

Hilltop Commons Phone Numbers**Office: (530) 272-5274****Kitchen: (530) 272-2854**

Maintenance: (530) 272-5274

Activities: (530) 272-5274

Fax: (530) 272-5275

Laundry Room Hours:

Daily: 7:00am-9:00pm

Please remove all items from washers
and dryers by 9:00pm**Van Schedule**

Van leaves at 10:00 am

Tuesday: Brunswick area

Wednesday: Medical appointments

Thursday: Pine Creek area

Beauty Salon Hours:

Wednesday/Thursday/Friday

By appointment only

Please call (530) 271-5958

Important Phone Numbers

Gold Country Lift: 271- 7433 (271-RIDE)

Post Office: 273-3429

The Union: 273-9565

Comcast Cable: 1-800-266-2278

AT&T: 1-800-750-2355

Sacramento Bee: 1-800-284-3233

Grass Valley Police**477-4600 (non-emergency)****September Birthdays**

Mary Martinez.....9/12

Ed Hayden.....9/13

Joy Miller.....9/15

Bev James.....9/17

Leo Licari.....9/17

Jayne Brown.....9/18

Helen Kelley.....9/26

Annette Aurrecoechea.....9/30

September Anniversaries

Patty Skeahan 2 years

Mary Drake 2 years +

Kay Huse 3 years

Leo & Barbara Licari 4 years

Welcome New Residents

Mimie Dudek

Peggy Boss



September Newsletter

Hilltop Commons 131 Eureka St. Grass Valley CA 95945 (530) 272-5274 www.raystoneseniors.com

**From the Desk of Terri Howell
Community Administrator****Yes, Virginia**

On September 21, 1897, the *New York Sun* newspaper published an editorial called "Is There a Santa Claus?" It was during that year that eight-year-old Virginia O'Hanlon asked her father if Santa Claus existed. He suggested that she write her question to the local paper. Francis Pharcellus Church, one of the newspaper's editors, had no idea that his reply to Virginia's query would be one of the most reprinted editorials in the world.

Church was a war correspondent during the Civil War. His experiences had made him cynical and an atheist. He had not wanted to write the editorial and refused to have his name attached to the reply. But he did write it, and rather than give a straight and simple answer, he wrote philosophically about the existence of fairytale-like figures and how they should give us all faith and joy in the profound innocence of childhood, and, as Church put it, in the existence of "love and generosity and devotion." When he wrote, "Yes, Virginia, there is a Santa Claus," he was arguing that, despite all he had seen during wartime, humanity was still decent and good.

Wishing you all a September filled with love, generosity and devotion.

**Celebrating September**

Thursday, Sept. 6th
Happy Hour & Music
Cowboy Curt

Sunday, Sept. 9th
Grandparents Day

Tuesday, Sept. 11th
Speaker Paul Matson
Miners Foundry

Thursday, Sept. 20th
Happy Hour & Music
Chris Crockett

Friday, Sept. 21st
Outing to Old Sacramento
Lunch on the Delta

Every Sunday
Ice Cream Social



Marketing Minutes By Sue Hudson Marketing Director

September is a time to say bye-bye to our HOT smoky summer and welcome the cooler weather of fall!

Autumn begins September 22nd and I am so looking forward to it! Leaves begin to change, the wildlife is busy preparing for winter, and Hilltop is gearing up for some good times! Entertainment, educational programs and our daily & weekly exercise programs.

Yes, it's going to be a fun fall here at Hilltop Commons, please invite your family and friends to join in! Remember to let the kitchen know as soon as possible if you will have guests at a meal.

We continue to be a full house with 30 folks on the wait list...amazing isn't it! I've been busy attending community events and senior seminars proudly promoting Hilltop Commons and our wonderful residents!

I thank you all for your smiling faces and positive attitudes when I bring tours through. I am so grateful for your patience, kindness and friendliness when I introduce you as we walk through the building.

I know you've heard me say this before ...Hilltop residents are the BEST IN THE WORLD!!!

Have a happy autumn everyone!

Your proud Marketing Director,
Sue

Letter from the Editor Traci Gelgood Associate Marketing Director

Happy Fall, everyone! It's my favorite time of the year because I love the cooler weather and the changing colors everywhere. I look forward to seeing you again on our walking path!

Reminder: It's a good idea to review your emergency card information in case there are any changes to your medications or contact phone numbers that need to be updated. Just come in to the office and we can assist you with it!

Stay happy, healthy, and safe!
Traci



Activity Corner By Sabrina Busher Activity Director

"The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart"

We have once again a busy month. Starting on September 4th, Chet will be here to play his accordion. On September 11th, Paul Matson will be here to give us a little history on "The Miners Foundry" in Nevada City. We are also going on the bus to the Donner Museum for a tour and going to lunch in Truckee. Lunch in Old Sacramento on the river will be fun.

Don't miss out on the great exercise classes we have here at Hilltop! Spinning, Yoga, Qigong, a balance class & our everyday exercise class. I also added this month a massage outing to Crystal Massage. They are wonderful. You can get just a foot massage, or a shoulders massage, or full body massage.

Also, if you enjoy games, we have Mexican Train, Skip-bo, Scrabble, Cribbage, Pinochle, Bridge, and lots more.

Thank you all for coming to the scones & mimosas meeting. I feel it is very important that we all share our ideas & likes and dislikes.

BE THE REASON SOMEONE SMILES TODAY



Culinary Corner

Hello September!! This month Labor Day is on Monday September 3rd and we will be celebrating with a BBQ from 10:30 to 12:30 in the dining room. We will be serving BBQ Chicken, BBQ Pork Ribs, Baked Beans, Corn on the Cob, Macaroni Salad & Watermelon. This should be a lot of fun, and I know how much all of you enjoyed our last BBQ. This is a special event, so all guests will be \$12.00 and complimentary meal tickets will NOT be accepted. ***Please make reservations in advance if you are planning to have guests enjoy this BBQ brunch with you.***

I just want to let all of you know how much the kitchen staff and myself appreciate you. We love to see you every day with smiles on your beautiful faces. Hearing your jokes and stories really brighten up our days. So thanks for being you!

Sincerely,
Chef Jammie Barquilla

Kitchen #272-8254

Dining Room Hours

**Brunch 10:30am – 12:30pm
Dinner 4:30pm – 5:45pm**

[Do you know your Library?](#)

Residents have contributed many books, and other donations also add to our collections. Paperbacks and small books are color coded by type; mysteries, spy novels, war stories, historical accounts, romance, large print, special authors, and non-fiction. Some very popular authors have their own spaces, and large books are on the bottom shelves.

But, that's not all! We have many puzzles and other games, a TV, computer, and printer. We also have a reader for those with vision problems.

All of this is to share. You can take things to your apartment (well, not the equipment!) or join those who are already there in the library. Come and enjoy!

Bev / Library Volunteer



Resident Testimonial Joan Elmore



What is your favorite thing about Hilltop Commons?

I enjoy all the great activities that are provided here at Hilltop.

What was the #1 reason that made you choose Hilltop Commons?

I love having my own apartment, and I also feel very secure at Hilltop.

What is your favorite activity at your community?

I enjoy the exercise classes. Also, Grass Valley has beautiful walking trails that we get to enjoy.

What advice would you offer someone looking to move to Hilltop?

The security is very important, I also enjoy the trees that surround Hilltop. I really feel at home here.

