Snack</u> 3:00 Bingo Willow: Trivia Sequoia: Aerobics</p>
<p>16 9:15 Spiritual Melodies <u>9:30 Church Service</u> 10:00 Munch Brunch 10:45 Guess The Word 1:15 Let's Move <u>2:30 Goodie Snack</u> 3:10 Bingo Willow: Evening Book Club Sequoia: Evening Manicures</p>	<p>17 9:15 Let's Move <u>10:00 Green Thumb Club</u> 10:15 Munch Brunch <u>10:45 Bowling</u> 1:15 Joyful Songs 2:30 Goodie Snack 3:10 Bingo Willow: Evening Bowling Sequoia: Stretches</p>	<p>18 9:15 Let's Move 10:00 Munch Brunch 10:30 Name That Tune 1:15 Art Studio <u>2:30 Happy Hour w/ Susie Spadier</u> Willow: Evening Manicures Sequoia: Evening Book Club</p>	<p>19 Happy Birthday Richard S. <u>9:15 Kitchen Creations</u> 10:00 Munch Brunch <u>10:30 Bowling</u> 1:30 Pet Therapy 2:15 Goodie Snack 3:00 Bingo <u>5:00 Signature Dinner</u></p>	<p>20 <u>9:15 Good Morning Bingo</u> 10:00 Munch Brunch 10:45 True or False <u>1:15 Joyful Songs</u> 2:00 Afternoon Stretch <u>2:45 Fruit Stand</u> <u>3:15 Double Bingo</u> Willow: Manicures Sequoia: Spa Time</p>	<p>21 9:15 Let's Move 10:00 Munch Brunch <u>10:45 Bowling</u> 1:15 Art Studio <u>2:15 Ice Cream Social</u> 3:00 Bingo 4:00 Current Events Willow: Trivia Sequoia: Book Club</p>	<p>22 9:15 Let's Move <u>10:00 Munch Brunch</u> 10:30 Riddle Me That <u>1:15 Movie Social</u> 1:30 Jigsaw Puzzles <u>2:15 Goodie Snack</u> 3:00 Bingo Willow: Trivia Sequoia: Aerobics</p>
<p>23 9:15 Spiritual Melodies <u>9:30 Church Service</u> 10:00 Munch Brunch 10:45 Guess The Word 1:15 Let's Move <u>2:30 Goodie Snack</u> 3:10 Bingo Willow: Evening Book Club Sequoia: Evening Manicures</p>	<p>24 Happy Birthday Patsi C. 9:15 Let's Move 10:00 Munch Brunch <u>10:45 Bowling</u> <u>1:15 Resident Council</u> 2:30 Goodie Snack 3:10 Bingo Willow: Evening Bowling Sequoia: Stretches</p>	<p>25 9:15 Let's Move 10:00 Munch Brunch 10:30 Name That Tune <u>Town Square Lunch In & Out</u> 1:15 Art Studio <u>2:30 Happy Hour w/ Richie Blue</u> Willow: Evening Manicures Sequoia: Evening Book Club</p>	<p>26 <u>9:15 Kitchen Creations</u> 10:00 Munch Brunch <u>10:30 Bowling</u> 1:30 Pet Therapy 2:15 Goodie Snack 3:00 Bingo Willow: Trivia Ball Sequoia: Stretches</p>	<p>27 <u>9:15 Good Morning Bingo</u> 9:45 Munch Brunch 10:15 Spiritual Harmony <u>1:30 Pet Therapy</u> 2:00 Afternoon Stretch <u>2:45 Goodie Snack</u> <u>3:15 Double Bingo</u> Willow: Manicures Sequoia: Spa Time</p>	<p>28 9:15 Let's Move 10:00 Munch Brunch <u>10:45 Bowling</u> 1:15 Art Studio <u>2:15 Ice Cream Social</u> 3:00 Bingo 4:00 Current Events Willow: Trivia Sequoia: Book Club</p>	<p>29 9:15 Let's Move <u>10:00 Munch Brunch</u> 10:30 Name That Tune <u>1:15 Movie Social</u> 1:30 Jigsaw Puzzles <u>2:15 Goodie Snack</u> 3:00 Bingo Willow: Trivia Sequoia: Aerobics</p>