#### **Hilltop Commons Phone Numbers**

Office: (530) 272-5274 Kitchen: (530) 272-2854 Maintenance: (530) 272-5274 Activities: (530) 272-5274 Fax: (530) 272-5275

#### **Laundry Room Hours:**

Daily: 7:00am-9:00pm Please remove all items from washers and dryers by 9:00pm

#### Van Schedule

Van leaves at 10:00 am Tuesday: Brunswick area Wednesday: Medical appointments Thursday: Pine Creek area

#### **Beauty Salon Hours:**

Wednesday/Thursday/Friday By appointment only Please call (530) 271-5958

#### **Important Phone Numbers**

Gold Country Lift: 271- 7433 (271-RIDE)

Post Office: 273-3429 The Union: 273-9565

Comcast Cable: 1-800-266-2278

AT&T: 1-800-750-2355

Sacramento Bee: 1-800-284-3233

**Grass Valley Police** 

477-4600 (non-emergency)





#### **August Birthdays**

Betty Geach	8/8
Betty Hood	
Della Klinger	
Joe Neves	
Sheila Gray	8/13
Selma Gregg	
Joan Deiro	
Matt Herman	.8/27
Juanita Croker	8/30
Patricia Durrett	8/31

#### **August Anniversaries**

Merle Rasmus1 yearTerri Roman1 yearDorothy Barrick4 yearsDoris Moore4 yearsMary Martinez6 years

### **Welcome New Resident**

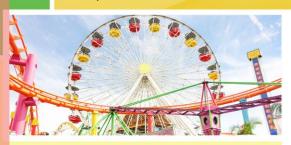
Janice Klein





# August Newsletter

Hilltop Commons 131 Eureka St. Grass Valley CA 95945 (530) 272-6089 www.raystoneseniors.com



### **Celebrating August**

Thursday, August 2<sup>nd</sup> *Happy Hour Music by Little Trouble* 

Tuesday, August 14<sup>th</sup> *Hawks Ranch Petting Zoo at Hilltop Commons* 

Thursday, August 16<sup>th</sup> *Happy Hour Music by Jack Scott's Big Band* 

Saturday, August 25<sup>th</sup> *Open House Hawaiian Luau* 

Every Sunday

Ice Cream Social

## From the Desk of Terri Howell Community Administrator

I've heard it said that August is like *the Sunday of summer*. You all know what I mean. Back to school commercials begin to appear on television and end of summer sales are everywhere. It's that realization that summer is winding down and all your chances at summer fun are disappearing fast, just like on Sunday evenings when you realize your weekend has come and gone. I believe, this August, we should all vow to embrace *the Sunday of summer* and enjoy every opportunity for fun. Are you with me?

The amazing news is that Hilltop Commons offers up summer fun and adventure throughout the entire month, so you better buckle up!

We'll be starting off the month with a trip to the Nevada County Fair on Friday, August 10<sup>th</sup>. It promises to be another great day of delicious Treat Street foods, barns full of adorable animals to pet and crafty exhibits to visit and marvel at the talented artwork.

Hawks Ranch Petting Zoo will be our guest again on Tuesday, August 14<sup>th</sup>. We couldn't wait to have them back for an encore, and we're excited to see who they bring with them this time. We sure do love our animals.

Are you feeling lucky this month? If so, join the gang as they head to the casino on Friday, the 17<sup>th</sup>. Pros and beginners are all welcome. Even if you don't win, you can still enjoy a delicious buffet lunch before heading home.

Be sure to mark your calendars for Monday, August 20th. Sabrina will be hosting Scones & Mimosas, which is an opportunity for all residents to ask questions, share ideas and information with one another and the Hilltop staff. You won't want to miss the fresh scones and mimosas, or mock-mimosas, if you prefer.

What would August be without a Luau? Not to worry, as we're having our Luau Open House on Saturday, the 25<sup>th</sup>, bringing you festive entertainment that will transport you to Polynesia as you enjoy traditional music, dance, food and fun. What a terrific way to say "Aloha."

Our last outing of the month will be a trip to the Growers Market on Tuesday, the 28th. Come spend the morning strolling along the beautiful vegetables, fresh fruit, gorgeous flowers, as well as many handmade goods. It's definitely one of nature's best delights and a great opportunity to stock up on summer's finest offerings.

Don't forget that we have an Ice Cream Social every Sunday afternoon at 2:30 pm, served up by Traci. Come join your friends and share your favorite summer memories with the group. What a great way to end the weekend and look forward to the week ahead.

Wishing you all a happy Sunday of summer!



### Marketing Minutes By Sue Hudson Marketing Director

The quote below was on the internet, written by a lovely woman I toured ...

"My granddaughter and I had the pleasure of visiting Hilltop the last 2 days. We talked to many of the residents, watched a fashion show, took a tour and were astounded at the happiness, spirit of friendship, and community the residents share with each other. A safe loving environment that felt like home – which it is."

I wanted you to see just how valuable your friendliness is with those who visit Hilltop Commons! We truly have the best residents in the world and I am so proud to be working among you. Thanks again for your positive words and beautiful happy faces, you make it a true pleasure to give tours here!

Please be sure to join in the fun during our Open House Luau on Saturday Aug. 25th! Wear your Hawaiian attire if you have it, and be sure to get a lei!

Thanks again for being you, Sue



Letter from the Editor
Traci Gelgood
Associate Marketing Director

**Happy August!** 

YOUNG AT HEART Slightly older in other places.

As always – Stay happy, healthy, and Safe!!

Hugs to you all!!



Activity Corner
By Sabrina Busher
Activity Director

"Good, better, best. Never let it rest, Til your good is better and your better is best."

I can't believe it is towards the end of summer. Time passes so fast.

July was a fun month trying new adventures. Top Golf went over great. Everyone enjoyed themselves. I was very happy to see residents trying new things. We will be going again in October.

The bus trip to Truckee for lunch and shopping was a blast. We will definitely be doing that again. The Crocker Art Museum was an educational trip. We will go from time to time, as they do change artists and have new tours.

I am starting the new spinning class in the exercise room. I really hope that you come and try it out, or just come and watch. This is a fun and easy class and you can go at your own pace.

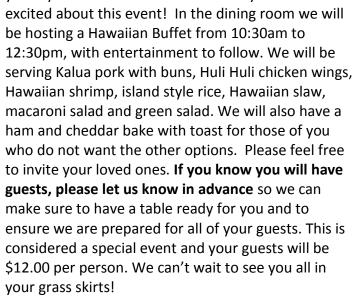
This month we have some new events happening. Hawks Ranch Petting Zoo will be back with a new animal we can pet. I know we all love the animals. On the 10<sup>th</sup> we will be heading out in the morning to the Nevada County Fair. Also, we will be going to the beads store for our class. We had an enjoyable time last month, so please join us. And yes, we are going to the casino, for all you gamblers.

Remember to PLEASE CHECK YOUR EVENT CALENDAR so you will know what is happening at Hilltop.

BE THE REASON SOMEONE SMILES TODAY.

### **Culinary Corner**

It's another hot August, folks. We will be having a Hawaiian Luau on Saturday the 25<sup>th</sup> with entertainment and some yummy Hawaiian food. We are all very



Just a reminder that you can order your food to be delivered to your apartment, or for pick up in the dining room. The first 3 tray deliveries a month are free, after that they are \$3.00 each. There is no charge for a dining room pick up. If you have any questions or need anything, please don't hesitate to ask or give us a call in the kitchen. For tray service, we ask that you call before 11:30am for the brunch meal and before 4:00pm for the dinner meal. Thank you!

Sincerely,

Chef Jammie Barquilla Kitchen #272-8254

Dining Room Hours

Brunch 10:30am - 12:30pm

Dinner 4:30pm - 5:45pm



### New Resident Testimonial Patricia Durrett



## What is your favorite thing about Hilltop Commons?

Everyone is so friendly and happy.

## What was the #1 reason that made you choose Hilltop Commons?

My daughter lives in Penn Valley and I was living with her. We came to Hilltop to tour 3 times. The 4<sup>th</sup> time was a WINNER!

## What is your favorite activity at Hilltop Commons?

I love the music and happy hour. It is a wonderful way to visit the residents here at Hilltop, and my dog can come too!

## What would you tell someone looking to move to Hilltop?

I would tell them that at first I was hesitant, but now I am so happy. I am a BIG fan of Hilltop and so is my dog.

