

Sunday

Monday

Tuesday

Wednesday








Thursday

Friday

Saturday



1180 Ben Franklin Hwy  
Douglassville, PA 19518  
610-385-5000

-  Artistic Expression
-  Community Connections
-  Continuing Education
-  Lifestyle & Leisure
-  Outing
-  Physical Engagement
-  Spiritual Support







**Location Keys**


2nd Floor Kitchen	2FK
3rd Floor Bridge Area	3FBA
3rd Floor Game Room	3FGR
3rd Floor West Rear	3FWR
Atrium	A
Back Patio	BP
Bottle Bar	BB
Community Room	CR
Dining Room	DR
Living Room	LR
Living Room, Atrium	LR/ A
Personal Care	PC
Private Dining Room	PDR
Theater	T









- 12:45  Rummikub [3FGR] **1**
- 2:30  Quarter/ Dime Bingo [2FK]
- 3:30  Shuttle to St. Gabe's Catholic Church
- 5:45  Entertainment by "Divine Connection" [LR/ A]


- 9:00  **Worship Service w/ the Moses Family [T]** **2**
- 1:00  **Sunday Service w/ Fr. David from St. Gabe's [CR]**
- 2:30  **Sing-A-Long w/Ally [LR]**
- 6:00  **Movie Night-"Secretariat" Starring Diane Lane [T]**







- 8:30  **Labor Day Coffee & Trivia [BB]** **3**
- 9:30  **Corn Husking [BP]**
- 10:00  **Outside Games [BP]**
- 12:45  **Pinochle [3FGR]**
- 1:30  **Special Bingo [2FK]**
- 3:00  **Beer & Wine**
- 6:00  **Games [3FGR]**






- 10:30  **A Visit from Fabio the Miniature Therapy Pony! [A]** **4**
- 12:30  **Errand Express-Walmart**
- 1:00  **Fitness Fun [CR]**
- 2:00  **Dining Services Meeting [PDR]**
- 3:00  **Movie Outing -Movie TBA**
- 6:30  **Visit with "Woof!" The Therapy Dog [A]**





- TODAY IS NATIONAL CHEESE PIZZA DAY!** **5**
- 10:00  **Outing to Good & Plenty Restaurant for Lunch & Amish Buggy Ride**
- 10:30  **Alzheimer Support Group [PC]**
- 10:30  **Sit & Be FIT [CR]**
- 12:45  **Canasta [3FGR]**
- 1:00  **Mini Spin class [CR]**
- 1:00  **Wii Bowling [3FBA]**
- 2:30  **Quarter/ Dime Bingo [2FK]**
- 5:45  **Mix & Mingle w/other Keystone Communities at Fleetwood**
- 6:00  **Pool**







- TODAY IS NATIONAL READ A BOOK DAY!** **6**
- 10:15  **Seated Volleyball [CR]**
- 10:30  **B/P Check [PDR]**
- 12:30  **"Just Us Gals" [T]**
- 12:45  **Poker [3FWR]**
- 1:15  **Town Hall [DR]**
- 2:30  **Art Class w/Tammy [CR]**
- 3:30  **Happy Hour w/Bill Minnich [A]**
- 6:00  **Deal or No Deal w/ Tori [T]**

- 9:00  **Errand Express-Douglassville Loop** **7**
- 10:00  **Well Being Work Out [3FBA]**
- 12:45  **Poker [3FWR]**
- 1:00  **Bake Shop for Pottstown Community Table**
- 2:30  **Mini Spin Class [CR]**
- 4:00  **Catholic Communion Service [T]**
- 6:00  **Friday Flick- Series "Anne with an E" [T]**

- 12:15  **Bake Shop for the Pottstown Community Table** **8**
- 12:30  **Bible Study "What Would God Say..." w/ Deb & Neil C. [PDR]**
- 12:45  **Rummikub [3FGR]**
- 2:30  **Quarter/ Dime Bingo [2FK]**
- 3:30  **Shuttle to St. Gabe's Catholic Church**
- 6:00  **Movie Night-"A Star is Born" Starring Barbara Streisand [T]**

- Grandparents Day HAPPY BIRTHDAY TO JERE B.!** **9**
- 9:00  **Worship Service w/ the Moses Family [T]**
- 12:15  **Outing on The Colebrookdale Train - Kiwanis Club 95th Anniversary**
- 1:00  **Sunday Service w/ Fr. David from St. Gabe's [CR]**
- 2:00  **Celebrate Grandparents Day w/ Ice Cream Sundaes! All Welcome [BB]**
- 6:00  **Movie Night-"The Music of Silence" Starring Toby Sebastian [T]**







- 9:00  **Errand Express-Redner's** **10**
- 10:00  **Leave for Volunteering at Pottstown Community Table**
- 12:45  **Pinochle [3FGR]**
- 1:00  **"Sassy Stitcher's"Featuring Shirley Mauger giving Knitting/Crochet Lessons [LR]**
- 2:00  **"When Life Gives You Lemons" Presentation by Chestnut Knoll at Home [CR]**
- 3:30  **Beer & Wine w/ Tom on Piano**
- 6:00  **Coloring & Conversation w/ Tori [2FK]**
- 6:00  **Games [3FGR]**

- 9:30  **Grief Support Group w/ Don Eisenhower [PDR]** **11**
- 10:30  **Fitness Fun [CR]**
- 12:30  **Afternoon Chair Travel "Discovering Hawaii" [T]**
- 1:00  **Senior Circle Bridge [3FGR]**
- 2:00  **Seated Yoga w/ Vicky [CR]**
- 4:00  **Dinner Outing to Schmeck's Villa**

- TODAY IS NATIONAL CHOCOLATE MILKSHAKE DAY!!** **12**
- 9:00  **Mini Manicures W/Deb [2FK]**
- 10:30  **Sit & Be FIT Back Patio - weather permitting [BP]**
- 11:00  **Chocolate Milkshakes at lunch today!**
- 12:45  **Canasta [3FGR]**
- 1:00  **Wii Bowling [3FBA]**
- 1:30  **Blue Mountain Strings Performance [CR]**
- 2:30  **Quarter/ Dime Bingo [2FK]**
- 6:00  **Pool**

- TODAY IS NATIONAL POSITIVE THINKING DAY!** **13**
- 9:00  **Outing to Dollar Tree**
- 10:15  **Broom Hockey [CR]**
- 10:30  **B/P Check [PDR]**
- 12:30  **"Just Us Gals" [T]**
- 12:45  **Poker [3FWR]**
- 1:00  **"Cooking w/ Friends" [2FK]**
- 1:00  **Hearing & Eye Screening by Zern's Hearing & Optical [CR]**
- 3:30  **Happy Hour w/Double Duo**
- 6:00  **Shuffleboard**

- TODAY IS NATIONAL CREME FILLED DONUT DAY!** **14**
- 9:00  **Errand Express-Douglassville Loop**
- 10:00  **Well Being Work Out [3FBA]**
- 12:15  **Lunch outing to Say Cheese & Reading Planetarium to see Oasis in Space**
- 12:45  **Poker [3FWR]**
- 2:00  **Mini Spin class**
- 6:00  **Friday Flick- Series "Anne with an E" [T]**

- TODAY IS NATIONAL LINGUINE DAY!** **15**
- 9:00  **Coffee & Conversation [BB]**
- 10:00 **Today is Med collection Day -please Drop off between 10-12 to Front Desk**
- 12:45  **Rummikub [3FGR]**
- 1:00  **"Bake Shop" for Birdsboro Community Meal [2FK]**
- 2:30  **Quarter/ Dime Bingo [2FK]**
- 3:30  **Shuttle to St. Gabe's Catholic Church**
- 6:00  **Movie Night-"The Philadelphia Story" Starring Carey Grant [T]**

# September 2018

## Independent Living Lifestyle & Leisure

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 † <b>Worship Service w/ the Moses Family [T]</b> <b>16</b></p> <p>12:00 † <b>Shankel UCC Communion Service [CR]</b></p> <p>1:00 † <b>Sunday Service w/ Fr. David from St. Gabe's [CR]</b></p> <p>3:30 ♀ <b>Entertainment by the Zimmerman Family [A]</b></p> <p>6:00 ♀ <b>Movie Night-"Cat on a Hot Tin Roof" Starring Elizabeth Taylor [T]</b></p>	<p>9:00 ★ <b>Errand Express-Giant/Target</b> <b>17</b></p> <p>10:00 ↔ <b>Well Being Work Out [CR]</b></p> <p>12:45 ♀ <b>Pinochle [3FGR]</b></p> <p>1:00 ♀ <b>"Sassy Stitcher's"Featuring Shirley Mauger giving Knitting/Crochet Lessons [LR]</b></p> <p>2:30 ♀ <b>Bingo [2FK]</b></p> <p>3:30 ♀ <b>Beer &amp; Wine w/ Tom on Piano</b></p> <p>6:00 ♀ <b>Games [3FGR]</b></p>	<p><b>TODAY IS NATIONAL RICE CRISPY TREAT DAY!</b> <b>18</b></p> <p>10:00 ★ <b>Outing to September Farms &amp; Morgantown Market</b></p> <p>10:30 ↔ <b>Fitness Fun [CR]</b></p> <p>1:00 ♀ <b>Afternoon Movie-"Heidi" Starring Annuk Steffan [T]</b></p> <p>2:00 ♀ <b>"Craft Corner" w/Tori [2FK]</b></p> <p>4:45 ★ <b>Bingo Night at The Center at Spring Street</b></p>	<p>8:30 ♀ <b>Breakfast with the Managers [BP]</b> <b>19</b></p> <p>9:00 ↔ <b>Yoga [CR]</b></p> <p>10:15 ↔ <b>Zumba gold w/ Linda [CR]</b></p> <p>12:45 ♀ <b>Canasta [3FGR]</b></p> <p>1:00 † <b>Interfaith Service [CR]</b></p> <p>1:00 ↔ <b>Wii Bowling [3FBA]</b></p> <p>2:30 ♀ <b>Quarter/ Dime Bingo [2FK]</b></p> <p>6:00 ↔ <b>Pool</b></p>	<p><b>HAPPY BIRTHDAY FRAN B. &amp; PEG B.!</b> <b>20</b></p> <p>10:15 ↔ <b>Seated Volleyball [CR]</b></p> <p>10:30 ↔ <b>B/P Check [PDR]</b></p> <p>12:30 ♀ <b>"Just Us Gals" [T]</b></p> <p>12:45 ♀ <b>Poker [3FWR]</b></p> <p>1:30 🎒 <b>Heart Healthy Meeting [DR]</b></p> <p>3:30 ♀ <b>Happy Hour w/Double Duo</b></p> <p>6:00 ♀ <b>Coloring &amp; Conversation w/Tori [2FK]</b></p>	<p>9:00 ★ <b>Errand Express-Douglassville Loop</b> <b>21</b></p> <p>10:00 ↔ <b>Well Being Work Out [3FBA]</b></p> <p>12:45 ♀ <b>Poker [3FWR]</b></p> <p>1:00 🎒 <b>Alpaca Felting Demonstration by Cindy Moore [CR]</b></p> <p>2:30 ↔ <b>Mini Spin Class [CR]</b></p> <p>4:00 † <b>Catholic Communion Service [T]</b></p> <p>6:00 ♀ <b>Friday Flick- Series "Anne with an E" [T]</b></p>	<p>9:00 ♀ <b>"Bake Shop" for Birdsboro Community Meal [2FK]</b> <b>22</b></p> <p>12:45 ♀ <b>Rummikub [3FGR]</b></p> <p>2:30 ♀ <b>Quarter/ Dime Bingo [2FK]</b></p> <p>3:30 ★ <b>Shuttle to St. Gabe's Catholic Church</b></p> <p>5:45 ♀ <b>Entertainment w/ Deb &amp; Neil C. of Divine Connection [A]</b></p>
<p><b>TODAY IS NATIONAL PLAY CHECKERS DAY!</b> <b>23</b></p> <p>9:00 † <b>Worship Service w/ the Moses Family [T]</b></p> <p>1:00 † <b>Sunday Service w/ Fr. David from St. Gabe's [CR]</b></p> <p>3:00 🎒 <b>Games [3FGR]</b></p> <p>6:00 ♀ <b>Movie Night-"The Guernsey" Starring Lily James [T]</b></p>	<p>9:00 ★ <b>Errand Express-Redner's</b> <b>24</b></p> <p>9:15 <b>Wyomissing Optometric - Eyeglass Check/Repairs [BB]</b></p> <p>10:00 ↔ <b>Well Being Work Out [CR]</b></p> <p>11:00 ★ <b>Outing to The Center at Spring Street for Lunch &amp; Entertainment</b></p> <p>12:45 ♀ <b>Pinochle [3FGR]</b></p> <p>1:00 ♀ <b>"Sassy Stitcher's"Featuring Shirley Mauger giving Knitting/Crochet Lessons [LR]</b></p> <p>2:30 ♀ <b>Bingo [2FK]</b></p> <p>3:30 ♀ <b>Beer &amp; Wine w/ Tom on Piano</b></p> <p>7:00 ♀ <b>Entertainment by Joe Mixon Caribbean Rhythms [DR]</b></p>	<p><b>HAPPY BIRTHDAY TO CARL E.!</b> <b>25</b></p> <p>10:30 ↔ <b>Fitness Fun [CR]</b></p> <p>1:00 🎒 <b>Senior Circle Bridge [3FGR]</b></p> <p>2:00 ↔ <b>Seated Yoga w/ Vicky [CR]</b></p> <p>2:00 ↔ <b>Shuffleboard</b></p> <p>4:15 ★ <b>Leave for Volunteering at Birdsboro Community Table</b></p>	<p><b>HAPPY BIRTHDAY MARGE H. &amp; "GRIFF"!</b> <b>26</b></p> <p><b>TODAY IS NATIONAL PANCAKE DAY!</b></p> <p>8:30 ★ <b>Brooks Cafe for Breakfast</b></p> <p>9:00 ♀ <b>Mini Manicures W/Deb [2FK]</b></p> <p>9:00 ↔ <b>Yoga [CR]</b></p> <p>10:30 ↔ <b>Sit &amp; Be FIT [CR]</b></p> <p>12:45 ♀ <b>Canasta [3FGR]</b></p> <p>1:00 ↔ <b>Wii Bowling [3FBA]</b></p> <p>1:30 ↔ <b>Plant Dr. w/ Sue &amp; Deb S.</b></p> <p>2:30 ♀ <b>Quarter/ Dime Bingo [2FK]</b></p> <p>6:00 ↔ <b>Pool</b></p>	<p><b>HAPPY BIRTHDAY BILL M.!</b> <b>27</b></p> <p>10:00 ★ <b>Outing to The Bird in Hand Theater to see "Magic &amp; Wonder - Dream"</b></p> <p>10:15 ↔ <b>Broom Hockey [CR]</b></p> <p>10:30 ↔ <b>B/P Check [PDR]</b></p> <p>12:30 ♀ <b>"Just Us Gals" [T]</b></p> <p>12:45 ♀ <b>Poker [3FWR]</b></p> <p>1:00 🎒 <b>"Cooking w/ Friends" [2FK]</b></p> <p>1:30 🎒 <b>Sing A long W/ Tom &amp; Mary [LR]</b></p> <p>3:30 ♀ <b>Happy Hour w/Double Duo</b></p>	<p><b>TODAY IS NATIONAL BE A GOOD NEIGHBOR DAY!</b> <b>28</b></p> <p>9:00 ★ <b>Errand Express-Douglassville Loop</b></p> <p>10:00 ♀ <b>90'S Group [3FGR]</b></p> <p>10:00 ↔ <b>Well Being Work Out [3FBA]</b></p> <p>12:45 ♀ <b>Poker [3FWR]</b></p> <p>1:30 ♀ <b>September Birthday Party [BB]</b></p> <p>6:00 ♀ <b>Friday Flick- Series "Anne with an E" [T]</b></p>	<p>8:45 ★ <b>Outing to Craft Fair by Busy Fingers-Birdsboro/ Union Fire Dept.</b> <b>29</b></p> <p>12:30 † <b>Bible Study "What Does God Say...." w/ Deb &amp; Neil C. [PDR]</b></p> <p>12:45 ♀ <b>Rummikub [3FGR]</b></p> <p>2:30 ♀ <b>Quarter/ Dime Bingo [2FK]</b></p> <p>3:30 ★ <b>Shuttle to St. Gabe's Catholic Church</b></p> <p>6:00 ♀ <b>Movie Night- "The Stray" Starring Michael Cassidy [T]</b></p>
<p><b>HAPPY BIRTHDAY JANET T.!</b> <b>30</b></p> <p>8:30 🎒 <b>Employee Appreciation Breakfast [DR]</b></p> <p>9:00 † <b>Worship Service w/ the Moses Family [T]</b></p> <p>1:00 † <b>Sunday Service w/ Fr. David from St. Gabe's [CR]</b></p> <p>3:00 🎒 <b>Games [3FGR]</b></p> <p>6:30 ♀ <b>Entertainment w/ John Consenti [A]</b></p>						