



Assisted Living

SUN	MON	TUE	WED	THU	FRI	SAT
CH-Chapel CS-Coffee Shop CY-Court Yard D-Dining Room L-Library LE-Life Enrichment PD-Private Dining Room TH-Theatre TR-Tea Room W-Wellness Room FP-Fire Place	Resident Birthdays 1 Phyllis Remington 8 Robert Scroggins 11 Mary Howard 14 Connie Bartel 25 Charlotte Carper 25 Wilma Brooks 30 Norman Gardner 30 Pat Bergsten	Staff Birthdays 9 Mckenna Murphy 21 Mayra Pimentel 24 Leslie Mason 25 Morgan Foreman Anniversary 5th Jim and Donna J	Please look for special themed days during the 2nd week of September. We are celebrating National Assisted Living Week. Please feel free to dress up accordingly! This years theme is "Capture the Moment"	* Please dress up in your Sunday best on September 11th. We will be taking profes- sional photos of you. You will receive a copy for yourself!		1 10:00 Flavored Coffee in the Coffee Shop 11:15 Exercise Class with Gabby-CS 12:00 Lunch in the Dining Room 1:15 Bingo in the Coffee Shop 2:15 Keep It Sharp Trivia-CS 6:30 Fireside Chat on 1st Floor
9:30 Sunday Morning Church Service with First Christian Church 10:30 Cookie Social 10:30 Wake Em' Up Trivia Game-CS 11:15 "15 Minute Cardio Exercise"-CS 1:15 Piggy Bank Bingo in the Coffee Shop 2:30 Card Games-L	3 Happy Labor Day!!! 9:00 Catholic Communion in the Chapel 9:15 Self Lead Exercise Class in the Wellness Room 9:45 Walking Club-WR 10:00 Cookie Social in the Coffee Shop 2:00 Ice Cream Treats in the Coffee Shop 3:00 Card Game-L	9:15 Tuesday's Strength Training-CS 9:45 Walking Club-2nd 10:00 Cookie Social 10:00 Nail Care-FP 11:00 Snapshots Programming 2:00 Bingo in the Dining Room 3:15 Town Hall-CS 6:30 Frozen Treats with Charice-CS	5 9:15 Tummy Tucks-WR 9:45 Walking Club 10:00 Coffee Social-CS 10:30 Chapel Service with Pastor Blodgett 10:45 Lunch at Village Inn 2:00 Custom Hearing Program with Root Beer Floats-CS 3:00 Staff Showcase with Jenny Summa	6 9:15 Core Strength Class-WR 9:45 Walking Club on 2nd Floor 10:30 Snapshots 1:00 Catholic Rosary in the Chapel 2:00 Name 5 Trivia Game in the Coffee Shop 3:15 "The Chew" in the Coffee Shop	7 9:15 Exercise Class-Self lead-WR 9:45 Walking Club 9:30 Shopping at Walmart 10:00 First Friday Catholic Communion 2:00 Choose Your Own Ingredients- Yogurt Parfaits!!!-CS 3:00 Ladder Ball Competition-CS	8 10:00 Flavored Coffee in the Coffee Shop 11:15 Exercise Class with Jane-CS 12:00 Lunch in the Dining Room 1:15 Bingo in the Coffee Shop 2:00 Card Games-CS 6:30 Fireside Chat on 1st Floor
9:30 Sunday Morning Church Service with First Christian Church 2:00 Capture the Vacation Moments- Bring Photos Please 11:15 "15 Minute Cardio Exercise"-CS 1:15 Piggy Bank Bingo-Coffee Shop 2:15 Crossword Puzzles-CS	Sports Theme Day 9:00 Catholic Communion in the Chapel 9:00 Start Golf Cart Rides-Come to The Front Door for a Ride!! 10:00 Baked Goodies 2:00 Music of Joe Taylor in the Coffee Shop 3:00 Sweet Wine and Cheese Plates-CS	Glamour Dress Up Day 9:15 Exercise-WR 10:00-11:30 Get Ready for Photo Session-CS Photography Session with Taylor in the Coffee Shop *1st Floor 1:00-2:15 2nd Floor 2:15-3:30 6:30 Treats with Charice-CS	Bring Your Pets Day 9:15 Tummy Tucks-WR 10:00 Coffee Social-CS 10:30 Chapel Service with Pastor Blodgett 12:15 Lunch at Long Horn Steakhouse 2:00 Scatter Joy Acres Animal Visits-CS 2:30 Staff Share their Animals and Bring Your Pet Photos-CS	Western Dress Up Day 9:15 Exercise Class-WR 9:30 Banking Hour-L 9:45 Walking Club 10:00 Cookie Social-CS 10:00 Snapshots 1:00 Catholic Rosary 2:00 Picture Craft- Painting with Sink Strainers in the Coffee Shop-Come and See!!!	Support ALZ Day 9:30 Shopping at Metro Area Crossing Stores 9:30 Walking Club 10:00 Cookie Social 10:30 Catholic Mass 2:00 Grand Finale Music with Billy Troy and Ice Cream Social in the Coffee Shop	15 10:00 Flavored Coffee in the Coffee Shop 11:15 Exercise Class with Jane-CS 12:00 Lunch in the Dining Room 1:15 Bingo in the Coffee Shop 2:15 Capture the Family Moments-Brin Family Photos-CS 3:00 Word Search
9:30 Sunday Morning Church Service with First Christian Church 10:30 Reminisce About Going to School Years Ago-CS 11:15 "15 Minute Cardio Exercise"-CS 1:15 Piggy Bank Bingo-CS 2:15 Trivia-CS	9:00 Catholic Communion in the Chapel 9:15 Exercise Class 9:45 Walking Club-WR 10:00 Nail Care-FP 2:00 Balloon Volley-ball in the Coffee Shop 3:00 Happy Hour "Fun on the Beach"-CS 6:00 Music of Steve McCraken-CS	9:15 Exercise-WR 9:45 Walking Club-2nd 10:00 Cookie Social 10:00 Bowling-Hallway 11:00 Snapshots-CS 11:30 Picnic in the Courtyard-Optional- Please RSVP 2:00 Bingo-CS 6:30 Frozen Treats with Charice-CS	Library Delivery Day!!! 9:15 Exercise Class 9:45 Walking Club-2nd 10:00 Coffee Social-CS 10:30 Chapel Service with Pastor Blodgett 1:45 Country Drive Bingo-Please RSVP for this Trip!!! 2:00 Music Bingo in the Coffee Shop	9:00 Custom Hearing Solutions-TH 9:15 Exercise Class-WR 9:45 Walking Club 10:00 Cookie Social-CS 10:00 Snapshots 1:00 Catholic Rosary 1:00 to 3:30 Bon Worth Boutique in the Coffee Shop-Come buy some Clothes!!!	9:15 Exercise Class-Self lead-WR 9:30 Walmart Trip 10:00 Coffee Social 2:00 Over View of Western Historic Trail Center 3:00 Walk Two Laps Around the Outside with Jane 6:30 Movie Night in	10:00 Flavored Coffee in the Coffee Shop 11:15 Exercise Class with Jane-CS 12:00 Lunch in the Dining Room 1:15 Bingo in the Coffee Shop 2:30 CS 6:30 Relaxing in the Courtyard
23 9:30 Sunday Morning Church Service with First Christian Church 10:30 Cookie Social 10:30 Get Moving with Whack Em' Sticks Exercise Class-CS 11:15 "15 Minute Cardio Exercise"-CS 1:15 Bingo in the Coffee Shop 2:15 Popcorn Social	9:00 Catholic Communion-CH 9:15 Exercise Class in the Wellness Room 10:00 Nail Care-FP 10:00 Cookie and Coffee Social-CS 2:00 Bingo in the Coffee Shop 3:00 Happy Hour- Screwdrivers and Salty Snacks-CS	9:15 Tuesday's Strength Training-WR 9:45 Walking Club-2nd 10:00 Cookie Social in the Coffee Shop 11:15 Snapshots-CS 2:00 Music of Johnny Ray Gomez-CS 3:00 Chrysanthemum Trivia-CS 6:30 Frozen Treats with Charice-CS	9:15 Tummy Tucks-WR 9:45 Walking Club-2nd 10:00 Coffee Social-CS 10:30 Chapel Service with Pastor Blodgett 10:30 Go Out to Lunch at The Lodge in Nebraska City 2:00 Card Games in the Coffee Shop 3:00 Adult Coloring Pages in the Coffee	9:15 Exercise Class-WR 9:45 Walking Club 10:00 Cookie Social in the Coffee Shop 10:00 Snapshots 1:00 Catholic Rosary in the Chapel 2:00 Toilet Paper Pumpkin Craft in the Coffee Shop 6:30 Evening Stroll in Courtyard	28 9:15 Exercise Class- Self lead-WR 9:30 Shopping at Metro Area Crossing 10:00 Coffee Social 1:30 Afternoon Country Drive to See the Farm Fields- Please RSVP 2:00 Card Games-CS 6:30 Movie Night in the Theater	10:00 Flavored Coffee in the Coffee Shop 11:15 Exercise Class with Jane-CS 12:00 Lunch in the Dining Room 1:15 Bingo in the Coffee Shop 2:30 Crossword Puzzles-CS 6:30 Relaxing in the Courtyard

