

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Activities are Subject to Change		Location Key FR– Family Room DR– Dining Room DD– Dogwood Dining Room BT–Bus Trip O–Outside H–Hallway C–Court yard				1 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Relaxing Music Hour FR 2:00 Saturday Matinee FR 5:00 Dining Setup DR
2 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Bible Story Telling 3:00 Noodle Ball FR 4: 00 Worship Music FR 6:45 Speak Life Comm. Church FR	3 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Hymn Singing FR 2:30 Labor Day Snack Bingo DR Happy Labor Day Nail Spa Time– All Day	4 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 2:00 Painting DR 3:00 King w/ Guitar FR 4:00 King w/ Pound Fit H 6:30 Worship Service w/ Duane	5 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Hand Massage FR 2:00 Snacktivity DR 3:30 Walking Club H 7:00 Classical Music H	6 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Piano w/ Johanna FR 2:00 Baking Bread DR 3:00 Lemonade Social C 7:00 Wheel of Fortune FR	7 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Picnic at Mills River Park BT 2:30 Bingo DR 3:30 Movie & Popcorn DR 7:00 Chicken Soup For the Soul FR	8 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 2:00 Saturday Matinee FR 4:00 Relaxing Music Hour FR 5:00 Dining Setup DR
9 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Word Game FR 3:00 Balloon Toss 4:00 Sunday Matinee FR 6:30 Gaither Video FR	10 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Hymn Singing FR 2:30 Bingo DR 3:00 Scenic Drive BT Nail Spa Time– All Day	11 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 2:00 Remembrance 911 FR 3:00 King w/ Guitar FR 4:00 King w/ Pound Fit H 6:30 Worship Service w/ Duane	12 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Spelling Bee FR 2:00 Snacktivity DR 3:00 Chocolate Milkshakes C 7:00 Music from 30s to 50s H Nat'l Chocolate Milkshake Day !	13 10:00 King w/Guitar FR 10:30 Daily Snack Social FR 11:00 Piano w/Johanna FR 2:00 Apple Crossword FR 3:00 Women's Group O 7:00 Wheel of Fortune FR	14 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Mountain State Fair BT 2:30 Music Therapy FR 3:30 Movie & Popcorn FR 7:00 Chicken Soup For the Soul FR	15 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 2:00 Saturday Matinee FR 4:00 Relaxing Music Hour FR 5:00 Dining Setup DR
16 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Hymn Sing-A-Long FR 3:00 Brain Game FR 4:00 Reminisce FR 6:30 Gaither Video FR	17 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Hymn Singing FR 2:30 Bingo DR 3:30 Relaxing Music H Nail Spa Time– All Day	18 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Saluda Railway Museum and Lunch at the Purple onion BT 3:00 King w/ Guitar FR 4:00 King w/ Pound Fit H 6:30 Worship Service w/ Duane	19 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Sing– A-Long FR 2:00 Snacktivity DR 3:30 Walking Club H 7:00 Jazz Music	20 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Piano w/ Johanna FR 2:00 Happy Hour DR 2:30 Color by Number FR 7:00 Wheel of Fortune FR	21 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Resident Council Meeting FR 2:30 Monthly Birthday Party DR 3:30 Movie & Popcorn FR 7:00 Chicken Soup for the Soul	22 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 2:00 Saturday Matinee FR 4:00 Relaxing Music Hour FR 5:00 Dining Setup DR
23/30 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Table Ball FR 3:00 Worship Music FR 4:00 Sunday Matinee FR 6:30 Gaither Video FR	24 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Hymn Singing FR 2:30 Bingo DR 3:00 Scenic Drive BT Nail Spa Time– All Day	25 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Salvation Army FR 2:00 Fall Arts & Crafts FR 3:00 King w/ Guitar FR 4:00 King w/ Pound Fit H 6:30 Worship Service w/ Duane	26 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Nature Picture w/Glenda FR 2:00 Snacktivity DR 3:30 Walking Club H 7:00 Classical Music H	27 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Piano W/ Johanna FR 2:00 Memory Game FR 3:00 Puzzles FR 7:00 Wheel of Fortune FR	28 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Music Therapy 2:30 Luau Party DR 3:30 Men's Group C 7:00 Movie & Popcorn FR	29 10:00 Morning Exercise FR 10:30 Daily Snack Social FR 11:00 Relaxing Music Hour FR 2:00 Saturday Matinee FR 5:00 Dining Set Up DR