

# Pacifica Tidings



May & June  
2018



## *A Note from the Executive Director*

“One of the greatest titles in the world is **“Parent”** and one of the biggest blessings in the world is to have parents to call **Mom and Dad.**”

The entire staff at Pacifica Regency would like to wish all our residents a very Happy Mother's Day and Happy Father's Day. Wishing you time just to dream, relax, and to enjoy your special day!

With Love,

Kelly Malone  
Executive Director



## *Who am I?*

1. I was born in 1973, in Lancaster, South Carolina.
2. My parents died when my younger siblings were very young. They were placed in an orphanage.
3. I then married Herman Allen and brought my siblings to live with us.
4. My siblings graduated college and went to work for IBM and thrived.
5. I worked in a cotton mill in SC for thirteen years, then the school system for thirty-one more years, and retired.
6. My most favorite pastime was dancing with my husband.
7. I love my Pacifica friends and family.

## *Welcome to Our Community*

Welcome Neighbor!  
Thank you for choosing  
to be a new family  
member of our Pacifica  
Regency Family!!!

Betty Haning  
Bebbee Linn  
Mort Algase  
Charles (Matt) Mattingly  
Ceaster Franklin  
Pat & Vaughn Binzer  
Neva Wilcox  
Sheri Derr

## ***Special Events & Memorable Moments***

**There are many great and wonderful things to celebrate at Pacifica Regency and we always strive to make the best memories of them. Please join us for some of the following upcoming special events and outings....**

**Please review activities calendars for special event details....**

### **Kentucky Derby Day**

Assisted Living: On May 5th, join us for our Kentucky Derby Day Social as we celebrate the Race. Come join us for our Wine and Horsing Around Social with The Gentlemen's Agreement. Don't forget your Derby Hat!!!

Memory Care: On May 5th, join us throughout the day as we celebrate Kentucky Derby Day with The Gentlemen's Agreement at 3:30. At 2:30, it's the Kentucky Derby Race. Don't forget your Derby Hat !!!

### **Quarto De Mayo**

Assisted Living: Join us for our Annual Quarto de Mayo Luncheon May 4th, from 11:30 am to 1:30 pm. We will be having a full day of Fun, Food and Special Entertainment with Michael Sari .

Memory Care: Join us for our Annual Quarto De Mayo Luncheon May 4th, at 11:30 am to 1:00 pm, as we enjoy a full day of Fun, Food and Special Entertainment with a Mystery Guest.

### **Mother's Day Celebration**

Assisted Living: We will be hosting a Mother's Day Luncheon May 13th, at 11:00 am, and a Special Mother's Day Celebration at 2:00 pm., with Special Entertainment featuring Broadway with Brenda.

Memory Care: We will be hosting a Mother's Day Luncheon May 13th, at 11:30 am. Join us for Special Entertainment featuring Broadway with Brenda at 3:00pm, and then stay for our Mother's Day Bingo & Prizes at 4:00pm.

### **Memorial Day Celebration**

Assisted Living: Please join us May 28th, at 11:00 pm, for a Patriotic Flag Ceremony, following a Special Barbeque Luncheon. Don't forget to wear Red, White and Blue !!!

Memory Care: Please join us May 28th at 11:00 pm for a Patriotic Sing-A-Long, following a Special Barbeque Luncheon. Don't forget to wear Red, White and Blue!!!

### **Father's Day Celebration**

Assisted Living: We will be hosting a Father's Day Luncheon June 17th, at 11:00 am. A special Father's Day Celebration at 2:00 pm will follow, featuring Special Entertainment by Broadway with Brenda.

Memory Care: We will be hosting a Father's Day Luncheon June 17th, at 11:30 am. A Special Father's Day Celebration at 3:15pm will follow, featuring Special Entertainment by Broadway with Brenda.

## *Health & Fitness by*

### **Assisted Living Exercise Groups:**

Developed with important health components to include flexibility, core strengthening, balance, range of motion, and coordination for both the mind and body. Our exercise groups have also been created with the need to have fun and enjoy being healthy.

**Please join us for the following exercise and health programs in Assisted Living...**

### **Music & Movement**

Wednesdays at 9:30AM

### **Morning Stretch**

Sunday at 10:00AM

### **Stretch Bingo**

Thursdays at 10AM

### **Memory Care Exercise Groups**

Arthritically recognized and targeted for individuals with instability, high fall risks, short term memory impairments, and weakened core muscles. Each exercise group can be molded to every participant on an individual level and at each participants own pace to promote daily health, coordination, sequencing, flexibility, & core strengthening.

**Please join us for the following exercise and health programs in Memory Care...**

### **Sittercise**

Monday & Thursday at 9:30AM

### **Morning Stretch**

Tuesday & Saturday at 9:30AM

### **Music & Movement**

Friday & Sunday at 9:30AM

### **Out & About**

Wednesdays at 10:00AM & 2:30 PM

## *Birthdays*

### **HAPPY BIRTHDAY**

### **MAY & JUNE**

### **Assisted Living:**

John Nasta.....	5/04
Lillian Chauvet.....	5/11
Shirley Parslow.....	5/22
Richard Swenson.....	5/29
Beverly Anderson.....	6/07
Sally Hartley.....	6/04
Elizabeth Pinho.....	6/08

### **Memory Care:**

Darlene Barber.....	5/04
Adolfo Millan.....	05/20
Gladys Tunnel.....	05/24
Marion Celintaro.....	06/11
Ronald Swartz.....	6/16

## *Spiritual Activities*

At Pacifica Regency, we understand that spirituality and religious services can be important to your loved ones. Please join us for the following offered services...

- St. Viators Catholic Communion Service is held every Tuesday at 10AM in the Assisted Living Activities Room and at 10:30AM in the Memory Care activities room. (See Activities Schedule for specific dates)
- Green Valley Baptist Church with Pastor Wayne Kelly is held every Sunday at 2PM in the Assisted Living Activities Room.
- Jewish services are available via Temple Beth Am for holidays and are also available upon request.
- Several versions of the bible are available for independent reading in both the Assisted Living and Memory Care Activities rooms.
- Please let us know if you prefer arrangements for spiritual services of other religions or denominations that are not currently offered at this time.

## *Who Am I?*

*(answer)*



**PEGGY ALLEN**

## **OUR TEAM:**

### **EXECUTIVE DIRECTOR:**

Kelly Malone

### **BUSINESS OFFICE DIRECTOR:**

Pauline Smith

### **HEALTH SERVICES DIRECTOR :**

Michelle Deschamps

### **MEMORY CARE DIRECTOR:**

Paula Castro-Burns

### **MARKETING DIRECTOR:**

Jackie Casillas

### **ACTIVITIES DIRECTOR & COORDINATOR:**

Janice Tursi & Venessa Neder

### **FOOD SERVICES DIRECTOR:**

Nicole Moran

### **MAINTENANCE DIRECTOR :**

Jacob Seymour



*Pacifica Senior Living is committed to  
supporting our communities,  
residents, and the families we serve.*

*We strive to create a lifestyle of  
independence, security, and peace of mind.*

*It is through our dedicated and caring  
team members that our culture is  
exemplified in service, accountability,  
teamwork and compassion.*

*The right choice. The right time.  
Welcome Home!*



**PACIFICA**  
SENIOR LIVING

REGENCY

Assisted Living

Memory Care

*4025 S. Pearl St.  
Las Vegas, NV 89121  
(702) 436-6400*

*Welcome Home!*