

September 2018

Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September cont'd 30 10:00 Coffee and chat 10:30 Busy Hands 1:00 Matinee/Art Fun 2:00 CE Puzzle Perfect 3:00 Lemonade Time 6:00 Aromatherapy	 3265 Blue Oaks Drive Auburn, CA 95602 530-887-8600	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Healthy Snacks & Hydration offered throughout each day!			9:30 Folding 10:15 Pet Therapy 1:00 LL Spa Time 2:30 Watercolors/Coloring 4:15 PE Rhythms & Motion 6:30 Trivia
9:30 AE Art Time 2 10:30 Busy Hands 1:00 Matinee/Art Fun 3:30 Sing-a-Long 6:00 Evening Stroll	10:30 CC Pet Therapy 3 11:00 CE Word Games 1:00 Puzzle Perfect 2:00 Busy Hands 4:15 Move and Groove 6:30 PE Ball Toss	9:30 CE Word Search 4 10:30 Busy Hands 11:15 Sit & be Fit 1:00 LL Baking [DR] 2:00 Recycle Club/Story Time 4:15 Move and Groove 6:00 Ring Toss	10:15 Artistic Moments 5 11:15 PE Exercise 12:00 Family Council 1:00 Word Games 3:30 Let's Sing	9:00 Coffee and Crosswords 6 10:15 SS Catholic Service 11:15 Tap your Toes 1:00 LL Baking 3:30 Sing-a-long 4:15 Sittercise 6:00 CE Trivia	9:00 Mind Joggers 7 10:15 Artistic Moments 11:15 Tap your Toes 1:30 Taste and Tell 2:30 CC Mike Entertains 4:00 Music Memories	9:30 Art fun 8 10:15 Pet Therapy 11:15 Let's Move 1:00 LL Spa Time 3:15 Busy Hands 4:15 Tap your toes 6:00 Ball Toss
9:30 Art fun 9 10:30 SS Mike & Friends 1:00 Matinee/Art Fun 3:00 Lemonade Time 4:15 Move and Groove 6:00 Short Stories	9:30 Folding 10 10:15 SS Bible Study/ Mona & Carol 10:30 CC Pet Therapy 1:00 Spa Time 3:30 Alvin Entertains 4:15 Stretch and Flex 6:00 Arm Chair Travels	9:00 Quotes 11 10:00 Karaoke with Diana 10:30 Art fun 1:00 LL Baking [DR] 2:00 Recycle Club/Story Time 6:30 PE Ball Toss	9:00 Folding 12 10:15 Artistic Moments 11:15 Finish The Phrase 1:00 CC Harp Music Therapy 4:15 Move and Groove 6:00 LL Movie Time	9:00 Puzzles 13 10:15 SS Catholic Service 11:30 Let's move it! 1:00 LL Baking 3:00 Ice Cream Sandwiches	9:00 Mind Joggers 14 10:15 Artistic Moments 11:15 Let's move it! 2:30 CC Mike Entertains 4:15 Move and Groove	10:15 Pet Therapy 15 11:15 Silver Sneakers 1:00 LL Folding 2:30 AE Watercolors 3:30 Rhythms & Motion 6:30 Reminisce
9:30 AE Art Time 16 10:00 Folding 11:00 Move and Groove 1:00 Matinee/Art Fun 3:00 LL Lemonade Time 4:00 Music Time	9:00 Reading Roundtable 17 10:30 Let's Create 10:30 CC Pet Therapy 1:00 Watercolors 3:00 Snacks and Chats 4:15 PE Move and Groove	9:00 Fun with Words 18 10:00 Tea Time 1:00 LL Baking [DR] 2:00 Recycle Club/Story Time 3:00 Scenic Drive 4:15 Tap your Toes 6:00 Hand Massages	9:00 CE Puzzle Perfect 19 9:30 Community Service Project 11:15 PE Flexible Stretch 2:00 CC Hawks Ranch Animal Therapy	9:00 Word games 20 10:15 SS Catholic Service 11:15 Sit & be Fit 1:00 LL Baking 4:30 Meet and Greet Meal 6:00 Tall Tales	9:00 Mind Joggers 21 10:15 Artistic Moments 11:15 Sit & be Fit 1:30 Taste and Tell 2:30 CC Mike Entertains 3:00 Puzzles	9:30 Craft Fun 22 10:15 Pet Therapy 1:00 LL Spa Time 2:30 Watercolors/Coloring 4:15 Sit and be Fit 6:30 CE Finish the Phrase
9:30 Art fun 23 10:00 Coffee time 10:30 LL Folding 11:15 Light and Lively 1:00 Matinee/Art Fun 6:00 Short Stories	9:00 Folding 24 10:30 CC Pet Therapy 11:15 Stretch and Flex 1:00 Craft Fun 2:00 LL Men's Club/Art 3:30 Music Time 6:00 Evening Stroll	9:00 Artistic Moments 25 10:00 Live entertainment with Linda 11:15 Silver Sneakers 1:00 LL Baking [DR] 2:00 Recycle Club/Story Time 3:00 Scenic Drive	9:00 Word Games 26 9:30 Community Service Project 1:00 CC Harp Music Therapy 3:00 LL Birthday Bash 4:15 Move and Groove 6:30 PE Ball Toss	9:00 CE On this Day 27 9:00 Puzzles 10:15 SS Catholic Service 1:00 LL Baking 3:30 Games 4:15 Simple Stretches	9:00 Mind Joggers 28 10:15 Artistic Moments 11:15 Fitness fun 1:00 CE Puzzle Perfect 2:30 CC Mike Entertains 6:00 Ring Toss	9:30 Art fun 29 10:15 Pet Therapy 11:15 Sit & be Fit 1:00 AE Crafty Corner 3:30 Music Time 4:00 Rhythm & Motion 6:30 LL Busy boxes

Continued at top