


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>September cont'd 30</p> <p>9:30 LL Walk About The Neighborhood 10:00 PE Light N Lively 10:30 PE Spare Me 11:00 CE Gameboard 1:30 PE Move To The Music 2:30 CE Treasure Trivia 3:00 LL Five In A Row 4:00 CE A-Z Words</p>	<p> Brentwood at St. Pete Assisted Living & Memory Care</p> <p>6280 Central Avenue St. Petersburg, FL 33707 (727) 536-9900</p>		<p>AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</p>	<p>Healthy Snacks & Hydration offered throughout each day!</p>		<p>9:30 LL What's New In The Community 10:00 PE Move & Groove 11:00 CE What's Your Word 1:30 SS Mindfulness Saturdays 2:30 AE Colorama 3:00 LL Bingo 4:00 CE Cranium Crunches</p>
<p>2</p> <p>9:30 LL Walk About The Neighborhood 10:00 PE Light N Lively 10:30 PE Spare Me 11:00 CE Gameboard 1:30 PE Move To The Music 2:30 CE Treasure Trivia 3:00 LL Five In A Row 4:00 CE A-Z Words</p>	<p>Labor Day 3</p> <p>9:30 CC What's New In The Community 10:00 PE Brentwood Strikers Bowling 11:00 CE Words Of The Wise 1:30 PE FUNctional Fitness 2:30 AE Sing A Long 3:00 LL Bingo 4:00 CE This and That</p>	<p>4</p> <p>9:30 LL Welcome The Day 10:00 PE Gentle Yoga 11:00 CE Mind Joggers 1:30 LL Mentoring Moments - "Maliblues Duo" 2:30 LL A La Carte 3:00 CE Travelogue - Toronto, Canada 4:00 PE Before Dinner Stretch</p>	<p>5</p> <p>9:30 PE Stretch and Flex 10:00 PE Tournament Hour 11:00 CE Name 5 1:30 PE Fun In Motion 2:30 CE Science For Seniors 3:00 LL Afternoon Spa 4:00 CE Bulletin Board Trivia</p>	<p>National Waffle Day 6</p> <p>9:30 SS Morning Inspirations 10:00 PE Spare Me 11:00 CE This Was The Year... 1:30 PE Move N Groove 2:30 CE Famous Faces 3:00 LL Afternoon Tea & Waffles 4:00 LL Would You Rather?</p>	<p>7</p> <p>9:30 LL Good Morning Brentwood 10:00 SS Church Services 11:00 PE Chair Dance 1:30 PE Noodleball 2:30 CE Musical Notes - Artie Shaw 3:00 LL Happy Hour 4:00 CE July In History</p>	<p>8</p> <p>9:30 LL What's New In The Community 10:00 PE Move & Groove 11:00 CE What's Your Word 1:30 SS Mindfulness Saturdays 2:00 PE Zumba Gold w/ Becky 3:00 LL Bingo 4:00 CE Cranium Crunches</p>
<p>9</p> <p>9:30 LL Walk About The Neighborhood 10:00 PE Light N Lively 10:30 PE Spare Me 11:00 CE Gameboard 1:30 PE Move To The Music 2:30 CE Treasure Trivia 3:00 LL Five In A Row 4:00 CE A-Z Words</p>	<p>Rosh Hashanah 10</p> <p>9:30 CC What's New In The Community 10:00 PE Brentwood Strikers Bowling 11:00 CE What Are The Jewish High Holy Days 1:30 PE FUNctional Fitness 2:30 AE Sing A Long 3:00 LL Bingo 4:00 CE This and That</p>	<p>11</p> <p>9:30 LL Welcome The Day 10:00 PE Gentle Yoga 11:00 CE Mind Joggers 1:30 LL Mentoring Moments 2:30 LL A La Carte 3:00 CE Travelogue - Kentucky 4:00 PE Before Dinner Stretch</p>	<p>International Chocolate Day 12</p> <p>9:30 PE Stretch and Flex 10:00 PE Tournament Hour 11:00 CE Hollywood Glamour Portrait 1:30 PE Fun In Motion 2:30 AE Creative Expression 3:00 LL Chocolate Tasting 4:00 CE Bulletin Board Trivia</p>	<p>13</p> <p>9:30 SS Morning Inspirations 10:30 LL Music with "DJ Diamond Jim" 1:30 PE Move N Groove 2:30 CE Famous Faces 3:00 LL Afternoon Tea 4:00 CE Last Letter</p>	<p>14</p> <p>9:30 LL Good Morning Brentwood 10:00 SS Church Services 11:00 PE Chair Dance 1:30 PE Noodleball 1:30 CC Out & About 2:30 CE Musical Notes - Genesis 3:00 LL Happy Hour 4:00 LL Words From Words</p>	<p>15</p> <p>9:30 LL What's New In The Community 10:00 PE Move & Groove 11:00 CE What's Your Word 1:30 SS Mindfulness Saturdays 2:30 AE Colorama 3:00 LL Bingo 4:00 CE Cranium Crunches</p>
<p>16</p> <p>9:30 LL Walk About The Neighborhood 10:00 PE Light N Lively 10:30 PE Spare Me 11:00 CE Gameboard 1:30 PE Move To The Music 2:30 CE Treasure Trivia 3:00 LL Five In A Row 4:00 CE A-Z Words</p>	<p>17</p> <p>9:30 CC What's New In The Community 10:00 PE Brentwood Strikers Bowling 11:00 CE Words Of The Wise 1:30 PE FUNctional Fitness 2:30 AE Sing A Long 3:00 LL Bingo 4:00 CE This and That</p>	<p>18</p> <p>9:30 LL Welcome The Day 10:00 PE Gentle Yoga 11:00 CE Mind Joggers 1:30 LL Mentoring Moments - Ice Cream Social 2:30 LL A La Carte 3:00 CE Travelogue - Monterey, California 4:00 PE Before Dinner Stretch</p>	<p>Yom Kippur 19</p> <p>9:30 PE Stretch and Flex 10:00 PE Tournament Hour 11:00 CE Brain Quest 1:30 PE Fun In Motion 2:30 AE Creative Expression 3:00 LL Afternoon Spa 3:30 CC Tunes with Tara/Monthly Birthday Celebration</p>	<p>20</p> <p>9:30 SS Morning Inspirations 10:00 PE Spare Me 11:00 CE This Was The Year... 1:30 PE Move N Groove 2:30 CC Helping Hands Project 3:00 LL Afternoon Tea 4:00 CE Last Letter</p>	<p>World Alzheimer's Day 21</p> <p>9:30 LL Good Morning Brentwood 10:00 SS Church Services 11:00 PE Chair Dance 1:30 PE Noodleball 2:30 CE Musical Notes - Monterey Jazz Fest 3:00 LL Happy Hour 4:00 LL Words From Words</p>	<p>First Day of Autumn 22</p> <p>9:30 LL What's New In The Community 10:00 PE Move & Groove 11:00 CE What's Your Word 1:30 SS Mindfulness Saturdays 2:00 PE Zumba Gold w/ Becky 3:00 LL Bingo 4:00 CE Autumn Around America 4:00 CE Cranium Crunches</p>
<p>23</p> <p>9:30 LL Walk About The Neighborhood 10:00 PE Light N Lively 10:30 PE Spare Me 11:00 CE Gameboard 1:30 PE Move To The Music 2:30 CE Treasure Trivia 3:00 LL Five In A Row 4:00 CE A-Z Words</p>	<p>24</p> <p>9:30 CC What's New In The Community 10:00 PE Brentwood Strikers Bowling 11:00 CE Bulletin Board Trivia 1:30 PE FUNctional Fitness 2:00 LL "Golden Oldies With Les" 3:00 LL Bingo 4:00 CE This and That</p>	<p>Ocktoberfest 25</p> <p>9:30 LL Welcome The Day 10:00 PE Gentle Yoga 11:00 CE Mind Joggers 1:30 LL Mentoring Moments - "Maliblues Duo" 2:30 LL A La Carte 3:00 CE Travelogue - Germany 4:00 PE Before Dinner Stretch</p>	<p>26</p> <p>9:30 PE Stretch and Flex 10:00 PE Tournament Hour 11:00 CE Gameboard 1:30 PE Fun In Motion 2:30 AE Creative Cooking 3:00 LL Afternoon Spa 4:00 CE Bulletin Board Trivia</p>	<p>27</p> <p>9:30 SS Morning Inspirations 10:30 LL Music with "DJ Diamond Jim" 11:00 CE This Was The Year... 1:30 PE Move N Groove 2:30 CC Taste and Tell with Chef 3:30 CE Gameboard 4:00 CE Last Letter</p>	<p>Hug a Vegan Day 28</p> <p>9:30 LL Good Morning Brentwood 10:00 SS Church Services 11:00 PE Chair Dance 1:30 PE Noodleball 1:30 CC Out & About 2:30 CE Musical Notes - Olivia Newton-John 3:00 LL Happy Hour 4:00 LL Words From Words</p>	<p>29</p> <p>9:30 LL What's New In The Community 10:00 PE Move & Groove 11:00 CE What's Your Word 1:30 SS Mindfulness Saturdays 2:30 AE Colorama 3:00 LL Bingo 4:00 CE Cranium Crunches</p>