September 2018

HERITAGE HILLS
A Pacifica Senior Living Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key: MC-Memory Care TH-Therapy House #3243 TRP Trip/Outing WS-Woodshop LIB-Library DR-Dogwood Dining Room BAR-Bar Area of DR CH-Clubhouse KH-Craft House	**Weekend Cafeteria** **Saturdays:** **Transportation: 10:45** **TO GO Orders : 1:30** **Sundays:** **Transportation: 11:45** **TO GO Orders: 1:30**					**1** 11:00-12:00 Mimosa Hour (DR) 11-1:30 Brunch DR 3:00 Movie: TBA (CH)
2 12:00-1:30 Lunch DR	**3** 	**4** 10:00 Sew n' So (CH) 3:00 Happy Hour (CH)	**5** 8:30 Exercise Video (CH) 9:30 Shopping and Errands TRP 9:30 Billiards (CH) 1:30 Bridge/Scrabble (CH) 6:15 BYO Fun & Games (CH)	**6** **9:00—4:00 Doctor Appts.** **(Call office for transportation)** 9:30 Coffee Social (CH) 10:00 Computer Club (CH) 12:00 Chair Yoga/Light Stretching with Denise (CH) 1:00 Mahjong (CH) **6:30 Music: Paul Indelicato**	**7** 8:30 Exercise (CH) 9:30 HH Singers Rehearsal (CH) 9:30 Billiards (CH) 1:00 Hand & Foot (CH)	**8** 11:00-1:30 Brunch (DR) 3:00 Movie: TBA (CH) **5:30 Wine & Cheese**
9 12:00-1:30 Lunch (DR)	**10** 8:30 Exercise (CH) 9:30 New Residents Coffee (CH) **10:00 HH Resident Association Meeting (CH)** 12:00 Yoga Class with Aimee(CH) 1:00 Hearts Game (CH) **1:00 Food Committee Meeting (CH)**	**11** 10:00 Sew n' So (CH) 2:00 Book Club (CH) 6:15 Bingo with Judie Wood (CH)	**12** 8:30 Exercise Video (CH) 9:30 Shopping and Errands TRP 9:30 Billiards (CH) 1:30 Bridge/Scrabble (CH) **3:00 Calendar Planning Meeting (CH)** 6:15 BYO Fun & Games (CH)	**13** **9:00—4:00 Doctor Appts.** **(Call office for transportation)** 9:30 Coffee Social (CH) 10:00 Computer Club (CH) 12:00 Chair Yoga/Light Stretching with Denise (CH) 1:00 Mahjong (CH)	**14** 8:30 Exercise (CH) 9:30 HH Singers Rehearsal (CH) 9:30 Billiards (CH) 1:00 Hand & Foot (CH)	**15** 11:00-1:30 Brunch (DR) 3:00 Movie: TBA (CH)
16 12:00-1:30 Lunch (DR)	**17** 8:30 Exercise (CH) 9:30 Billiards (CH) 10:00 Bible Study (CH) 11:00 Gospel Hymn Sing (MC) 12:00 Yoga Class with Aimee(CH) 1:00 Hearts Game (CH)	**18** 10:00 Sew n' So (CH) **11:00 Saluda Railway Museum/ Dinner at The Purple Onion**	**19** 8:30 Exercise Video (CH) 9:30 Shopping and Errands TRP 9:30 Billiards (CH) 1:30 Bridge/Scrabble (CH) **3:30 Amy @ Brookdale Healthy Living Presentation (CH)** **(Fun, Food and Giveaways!)** 6:15 BYO Fun & Games (CH)	**20** **9:00—4:00 Doctor Appts.** **(Call office for transportation)** 9:30 Coffee Social (CH) 10:00 Computer Club (CH) 12:00 Chair Yoga/Light Stretching with Denise (CH) 1:00 Mahjong (CH) **6:30 Music: Entertainment TBA**	**21** 8:30 Exercise (CH) 9:30 HH Singers Rehearsal (CH) 9:30 Billiards (CH) 1:00 Hand & Foot (CH)	**22** 9:30 HH Singers Rehearsal (CH) 11:00-1:30 Brunch (DR) **5:30 POT LUCK (CH)**
23 12:00-1:30 Lunch (DR) **2:30Songs and Sounds (CH)** **30** 12:00-1:30 Lunch (DR)	**24** 8:30 Exercise (CH) 9:30 Billiards (CH) 10:00 Bible Study (CH) 11:00 Gospel Hymn Sing (MC) 12:00 Yoga Class with Aimee(CH) 1:00 Hearts Game (CH)	**25** 10:00 Sew n' So **1:30 Hearing Aid Cleaning (CH)** **3:30 Welcome Committee** (CH) 6:15 Bingo with Judie Wood (CH)	**26** 8:30 Exercise Video (CH) 9:30 Shopping and Errands TRP 9:30 Billiards (CH) 1:30 Bridge/Scrabble (CH) 6:15 BYO Fun & Games (CH)	**27** **9:00—4:00 Doctor Appts.** **(Call office for transportation)** 9:30 Coffee Social (CH) 10:00 Computer Club (CH) 12:00 Chair Yoga/Light Stretching with Denise (CH) 1:00 Mahjong (CH)	**28** 8:30 Exercise (CH) 9:30 HH Singers Rehearsal (CH) 9:30 Billiards (CH) 1:00 Hand & Foot (CH) 5:00 Birthday Party 	**29** 11:00-1:30 Brunch (DR) 3:00 Movie: (CH)