

September 2018



Pheasant Ridge Senior Living

Theasant Nage Serior Living										
26	27	28	29	30	31	Sep 1 Cucumber Corn Salad Lemon Grilled Chicken Sweet Corned Beef Or Herb Roasted Red Potatoes Grilled Asparagus Baked Roll Banana Cream Pudding				
Coleslaw Marinated Pork Roast Roast Beef au Jus Or Roasted Yams Mixed Vegetables Baked Roll Pecan Pie	Layered Fruit Salad Country Fried Steak/Gravy Grilled Chicken Legs or Mashed Potatoes Roasted Cauliflower Baked Roll Chocolate Sour Cream Cake	Green Salad Chicken/Pineapple Mango Salsa Kielbasa/Peppers or Rice Pilaf Corn O'Brien Baked Roll Apple Cobbler	Hawaiian Fruit Salad Pan Seared Cod Glazed Baked Ham or Roasted Red Potatoes Lemon Pepper Green Beans Baked Roll Key Lime Pie	Broccoli Raisin Salad Beef Patty/Mushroom Sauce Lemon Oregano Turkey Or Boiled Potatoes Beets Baked Roll Chocolate Lush	Ambrosia Dressed Up Chicken Baked Dijon Salmon or Seasoned Rice Capri Blend Baked Roll Pineapple Upside Down Cake	Marinated Pepper Salad Kalua Roast Pork Teriyaki Kabobs Or Aloha Sweet Potatoes Honey Glazed Carrots Baked Roll Layered Fruit Squares				
Bacon Meatloaf Butter Crumb Chicken Or O'Brien Potatoes Spinach Polonaise Baked Roll	Pineapple Cucumber Salad Louisiana Chicken Seasoned Parmesan Haddock Or Seasoned Mushroom Rice California Normandy Blend Baked Roll Homemade Cherry Cobbler	Classic Waldorf Salad Crispy Pork Chops Slow Roasted Turkey or Baked Yams Stewed Tomatoes Baked Roll Rainbow Cake	Carrot Celery Cucumber Salad Hamburger Steak/Onions Baked Ham/Peach Sauce Or Baked Potato Mixed Vegetables Baked Roll Pineapple Cream Pie	Green Salad Grilled Chicken Garlic-Herb Pork Roast Or Cheesy Potato Rounds Caribbean Blend Baked Roll Blueberry Cream Angel Dessert	Juicy Fruit Salad Tilapia/Savory Herb Butter Pepper Smothered Steak Or Garlic Mashed Potatoes Green Beans Baked Roll Lemon Cream Cake	Jello Salad Beef Tips Au Jus Marinated Turkey or Best Noodles Fresh Cooked Zucchini Baked Roll Cinnamon Coffee Cake				
Grilled Tri Tip Or Fresh Cooked Yams Seasoned Cabbage Baked Roll	Feta Garbanzo Bean Salad Oven Fried Chicken Grilled Marinated Shrimp Or Lemon Rice Garlic Spinach Biscuits Oreo Cheesecake	Summer Sun Salad Baked Meatballs/Gravy Turkey Cutlet/Tarragon Sauce Or Mashed Potatoes/Gravy Seasoned Cauliflower Baked Roll Chocolate Marshmallow Cake	Zesty Cucumber Salad Roasted Rosemary Pork Roasted Rack of Lamb or Savory Rice Sweet Sour Beets Baked Roll Mixed Berry Crisp	Orange Grapefruit Salad Salisbury Steak/Gravy Grilled Chicken/Cucumber Melon Sauce Or Red Potatoes Roasted Carrots Baked Roll Southern Style Bread Pudding	Green Salad Grilled Sole Fillet Baby Back Pork Ribs Or Brown Rice Sweet Slaw Baked Roll Frozen Caramel Square	Pickle Relish Plate Turkey Breast/Lemon Thyme Sauce Cuban Marinated Steak Or Cornbread Dressing Cream Peas Baked Roll Apple Cake Kuchen				
Pot Roast of Beef Lemon Pepper Salmon Or Red Skin Mash Oven Roasted Broccoli	Mixed Vegetable Salad BBQ Chicken Leg Veal Piccata or Beans, Corn and Rice Green Beans/Bacon Biscuits Peach Crisp	Green Salad Sweet Pear Pork Chop Beef Tips or Smashed Sweet Potatoes Spinach with Almonds Baked Roll Banana Sheet Cake	Caesar Salad Petite Sirloin/Peppercorn Turkey Cutlets/Pan Gravy or Baked Potato Mixed Vegetables Baked Roll Marble Cake	Vegetable Medley Salad Melt In Your Mouth Chicken Pork/Apricot Glaze Or Cream and Cheese Potatoes Corn on the Cob Baked Roll Blueberry-Lemon Parfait	Sunny Fruit Salad Tropical Tilapia Ham/Pineapple Sauce Or Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	Avocado Salad Brown Sugar				

30	Oct 1	2	3	4	5	6
Greek Salad						
Herb Crusted						
Chicken						
Prime Rib						
Roast/Horseradish						
or						
M'Potatoes/Chix						
Gravy						
Corn						
Baked Roll						
Frozen Strawberry						
Cream Pie						