



## The Willows Retirement and Assisted Living

26	27	28	29	30	31	Sep 1
						Green Salad Lemon Grilled Chicken Herb Roasted Red Potatoes Grilled Asparagus Baked Roll Banana Cream Pudding
2 Green Salad Marinated Pork Roast Roasted Yams Mixed Vegetables Baked Roll Fruit Cocktail Bars	3 Green Salad Country Fried Steak/Gravy Mashed Potatoes Roasted Cauliflower Baked Roll Chocolate Sour Cream Cake	4 Green Salad Chicken/Pineapple Mango Salsa Rice Pilaf Corn O'Brien Baked Roll Apple Cobbler	5 Green Salad Pan Seared Cod Roasted Red Potatoes Lemon Pepper Green Beans Baked Roll Key Lime Pie	6 Green Salad Beef Patty/Mushroom Sauce Boiled Potatoes Beets Baked Roll Chocolate Lush	7 Green Salad Dressed Up Chicken Seasoned Rice Capri Blend Baked Roll Pineapple Upside Down Cake	8 Green Salad Luau Pork Aloha Sweet Potatoes Honey Glazed Carrots Baked Roll Double Chocolate Chip Cookies
9 Green Salad Bacon Meatloaf O'Brien Potatoes Vegetable Medley Baked Roll Peanut Butter Bars	10 Green Salad Louisiana Chicken Seasoned Mushroom Rice California Normandy Blend Baked Roll Homemade Cherry Cobbler	11 Green Salad Crispy Pork Chops Baked Yams Stewed Tomatoes Baked Roll Rainbow Cake	12 Green Salad Hamburger Steak/Onions Baked Potato Mixed Vegetables Baked Roll Pineapple Pie	13 Green Salad Grilled Chicken Cheesy Potato Rounds Caribbean Blend Baked Roll Blueberry Cream Angel Dessert	14 Green Salad Tilapia/Savory Herb Butter Garlic Mashed Potatoes Fresh Green Beans Baked Roll Oatmeal Raisin Cookie	15 Green Salad Beef Rigatoni Bake Fresh Cooked Zucchini Crusty Garlic Bread Cinnamon Coffee Cake
16 Green Salad Honey Glazed Ham Fresh Cooked Yams Seasoned Cabbage Baked Roll Apple Pie Ala Mode	17 Green Salad Oven Fried Chicken Ranch M' Potatoes Mixed Vegetables Biscuits Lemon Cookie	18 Green Salad Baked Meatballs/Gravy Parsley Egg Noodles Seasoned Cauliflower Baked Roll Chocolate Marshmallow Cake	19 Green Salad Roasted Rosemary Pork Savory Rice Sweet Sour Beets Baked Roll Mixed Berry Crisp	20 Green Salad Salisbury Steak/Gravy Red Potatoes Roasted Carrots Baked Roll Southern Style Bread Pudding	21 Green Salad Grilled Sole Fillet Rice Sweet Slaw Baked Roll Frozen Caramel Square	22 Green Salad Deluxe Hamburger Pickle Relish Plate Apple Cake Kuchen
23 Green Salad Pot Roast of Beef Red Skin Mash Oven Roasted Broccoli Baked Roll Coconut Cream Pie	24 Green Salad BBQ Chicken Leg Beans, Corn and Rice Green Beans/Bacon Biscuits Peach Crisp	25 Green Salad Sweet Pear Pork Chop Smashed Sweet Potatoes Spinach with Almonds Baked Roll Banana Sheet Cake	26 Green Salad Sour Cream Beef Patty Baked Potato Mixed Vegetables Baked Roll Hershey's Kiss PB Cookie	27 Green Salad Melt In Your Mouth Chicken Cream and Cheese Potatoes Corn on the Cob Baked Roll Blueberry-Lemon Parfait	28 Green Salad Tropical Tilapia Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	29 Green Salad Brown Sugar Meatloaf Mashed Potato Casserole Fresh Green Beans Baked Roll Cookie Dough Cheesecake Bars
30 Green Salad Sour Cream Chicken M'Potatoes/Chix Gravy Corn Baked Roll Ice Cream	Oct 1	2	3	4	5	6