



Savannah Court of Bastrop

September 2018

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Locations		Dining Hours		Events are subject to change daily.		
Activity Room, AR Dining Room, DR Living Room, LR Movie Room, MR		Court: Breakfast — 8 a.m. Lunch — 12 p.m. Supper — 5 p.m. Cottage: Breakfast — 7:30 a.m. Lunch — 11:30 a.m. Supper — 4:30 p.m.		• Salon days for the Court are Fridays. • Salon days for the Cottage are Thursdays. • Days for transportation are Tuesday and Thursday only (refer to handbook). • Shopping days are Fridays.		9:00 Sip and Chat, SCott. 9:00 Power Walk, AR 10:00 Current Events 1:30 Chess and Checker Games, AR
9:00 Devotional Words, SCott. 9:00 Power Walk 2:00 Sip and Chat 4:30 Saint John Baptist Church, LR	LABOR DAY 9:00 Power Walk, AR 9:30 Sip and Chat, AR 10:00 Bowling, AR 2:00 Labor Day Party, AR	8:30 Walking Group, AR 9:00 Sip and Chat, SCott. 11:00 BINGO w/Judy, AR 2:00 Macadamia Nut Cookies, AR	9:00 Power Walk, AR 10:00 Arts & Crafts, AR 1:30 Music Yoga w/ Cheryl, AR 2:00 Yoga w/Cheryl of Stat, SCott.	8:30 Power Walk, AR 9:30 Salon, SCott. 10:00 Iced Coffee Day, AR 2:00 Volley Ball, AR	9:00 Power Walk, SC 9:30 Salon, SC 10:00 Current Events, SCott. 10:00 Shopping Day	9:00 Sip and Chat, SCott. 9:00 Power Walk, AR 1:30 Chess and Checker Games, AR 2:00 National Ampersand Day, AR
ROSH HASHANAH BEGINS AT SUNSET 9:00 Devotional Words, SCott. 9:00 Power Walk 10:00 National Teddy Bear Day 2:00 Grandparents Day	9:00 Power Walk, AR 10:00 Stretch and Workout, AR 1:30 Birthday Bash, AR 2:00 Tic-Tac-Toe Bean Bag Toss, AR	PATRIOT DAY 8:30 Walking Group, AR 9:00 Sip and Chat, SCott. 10:00 Workout w/ Hanna, SCott. 2:00 Darts, AR	9:00 Power Walk, AR 10:00 National Day of Encouragement, AR 1:30 Music Yoga w/Cheryl, AR 2:00 Yoga w/Cheryl of Stat, SCott.	8:30 Power Walk, AR 9:30 Salon, SCott. 10:00 Wiggle Your Toes Workout, AR 2:00 Peanuts and a Coke, AR	9:00 Power Walk, SC 9:30 Salon, SC 10:00 Current Events, SCott. 10:00 Shopping Day	9:00 Sip and Chat, SCott. 9:00 Power Walk, AR 10:30 Devotional Words, SCott. 1:30 Chess and Checker Games, AR
9:00 Devotional Words, SCott. 9:00 Power Walk 10:00 Mayflower Day 2:00 Wife Appreciation Day	9:00 Power Walk, AR 10:00 Arts & Crafts, AR 2:00 Apple Dumplings, AR 6:00 Singing w/Linda, DR	YOM KIPPUR BEGINS AT SUNSET 8:30 Walking Group, AR 9:00 Sip and Chat, SCott. 10:00 Workout w/ Hanna, SCott. 2:00 Mini Cheeseburgers, AR	9:00 Power Walk, AR 1:30 Music Yoga w/ Cheryl, AR 2:00 Yoga w/Cheryl of Stat, SCott. 2:00 Bingo w/Terrance, AR	8:30 Power Walk, AR 9:30 Salon, SCott. 10:00 Bingo w/Denise & Paige, AR 2:30 Clara and Friends, AR	9:00 Power Walk, SC 9:30 Salon, SC 10:00 Current Events, SCott. 10:00 Shopping Day	AUTUMN BEGINS 9:00 Sip and Chat, SCott. 9:00 Power Walk, AR 1:00 Fishing Day 1:30 Chess and Checker Games, AR
9:00 Devotional Words, SCott. 9:00 Power Walk 10:00 National Checkers Day 12:00 Pot Pie Day	9:00 Power Walk, AR 10:00 Stretch and Workout, AR 11:00 Bingo, AR 2:00 Coffee and Cookies, AR	8:30 Walking Group, AR 9:00 Sip and Chat, SCott. 10:00 Resident Council Meeting, AR 3:00 Skills Challenge Workout, SCott.	9:00 Power Walk, AR 10:00 Balloon Ball, AR 1:30 Music Yoga w/ Cheryl, AR 2:00 Yoga w/Cheryl of Stat, SCott.	8:30 Power Walk, AR 9:30 Salon, SCott. 10:00 Arts & Crafts, AR 2:00 Coke Floats, AR	9:00 Power Walk, SC 9:30 Salon, SC 10:00 Current Events, SCott. 10:00 Shopping Day	9:00 Sip and Chat, SCott. 9:00 Power Walk, AR 10:00 National Coffee Day 1:30 Chess and Checker Games, AR
9:00 Devotional Words, SCott. 9:00 Power Walk 10:00 National Love People Day 1:00 Save Your Photos Day						