

## September 2018



## Cap Sante

Sup Surve						
26	27	28	29	30	31	Sep 1 Cucumber Corn Salad Lemon Grilled Chicken Herb Roasted Red Potatoes Grilled Asparagus Baked Roll Banana Cream Pudding
Coleslaw Marinated Pork Roast Roasted Yams Mixed Vegetables Baked Roll Pecan Pie	Salad Bar Baked Chicken with Garlic and Herbs Parsley Egg Noodles Green Beans Baked Roll Cherry Cheesecake	Salad Bar Roast Beef Fresh Mashed Potatoes/Gravy Peas Cheddar Biscuit Ice Cream	Salad Bar Baked Salmon/Lemon Dill Sauce Lemon Pesto Rice Kale/Garlic and Peppers French Bread Caramel Cookie Cream Dish	Mixed Vegetable Salad Pasta Fagioli Soup Fresh Asparagus Garlic Bread Chocolate Ice Cream	Green Salad Teriyaki Chicken Rice Pilaf Capri Blend Basic Muffin Mix Blueberry Cobbler	Fruity Green Salad Steak Fajita Best Black Beans Corn Baked Tortilla Chips Ice Cream
Sour Cream Carrot Salad Bacon Meatloaf O'Brien Potatoes Spinach Polonaise Baked Roll Lemon Meringue Pie	Pineapple Cucumber Salad Bourbon Chicken Seasoned Mushroom Rice California Normandy Blend Baked Roll Homemade Cherry Cobbler	Classic Waldorf Salad Crispy Pork Chops Baked Yams Stewed Tomatoes Baked Roll Rainbow Cake	Carrot Celery Cucumber Salad Hamburger Steak/Onions Baked Potato Mixed Vegetables Baked Roll Pineapple Cream Pie	Green Salad Grilled Chicken Cheesy Potato Rounds Caribbean Blend Baked Roll Blueberry Cream Angel Dessert	Juicy Fruit Salad Tilapia/Savory Herb Butter Garlic Mashed Potatoes Green Beans Baked Roll Lemon Cream Cake	Jello Salad Beef Tips Au Jus Best Noodles Fresh Cooked Zucchini Baked Roll Cinnamon Coffee Cake
Caesar Spinach Salad Honey Glazed Ham Fresh Cooked Yams Seasoned Cabbage Baked Roll Apple Pie Ala Mode	Feta Garbanzo Bean Salad Oven Fried Chicken Lemon Rice Garlic Spinach Fresh Biscuits Oreo Cheesecake	Summer Sun Salad Baked Meatballs/Gravy Fresh Mashed Potatoes/Gravy Seasoned Cauliflower Baked Roll Chocolate Marshmallow Cake	Zesty Cucumber Salad Roasted Rosemary Pork Savory Rice Sweet Sour Beets Baked Roll Mixed Berry Crisp	Orange Grapefruit Salad Salisbury Steak/Gravy Red Potatoes Roasted Carrots Baked Roll Southern Style Bread Pudding	Green Salad Grilled Sole Fillet Brown Rice Sweet Slaw Baked Roll Frozen Caramel Square	Pickle Relish Plate Turkey Breast/Lemon Thyme Sauce Cornbread Dressing Cream Peas Baked Roll Apple Cake Kuchen
Five Fruit Salad Pot Roast of Beef Red Skin Mash Oven Roasted Broccoli Baked Roll Fresh Coconut Cream Pie	Mixed Vegetable Salad BBQ Chicken Leg Beans, Corn and Rice Green Beans/Bacon Fresh Biscuits Peach Crisp	Green Salad Sweet Pear Pork Chop Smashed Sweet Potatoes Spinach with Almonds Baked Roll Banana Sheet Cake	Caesar Salad Petite Sirloin/Peppercorn Baked Potato Mixed Vegetables Baked Roll Marble Cake	Vegetable Medley Salad Melt In Your Mouth Chicken Cream and Cheese Potatoes Corn on the Cob Baked Roll Blueberry-Lemon Parfait	Sunny Fruit Salad Tropical Tilapia Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	Avocado Salad Brown Sugar Meatloaf Mashed Potato Casserole Green Beans Baked Roll Cherry Crisp
Greek Salad Sour Cream Chicken M'Potatoes/Chix Gravy Corn Baked Roll Strawberry Pie	Oct 1	2	3	4	5	6