

Weekly Menu

Oceanview



	Sun 09-02-2018	Mon 09-03-2018	Tue 09-04-2018	Wed 09-05-2018	Thu 09-06-2018	Fri 09-07-2018	Sat 09-08-2018
B R K	Hot Cereal <i>or</i> Quick Cinnamon Roll 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Scrambled Egg/Bacon Hash Browns Pears 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> French Toast Sausage Link Applesauce/Topping 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Sausage Country Gravy/Biscuits 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Baked Hash Browns/Bacon Mandarin Oranges 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Garden Veggie Frittata Peaches 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Pancakes Sausage Patty Fruit Cocktail 100% Juice Whole Grain Toast
L U N	Homemade Bean Bacon Soup Creamy Herbed Pork Chops <i>or</i> Roast Beef au Jus Rice/Gravy Mixed Vegetables Baked Roll Pecan Pie	Tomato Soup Country Fried Steak/Gravy <i>or</i> Turkey Roast/Zesty Rub Fresh Mashed Potatoes Chef's Steamed Vegetable Baked Roll Chocolate Sour Cream Cake	Creamy Vegetable Soup Baked Drumsticks <i>or</i> Kielbasa/Peppers Baked Beans Grilled Zucchini Baked Roll Apple Cobbler	Hamburger Soup Glazed Baked Ham <i>or</i> Baked Cod Fillet Delicious Rice Lemon Pepper Green Beans Baked Roll Key Lime Pie	Soup Du Jour Lemon Oregano Turkey <i>or</i> Salisbury Steak/Gravy Roasted Red Potatoes Mixed Vegetables Baked Roll Chocolate Lush	Homemade Clam Chowder Garlic Parmesan Chicken <i>or</i> Baked Tilapia/Dill Sauce Herb Roasted Red Potatoes Capri Blend Baked Roll Fruit Crisp	Lentil Soup Herb Seasoned Pork <i>or</i> Homestyle BBQ Glazed Meatballs Parmesan Pasta Honey Glazed Carrots Baked Roll Buttermilk Spice Cake
D I N	Homemade Bean Bacon Soup Cornflake Chicken <i>or</i> Apricot Brown Sugar Ham Braised Carrots and Celery Baked Fried Potatoes Fruit Marshmallow Dessert	Tomato Soup Crab Salad Croissant <i>or</i> Bacon Wrapped Pork Tenderloin Peas Mint Chocolate Chip Ice Cream	Creamy Vegetable Soup Turkey Summer Pasta Salad <i>or</i> Beef Fried Rice Broccoli Spring Egg Roll Soft Ginger Cookies	Hamburger Soup Pulled Pork Sandwich <i>or</i> BBQ Meatloaf Creamy Coleslaw Chips Soft Oatmeal Cookies	Soup Du Jour Ham Tetrizzini <i>or</i> Classic Spaghetti Meat Sauce Chef's Steamed Vegetable Garlic Breadsticks Blonde Brownies	Homemade Clam Chowder Taco Salad <i>or</i> Chili Taco Salad Veggies Tortilla Chips/Salsa Sugar Drop Cookie	Lentil Soup German Sausage and Kraut <i>or</i> Baked Beef Brisket Green Beans Baked Roll Orange Glazed Bars

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	Week 2						

Dietitian's Signature: *Diane Jagan, RDN*
6-18-2018