

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2018

The Lodge at The Terraces Activity Calendar

<p>9:30 Communion (NLA) 1:00 Sunday Matinee Movie (TR) 3:00 Presbyterian Church (NLA) 6:30 Netflix Movie Night (TR)</p>	<p>10:00 Social Knitting (LIB) 11:00 Chef Chat (NLA) 11:00 Sit & Be Fit w/ Leasa (GX) 1:00 Wii Bowling Practice (GX) 1:00 Weekly Movie: The Music of Silence (TR) 1:30 Outing with INN at Chico Art Center & Coffee Stop (BUS) 3:00 Live Music House Cats (LOB) 6:30 Black Jack (Bistro) 6:30 Movie Selection</p>	<p>Medical Appointments 10:30 Fun & Fit w/ Lisa (GX) 11:00 Share Your Thoughts (SR) 1:30 South Shopping (BUS) 2:00 Shady Ladies Coloring (NLA) 3:00 Pam's Jewelry (LOB) 6:30 Pay-to-Play Bingo w/ Bob Wescoatt (SR) 6:30 Netflix Movie Night (TR)</p>	<p>Medical Appointments 10:00 Beginner Guitar Class (LOB) 10:00 Mindfulness with Dr. Steve (CR) 10:30 Pool Yoga with Mandy 11:00 Sit & Be Fit w/ Leasa (GX) 11-12 Blood Pressure Check (LIB) 2:30 DIY Craft w/ Christina & Gretchen (NLA) 3:30 Poker with Duane (CR) 6:30 Netflix Movie Night (TR)</p>	<p>Medical Appointments 10-2 Traveling Trunks (LOB) 10:30 Fun & Fit w/ Lisa (GX) 12-3 Bridge (SR) 1:30 North Shopping (BUS) 3:30 Happy Hour (SH) 6:30 Armchair Travels: Virunga (Netflix Documentary)</p>	<p>8-9 Valley Clinical Lab (WC) 9:15 Tai Chi w/David (GX) 10:30 Trivia with Duane and Christina (SH) 1:00 Friday Matinee (TR) 1:30 Line Dancing (GX) 3:00 Activity Planning (SR) 6:30 Bingo Night w/ Connie (SR) 6:30 Netflix Movie Night (TR)</p> <p>WEAR HAWAIIAN</p>	<p>1:00 Saturday Cinema (TR) 11:00 Lunch at the Rockhouse (BUS) 1:30 Beginner's Line Dance (CR) 2:00 Bean Bag Baseball (GX) 6:30 CANCELLED Saturday Night Poker (CR) 6:30 Netflix Movie Night (TR)</p>
<p>9:30 Communion (NLA) 1:00 Sunday Matinee Movie (TR) 3:00 Presbyterian Church (NLA) 6:30 Netflix Movie Night (TR)</p>	<p>10:00 Gospel Sing Along (LOB) 10:30 H2O Fitness Deanna (POOL) 11:00 Sit & Be Fit w/ Leasa (GX) 12:00 Outing with INN at Gold Country Casino (BUS) 1:00 Weekly Movie: Walt Before Mickey (TR) 1:00 Wii Bowling Practice (GX) 3:30 Travel Logs with Jack and Dixie- Antarctica Penguins (TR) 3:30 Pat's Jewlery (LOB) 6:30 Black Jack (Bistro) 6:30 Netflix Movie Night (TR)</p>	<p>Medical Appointments 10:30 CANCELLED Fun & Fit w/ Lisa (GX) 11:00 NEW: Canasta with Rose Clark (SH) 10:30 Exercise DVD (GX) 1:30 South Shopping (BUS) 2:00 Shady Ladies Coloring (NLA) 6:30 Pay-to-Play Bingo w/ Connie(SR) 6:30 Netflix Movie Night (TR)</p>	<p>Medical Appointments 10:30 Pool Yoga with Mandy(Pool) 11:00 Sit & Be Fit w/ Leasa (GX) 11-12 Blood Pressure Check (LIB) 1:00 Time with God (LR) 2:00 2by2 Ranch (LOB) 2:00 Snacks before Resident Chat (GX) 2:30 Resident Chat (GX) 6:30 Netflix Movie Night (TR)</p>	<p>Medical Appointments 10:30 Fun & Fit w/ Lisa (GX) 12-3 Bridge (SR) 1:30 North Shopping (BUS) 3:30 Happy Hour (SH) 6:30 Armchair Travels: Africa (Netflix Documentary)</p>	<p>8-9 Valley Clinical Lab (WC) 9:15 Tai Chi w/David (GX) 10:30 H2o Fitness Deanna (POOL) 11:00 Bus Leaves for Golden Grill Lunch at Lakeside Pavilion (\$4) 1:00 Friday Matinee (TR) 1:30 Line Dancing (GX) 3:00 Newcomer's Welcome (LOB) 6:30 Bingo Night w/ Myrna (SR) 6:30 Netflix Movie Night (TR)</p> <p>WEAR HAWAIIAN</p>	<p>1:00 Saturday Cinema (TR) 1:30 Beginner's Line Dance (CR) 2:00 Bean Bag Baseball Resident Run (GX) 6:30 Saturday Night Poker with Joe Clark (CR) 6:30 Netflix Movie Night (TR)</p>
<p>9:30 Communion (NLA) 1:00 Sunday Matinee Movie (TR) 2:00 Sing-Along with PY (LOB) 6:30 Netflix Movie Night (TR)</p> <p>** Wear your name tags all week**</p>	<p>10:00 Social Knitting (LIB) 10:00 Staying Mentally Sharp (SR) 10:30 H2O Fitness Deanna (Pool) 11:00 Sit & Be Fit w/ Leasa (GX) 11:30 Outing w/ INN Pelican Roost and Movie Theatre (BUS) 1:00 Wii Bowling Practice (GX) 1:00 Hyde Park on Hudson (TR) 2:00 Telling Your Story (NLA) 3:00 Vocal Aerobics (CR) 6:30 Black Jack (Bistro)</p>	<p>Medical Appointments 10:30 Fun & Fit w/ Lisa (GX) 11:30 Technology for Seniors (NLA) 1:30 South Shopping (BUS) 1:00 Cooking for Wellness (SR) 2:00 Shady Ladies Coloring (NLA) 3:30 Live Music with Robert Karch (LOB) 6:30 Pay-to-Play Bingo w/ Myrna (SR) 7:00 Movie Selection (TR) 6:30 Netflix Movie Night (TR)</p>	<p>Medical Appointments 10:00 Beginner Guitar Class (LOB) 10:30 Pool Yoga with Mandy(Pool) 11:00 Sit & Be Fit w/ Leasa (GX) 11:00-2:00 Buffet 1:30 Luau Dancers 2:00-4:00 Happy Hour and Live Music with Kim Vickers 4:00 Luau Dancers 11-12 Blood Pressure Check (LIB) 6:30 Netflix Movie Night</p> <p>LUAU!</p>	<p>Medical Appointments 10:30 Fun & Fit with Lisa (GX) 11-3 Bridge (SR) 12-3 Chico' Store (LOB) 1:30 North Shopping (BUS) 3:30 Happy Hour (SH) 5:00 Pizza Night! (\$5.00) (SH) 6:30 Armchair Travels: Colombia Wild Magic (Netflix Documentaries)</p>	<p>8-9 Valley Clinical Lab (WC) 9:15 Tai Chi w/David (GX) 10:00 Bartlett Hearing (LIB) 12:00 Outing to Rolling Hills (BUS) 1:00 Live Music with Lowell and Carol (LOB) 1:00 Friday Matinee (TR) 1:30 Line Dancing (GX) 6:30 Bingo Night w/ Bob W. (SR) 6:30 Netflix Movie Night (TR)</p> <p>WEAR HAWAIIAN</p>	<p>1:00 Saturday Cinema (TR) 1:30 Beginner's Line Dance (CR) 2:00 Bean Bag Baseball Resident Run (GX) 6:30 CANCELLED Saturday Night Poker (CR) 6:30 Netflix Movie Night (TR)</p>
<p>9:30 Communion (NLA) 1:00 Sunday Matinee Movie (TR) 2:00 Crafty Creations w/ Gretchen (NLA) 6:30 Netflix Movie Night (TR)</p>	<p>10:00 Gospel Sing Along (LOB) 10:00 Staying Mentally Sharp (SR) 10:30 H2O Fitness Deanna (Pool) 11:00 Sit & Be Fit w/ Leasa (GX) 11:30 Outing w/ INN Pelican Roost and Movie Theatre (BUS) 1:00 Wii Bowling Practice (GX) 1:00 Hyde Park on Hudson (TR) 2:00 Telling Your Story (NLA) 3:00 Vocal Aerobics (CR) 6:30 Black Jack (Bistro)</p>	<p>Medical Appointments 10:30 Fun & Fit w/ Lisa (GX) 11:30 Technology for Seniors (NLA) 1:30 South Shopping (BUS) 1:00 Cooking for Wellness (SR) 2:00 Shady Ladies Coloring (NLA) 3:30 Live Music with Robert Karch (LOB) 6:30 Pay-to-Play Bingo w/ Myrna (SR) 7:00 Movie Selection (TR) 6:30 Netflix Movie Night (TR)</p>	<p>Medical Appointments 10:00 Staying Mentally Sharp (SR) 10:30 Pool Yoga with Mandy(Pool) 11-12 Blood Pressure Check (LIB) 11:00 Sit & Be Fit w/ Leasa (GX) 12:00 Men's Luncheon (SH) 1:00 Time with God (LR) 2:00 Telling Your Story (NLA) 3:00 Vocal Aerobics (CR) 3:30 Poker with Duane (CR) 6:30 Netflix Movie Night (TR)</p>	<p>Medical Appointments 10:30 Fun & Fit w/ Lisa (GX) 11:30 Technology for Seniors (NLA) 12-3 Bridge (SR) 1:30 North Shopping (BUS) 3:30 Happy Hour (SH) 6:30 Armchair Travels: The Pyramid Code (Netflix Documentary)</p>	<p>8-9 Valley Clinical Lab (WC) 9:15 Tai Chi w/David (GX) 11:00 Wii Bowling at Sycamore Glenn (BUS) 11:00 Finding Your Inner Artist (NLA) 1:00 Friday Matinee (TR) 1:30 Line Dancing (GX) 6:30 Bingo Night w/ Connie (SR) 6:30 Netflix Movie Night (TR)</p>	<p>10:00 Scenic Drive to Table Mountain and Ice Cream at Foster Freeze (Bring \$) 1:00 Saturday Cinema (TR) 1:30 Beginner's Line Dance (CR) 2:00 Bean Bag Baseball (GX) 6:30 CANCELLED Saturday Night Poker (CR) 6:30 Netflix Movie Night (TR)</p>
<p>9:30 Communion (NLA) 1:00 Sunday Matinee Movie (TR) 2:00 Sing-Along with PY (LOB) 6:30 Netflix Movie Night (TR)</p>	<p>10:00 Gospel Sing Along (LOB) 10:00 Staying Mentally Sharp (SR) 11:00 Sit & Be Fit w/ Leasa (GX) 1:00 Wii Bowling Practice (GX) 1:00 Weekly Movie: Queen of Katwe 2:00 Telling Your Story (NLA) 3:00 Vocal Aerobics (CR) 3:30 Live Music w/ Tom (LOB) 6:30 Black Jack (Bistro) 6:30 Netflix Movie Night (TR)</p>	<p>Medical Appointments 10:30 Fun & Fit w/ Lisa (GX) 11:00 Get to Know Each Other (SR) 11:30 Technology for Seniors (NLA) 1:00 Cooking for Wellness (SR) 1:30 South Shopping (BUS) 2:00 Shady Ladies Coloring (NLA) 6:30 Pay-to-Play Bingo w/ Bob (SR) 6:30 Netflix Movie Night (TR)</p>	<p>Medical Appointments 10:00 Staying Mentally Sharp (SR) 10:00 Beginner Guitar Class (LOB) 10:30 Pool Yoga with Mandy(Pool) 11:00 Sit & Be Fit w/ Leasa (GX) 11-12 Blood Pressure Check (LIB) 1:30 Scenic Drive (BUS) 2:00 Telling Your Story (NLA) 3:00 Vocal Aerobics (CR) 3:30 Poker with Duane (CR) 4-6 Birthday Dinner Night 6:30 Netflix Movie Night (TR)</p>	<p>Medical Appointments 10:30 Fun & Fit w/ Lisa (GX) 11:30 Technology for Seniors (NLA) 12-3 Bridge (SR) 11:30-2:30 All Decked Out with Patricia- Vendor (LOB) 1:30 North Shopping (BUS) 3:30 Happy Hour (LOB) 6:30 Armchair Travels: The Wheelchair President Episode 1(Netflix Documentary)</p>	<p>8-9 Valley Clinical Lab (WC) 9:15 Tai Chi w/David (GX) 10:30 Trivia with Duane and Christina (SH) 10:30 H2o Fitness Deanna (POOL) 11:00 Finding Your Inner Artist (NLA) 1:00 Chinese Temple (BUS) 1:00 Friday Matinee (TR) 1:30 Line Dancing (GX) 6:30 Bingo Night w/ Andy (SR) 6:30 Netflix Movie Night (TR)</p>	