

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>September cont'd</p> <p>10:00 Let the Bible Speak</p> <p>10:30 Exercise Tape</p> <p>30</p>	 <p>1901 Division Street Marquette, MI 49855 (906) 225-4488</p>	<p>10:15 Morning Prayer & Praise</p> <p>10:00 Exercise w/Carole</p> <p>1:00 Tai Chi</p> <p>1:30 U.P. Health Systems</p> <p>6:30 Bingo</p>	<p>9:00 Foot Care w/ Kate's Place</p> <p>11:00 Trivia</p> <p>1:00 Exercise tape</p> <p>1:15 Shopko Outing</p> <p>1:30 Rosary w/Fae</p> <p>3:00 Wags & Wiggles- Pet Therapy</p> <p>3:30 Armchair Explorer</p>	<p>9:15 Morning Coffee and Conversation</p> <p>10:00 Exercise</p> <p>1:30 Resident Council</p> <p>3:30 L-C-R Game</p> <p>6:30 Games w/Kristy</p>	<p>10:15 Exercise Tape</p> <p>2:00 Bowling</p> <p>3:00 Games w/ Friends</p> <p>6:30 Bingo w/Steve</p>	<p>10:15 Exercise Tape</p> <p>2:00 Bowling</p> <p>3:00 Games w/ Friends</p> <p>6:30 Bingo w/Steve</p>
<p>10:00 Let the Bible Speak</p> <p>10:30 Exercise Tape</p> <p>2</p>	<p>Labor Day</p> <p>10:15 Sitter Yoga w/YMCA</p> <p>1:30 Catholic Mass</p> <p>6:30 Millionaire w/ Dave</p> <p>3</p>	<p>9:15 Morning Prayer & Praise</p> <p>10:00 Exercise w/Carole</p> <p>1:00 Tai Chi</p> <p>1:30 U.P. Health Systems</p> <p>6:30 Bingo</p> <p>4</p>	<p>9:00 Foot Care w/ Kate's Place</p> <p>11:00 Trivia</p> <p>1:00 Exercise tape</p> <p>1:15 Shopko Outing</p> <p>1:30 Rosary w/Fae</p> <p>3:00 Wags & Wiggles- Pet Therapy</p> <p>3:30 Armchair Explorer</p> <p>5</p>	<p>9:15 Morning Coffee and Conversation</p> <p>10:00 Exercise</p> <p>1:30 Resident Council</p> <p>3:30 L-C-R Game</p> <p>6:30 Games w/Kristy</p> <p>6</p>	<p>9:00 Manicures /classic TV</p> <p>10:15 Sittercise w/ YMCA</p> <p>1:00 Tai Chi w/Debi</p> <p>2:00 Happy Hour w/Dave Berry</p> <p>6:00 Brookridge Troubadours w/Stewart Bruce</p> <p>7:00 Movie Night w/Popcorn</p> <p>7</p>	<p>8:30 Walk to End Alzheimer's-Sign up to attend!</p> <p>10:15 Exercise Tape</p> <p>2:00 Bowling</p> <p>3:00 Games w/Friends</p> <p>6:30 Bingo w/Steve</p> <p>8</p>
<p>National Assisted Living Week</p> <p>10:00 Let the Bible Speak</p> <p>10:30 Exercise Tape</p> <p>3:30 Gospel Hour w/ Dale, Jerry & Bob</p> <p>9</p>	<p>1940's DAY</p> <p>10:15 Sitter Yoga w/YMCA</p> <p>1:30 Catholic Mass</p> <p>2:30 Musical Bingo</p> <p>4:00 Women's Bible Study</p> <p>4:30 Flambé at Dinner</p> <p>6:30 Millionaire w/Dave</p> <p>10</p>	<p>National Assisted Living Week</p> <p>6:45 Sunrise at Lower Harbor</p> <p>10:00 Exercise w/Carole</p> <p>1:00 Tai Chi w/Debi</p> <p>1:30 A Novel Idea (Reading Group)</p> <p>2:40 Fire Station Tour</p> <p>6:00 Legal and Financial Planning Presentation/Alzheimer's Association</p> <p>11</p>	<p>1950's DAY</p> <p>10:00 Green Thumbs up Garden Club</p> <p>11:00 Trivia</p> <p>11:30 Lunch at Donkers</p> <p>1:00 Exercise tape</p> <p>1:30 Rosary w/Fae</p> <p>2:00 Celebration of Life-U.P. Home Health & Hospice</p> <p>3:00 Wags & Wiggles- Pet Therapy</p> <p>3:30 Armchair Explorer</p> <p>6:30 Bingo</p> <p>12</p>	<p>National assisted Living Week</p> <p>9:15 Morning Coffee and Conversation</p> <p>10:00 Exercise</p> <p>3:00 Book Club w/ Lynn Brown</p> <p>6:45 Sunset at Presque Isle</p> <p>13</p>	<p>1970's DAY</p> <p>9:00 Manicures /classic TV</p> <p>10:15 Sittercise w/ YMCA</p> <p>11:30 Beach Party /Clark Lambros Park/Lunch</p> <p>2:00 Happy Hour w/Jim Pederson</p> <p>6:00 Brookridge Troubadours w/ Stewart Bruce</p> <p>7:00 Movie Night w/Popcorn</p> <p>14</p>	<p>National Assisted Living Week</p> <p>9:30 Dog Show at the Fair Grounds</p> <p>10:15 Exercise Tape</p> <p>2:00 Bowling</p> <p>3:00 Games w/Friends</p> <p>6:30 Bingo w/Steve</p> <p>15</p>
<p>10:00 Let the Bible Speak</p> <p>10:30 Exercise Tape</p> <p>2:30 Worship. Service w/Jim Larson</p> <p>16</p>	<p>3:30 Birding Basics w/Scot Stewart</p> <p>10:15 Sitter Yoga w/ YMCA</p> <p>1:30 Catholic Mass</p> <p>2:30 Musical Bingo</p> <p>3:30 Birding Basics W/Scot Stewart</p> <p>4:00 Women's Bible Study</p> <p>6:30 Millionaire w/Dave</p> <p>17</p>	<p>9:15 Morning Prayer & Praise</p> <p>9:30 U.P. Health and Hospice- Blood Pressure and Diabetic checks</p> <p>10:00 Exercise w/Carole</p> <p>1:00 Tai Chi w/Debi</p> <p>3:00 Art w/Lynn Brown</p> <p>6:30 Bingo</p> <p>18</p>	<p>11:00 Trivia</p> <p>1:00 Exercise tape</p> <p>1:30 Rosary w/Fae</p> <p>2:00 Coffee Clutch</p> <p>3:00 Wags & Wiggles- Pet Therapy</p> <p>3:30 Armchair Explorer</p> <p>19</p>	<p>9:15 Morning Coffee and Conversation</p> <p>10:00 Exercise</p> <p>2:00 Hangman Game</p> <p>6:30 Games w/Kristy</p> <p>20</p>	<p>9:00 Manicures /classic TV</p> <p>10:15 Sittercise w/ YMCA</p> <p>1:00 Tai Chi w/Debi</p> <p>2:00 Happy Hour w/Sunshine Girls</p> <p>6:00 Brookridge Troubadours w/Stewart Bruce</p> <p>7:00 Movie Night w/Popcorn</p> <p>21</p>	<p>10:15 Exercise Tape</p> <p>2:00 Bowling</p> <p>3:00 Games w/ Friends</p> <p>6:30 Bingo w/Steve</p> <p>22</p>
<p>10:00 Let the Bible Speak</p> <p>10:30 Exercise Tape</p> <p>23</p>	<p>10:15 Sitter Yoga w/YMCA</p> <p>1:30 Catholic Mass</p> <p>2:30 Musical Bingo</p> <p>4:00 Women's Bible Study</p> <p>6:30 Millionaire w/Dave</p> <p>24</p>	<p>9:15 Morning Prayer & Praise</p> <p>10:00 Exercise w/ Carole</p> <p>1:00 Tai Chi w/Debi</p> <p>1:30 A Novel Idea (Reading Group)</p> <p>3:30 Worship w/Marquette Hope United Methodist</p> <p>6:30 Bingo</p> <p>25</p>	<p>11:00 Trivia</p> <p>1:00 Exercise tape</p> <p>1:30 Rosary w/Fae</p> <p>2:00 Cooking w/Adam</p> <p>3:00 Wags & Wiggles- Pet Therapy</p> <p>3:30 Armchair Explorer</p> <p>26</p>	<p>9:15 Morning Coffee and Conversation</p> <p>10:00 Exercise</p> <p>3:30 Art Expression</p> <p>6:30 Games w/Kristy</p> <p>27</p>	<p>9:00 Manicures /classic TV</p> <p>10:15 Sittercise w/ YMCA</p> <p>1:00 Tai Chi w/Debi</p> <p>2:00 Happy Hour w/Don Ohman</p> <p>6:00 Brookridge Troubadours w/Stewart Bruce</p> <p>7:00 Movie Night w/Popcorn</p> <p>28</p>	<p>10:15 Exercise Tape</p> <p>1:00 Crafts w/ Libby-Girl Scout Activity</p> <p>2:30 Bowling</p> <p>3:30 Games w/Friends</p> <p>6:30 Bingo w/Steve</p> <p>29</p>