

August 2018

Assisted Living Lifestyle & Leisure



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1871 East 3300 South
Salt Lake City, UT 84106
801-485-0123

- AE** Artistic Expression
- CC** Community Connections
- CE** Continuing Education
- LL** Lifestyle & Leisure
- PE** Physical Engagement
- SS** Spiritual Support

<p>8:00 Breakfast</p> <p>9:00 SS Tabernacle Choir</p> <p>10:00 SS LDS Sacrament Meeting</p> <p>11:00 SS Wilford Ward Singers</p> <p>12:00 Lunch</p> <p>1:30 LL Bingo</p> <p>3:00 LL Activity Packet</p> <p>5:00 Dinner</p> <p>6:30 LL Piano Music with Ivy</p>	<p>8:00 Breakfast</p> <p>10:00 CC Shopping at Walmart</p> <p>12:00 Lunch</p> <p>1:30 PE Sit and Be Fit</p> <p>2:00 LL Bingo</p> <p>3:00 LL Manicures</p> <p>4:00 LL Hand Massages</p> <p>5:00 Dinner</p> <p>6:30 LL Classic Movie Night</p>	<p>8:00 Breakfast</p> <p>10:15 SS Catholic Communion</p> <p>11:00 LL Remembering the Good Old Days</p> <p>12:00 Lunch</p> <p>1:30 AE Flower Arranging</p> <p>2:30 SS Chicken Soup for the Soul</p> <p>3:30 CC Mind Benders Trivia</p> <p>5:00 Dinner</p> <p>6:30 LL Classical Pianist - Marianne Liu</p>	<p>8:00 Breakfast</p> <p>10:00 LL Guitar Music and Sing a Long with Judy</p> <p>10:00 CC Shopping at Harmons</p> <p>12:00 Lunch</p> <p>1:30 PE Moving and Grooving</p> <p>2:00 LL Bingo</p> <p>3:30 SS Laughter is the Best Medicine</p> <p>5:00 Dinner</p> <p>6:30 SS Priesthood and Relief Society Meeting</p>	<p>8:00 Breakfast</p> <p>10:00 LL Current Events</p> <p>11:00 LL Piano Music with Donna</p> <p>12:00 Lunch</p> <p>3:00 CE Music History and Piano with Dasha</p> <p>4:00 CE This Day in History</p> <p>5:00 Dinner</p>	<p>8:00 Breakfast</p> <p>10:00 CC Scenic Drive</p> <p>12:00 Lunch</p> <p>1:30 PE Sit and Be Fit</p> <p>2:00 LL Bingo</p> <p>3:00 LL Heart and Soul - New Fiddlers</p> <p>5:00 Dinner</p> <p>6:30 LL Movie and Popcorn</p>	<p>8:00 Breakfast</p> <p>10:00 LL Bingo</p> <p>11:00 LL Activity Packet</p> <p>12:00 Lunch</p> <p>3:00 LL Root Beer Float Social</p> <p>5:00 Dinner</p> <p>6:30 LL Movie and Popcorn</p>
<p>8:00 Breakfast</p> <p>9:00 SS Tabernacle Choir</p> <p>10:00 SS LDS Sacrament Meeting</p> <p>11:00 SS Wilford Ward Singers</p> <p>12:00 Lunch</p> <p>1:30 LL Bingo</p> <p>3:00 LL Activity Packet</p> <p>5:00 Dinner</p> <p>6:30 LL Piano Music with Ivy</p>	<p>8:00 Breakfast</p> <p>10:00 CC Shopping at Walmart</p> <p>12:00 Lunch</p> <p>1:30 PE Sit and Be Fit</p> <p>2:00 LL Bingo</p> <p>3:00 LL Manicures</p> <p>4:00 LL Hand Massages</p> <p>5:00 Dinner</p> <p>6:30 LL Classic Movie Night</p>	<p>8:00 Breakfast</p> <p>10:15 SS Catholic Communion</p> <p>11:00 LL Remembering the Good Old Days</p> <p>12:00 Lunch</p> <p>1:30 AE Flower Arranging</p> <p>2:30 SS Chicken Soup for the Soul</p> <p>3:30 CC Mind Benders Trivia</p> <p>5:00 Dinner</p> <p>6:30 LL Classical Pianist - Marianne Liu</p>	<p>8:00 Breakfast</p> <p>10:00 LL Guitar Music and Sing a Long with Judy</p> <p>10:00 CC Shopping at Smith's Marketplace</p> <p>11:45 CE Veterans Club - Box Lunches at Fort Douglas</p> <p>12:00 Lunch</p> <p>3:00 LL Bingo</p> <p>4:00 CE This Day in History</p> <p>5:00 Dinner</p> <p>6:30 SS Priesthood and Relief Society Meeting</p>	<p>8:00 Breakfast</p> <p>10:00 LL Current Events</p> <p>11:00 LL Piano Music with Donna</p> <p>12:00 Lunch</p> <p>1:30 CE Famous Faces</p> <p>2:30 CE You Be the Judge</p> <p>3:00 LL Singer and Guitarist Jen Bradshaw (Lobby)</p> <p>4:00 CE This Day in History</p> <p>5:00 Dinner</p> <p>6:30 CC Garden Party</p>	<p>8:00 Breakfast</p> <p>10:00 CC Scenic Drive</p> <p>12:00 Lunch</p> <p>1:30 PE Sit and Be Fit</p> <p>2:00 LL Bingo</p> <p>3:00 CE Travel Club - Germany</p> <p>4:00 CE This Day in History</p> <p>5:00 Dinner</p> <p>6:30 LL Movie and Popcorn</p>	<p>8:00 Breakfast</p> <p>11:00 LL Activity Packet</p> <p>12:00 Lunch</p> <p>3:00 LL Ice Cream Social</p> <p>5:00 Dinner</p> <p>6:30 LL Movie and Popcorn</p> <p>10:00 CE Famous Faces</p>
<p>8:00 Breakfast</p> <p>9:00 SS Tabernacle Choir</p> <p>10:00 SS LDS Sacrament Meeting</p> <p>11:00 SS Wilford Ward Singers</p> <p>12:00 Lunch</p> <p>1:30 LL Bingo</p> <p>3:00 LL Activity Packet</p> <p>5:00 Dinner</p> <p>6:30 LL Piano Music with Ivy</p>	<p>8:00 Breakfast</p> <p>10:00 CC Shopping at Walmart</p> <p>11:00 Podiatrist Visits</p> <p>12:00 Lunch</p> <p>1:30 PE Sit and Be Fit</p> <p>2:00 LL Bingo</p> <p>3:00 LL Manicures</p> <p>4:00 LL Hand Massages</p> <p>5:00 Dinner</p> <p>6:30 LL Classic Movie Night</p>	<p>8:00 Breakfast</p> <p>10:15 SS Catholic Communion</p> <p>11:00 LL Remembering the Good Old Days</p> <p>12:00 Lunch</p> <p>1:30 AE Craft Corner with Liz</p> <p>2:00 AE Flower Arranging</p> <p>3:00 LL Singer and Guitarist B.D. Howes</p> <p>5:00 Dinner</p>	<p>8:00 Breakfast</p> <p>10:00 LL Guitar Music and Sing a Long with Judy</p> <p>10:00 CC Shopping at the Dollar Store</p> <p>12:00 Lunch</p> <p>1:30 CE Trip to Clark Planetarium</p> <p>4:00 CE This Day in History</p> <p>5:00 Dinner</p> <p>6:30 SS Priesthood and Relief Society Meeting</p>	<p>8:00 Breakfast</p> <p>10:00 LL Current Events</p> <p>11:00 LL Piano Music with Donna</p> <p>12:00 Lunch</p> <p>1:30 LL Singer and Guitarist David Fairbanks (Lobby)</p> <p>2:45 CC Service Club - Goody Bags for Firefighters</p> <p>3:30 CC Tour of the Fire Station</p> <p>5:00 Dinner</p>	<p>8:00 Breakfast</p> <p>10:00 CC Scenic Drive</p> <p>12:00 Lunch</p> <p>1:30 PE Sit and Be Fit</p> <p>2:00 LL Bingo</p> <p>3:00 CE Wine and Cheese Social</p> <p>4:00 CE This Day in History</p> <p>5:00 Dinner</p> <p>6:30 LL Movie and Popcorn</p>	<p>8:00 Breakfast</p> <p>10:00 CE You Be the Judge</p> <p>11:00 LL Activity Packet</p> <p>12:00 Lunch</p> <p>3:00 LL Watermelon Social</p> <p>5:00 Dinner</p> <p>6:30 LL Movie and Popcorn</p>
<p>8:00 Breakfast</p> <p>9:00 SS Tabernacle Choir</p> <p>10:00 SS LDS Sacrament Meeting</p> <p>11:00 SS Wilford Ward Singers</p> <p>12:00 Lunch</p> <p>1:30 LL Bingo</p> <p>3:00 LL Activity Packet</p> <p>5:00 Dinner</p> <p>6:30 LL Piano Music with Ivy</p>	<p>8:00 Breakfast</p> <p>10:00 CC Shopping at Walmart</p> <p>12:00 Lunch</p> <p>1:30 PE Sit and Be Fit</p> <p>2:00 LL Bingo</p> <p>3:00 LL Manicures</p> <p>4:00 LL Hand Massages</p> <p>5:00 Dinner</p> <p>6:30 LL Classic Movie Night</p>	<p>8:00 Breakfast</p> <p>10:15 SS Catholic Communion</p> <p>11:00 LL Remembering the Good Old Days</p> <p>12:00 Lunch</p> <p>1:30 CC Ladies Club</p> <p>3:00 LL Singer and Pianist Bob Shorten</p> <p>4:00 CE This Day in History</p> <p>5:00 Dinner</p>	<p>8:00 Breakfast</p> <p>10:00 LL Guitar Music and Sing a Long with Judy</p> <p>10:00 CC Shopping at Macy's</p> <p>12:00 Lunch</p> <p>1:30 PE Moving and Grooving</p> <p>2:00 LL Bingo</p> <p>3:00 LL Singing Sensation Larry Turner</p> <p>5:00 Dinner</p> <p>6:30 SS Priesthood and Relief Society Meeting</p>	<p>Happy Birthday Rhea!</p> <p>8:00 Breakfast</p> <p>10:00 SS Mindfulness and Stress Release - Mount Olympus Center</p> <p>11:00 LL Piano Music with Donna</p> <p>12:00 Lunch</p> <p>1:30 AE Poetry Club</p> <p>2:15 CE You Be the Judge</p> <p>3:00 CE Chef's Corner with Josh</p> <p>4:00 CE This Day in History</p> <p>5:00 Dinner</p>	<p>8:00 Breakfast</p> <p>10:00 CC Scenic Drive</p> <p>12:00 Lunch</p> <p>1:30 PE Sit and Be Fit</p> <p>2:00 LL Bingo</p> <p>3:00 LL Singer and Pianist Scott Larabee</p> <p>4:00 CE This Day in History</p> <p>5:00 Dinner</p> <p>6:30 LL Movie and Popcorn</p>	<p>8:00 Breakfast</p> <p>10:00 LL Bingo</p> <p>11:00 LL Activity Packet</p> <p>12:00 Lunch</p> <p>3:00 LL Root Beer Float Social</p> <p>5:00 Dinner</p> <p>6:30 LL Movie and Popcorn</p>
<p>8:00 Breakfast</p> <p>9:00 SS Tabernacle Choir</p> <p>10:00 SS LDS Sacrament Meeting</p> <p>11:00 SS Wilford Ward Singers</p> <p>12:00 Lunch</p> <p>1:30 LL Bingo</p> <p>3:00 LL Activity Packet</p> <p>5:00 Dinner</p> <p>6:30 LL Piano Music with Ivy</p>	<p>8:00 Breakfast</p> <p>10:00 CC Shopping at Walmart</p> <p>12:00 Lunch</p> <p>1:30 PE Sit and Be Fit</p> <p>2:00 LL Bingo</p> <p>3:00 LL Manicures</p> <p>4:00 LL Hand Massages</p> <p>5:00 Dinner</p> <p>6:30 LL Classic Movie Night</p>	<p>8:00 Breakfast</p> <p>10:15 SS Catholic Communion</p> <p>11:00 LL Remembering the Good Old Days</p> <p>12:00 Lunch</p> <p>1:30 AE Flower Arranging</p> <p>2:30 AE Paint Class with Alexa</p> <p>4:00 CE This Day in History</p> <p>5:00 Dinner</p>	<p>8:00 Breakfast</p> <p>10:00 LL Guitar Music and Sing a Long with Judy</p> <p>10:00 CC Shopping at Shopko</p> <p>12:00 Lunch</p> <p>12:00 CC Lunch Bunch - Sizzler</p> <p>1:30 PE Moving and Grooving</p> <p>2:00 LL Bingo</p> <p>5:00 Dinner</p> <p>6:30 SS Priesthood and Relief Society Meeting</p>	<p>8:00 Breakfast</p> <p>10:00 LL Current Events</p> <p>11:00 LL Piano Music with Donna</p> <p>12:00 Lunch</p> <p>1:30 CC Resident Council</p> <p>3:00 CE Famous Faces Social</p> <p>4:00 CE This Day in History</p> <p>5:00 Dinner</p>	<p>8:00 Breakfast</p> <p>10:00 CC Scenic Drive</p> <p>11:15 CC Lunch and Learn - Vital Aging (Healthy Relationships) Mt Olympus Center</p> <p>12:00 Lunch</p> <p>2:30 LL Bingo</p> <p>3:30 CE This Day in History</p> <p>5:00 Dinner</p> <p>6:30 LL Movie and Popcorn</p>	<p>8:00 Breakfast</p> <p>10:00 LL Activity Packet</p> <p>12:00 Lunch</p> <p>3:00 LL Root Beer Float Social</p> <p>5:00 Dinner</p> <p>6:30 LL Movie and Popcorn</p>