



29	30	31	Aug 1	2	3	4
			Green Salad Pan Seared Cod Glazed Baked Ham <i>or</i> Roasted Red Potatoes Lemon Pepper Green Beans Baked Roll Angel Food Cake	Green Salad Beef Patty w/Crimini Mushrooms Lemon Oregano Turkey <i>or</i> Boiled Potatoes Buttered Squash Baked Roll Cheesecake	Green Salad Dressed Up Chicken Cheddar Crumb Tilapia <i>or</i> Seasoned Rice Capri Blend Baked Roll Pineapple Upside Down Cake	Green Salad Kalua Roast Pork Meatballs/Pasta Sauce <i>or</i> Aloha Sweet Potatoes Honey Glazed Carrots Baked Roll Buttermilk Spice Cake
5	6	7	8	9	10	11
Green Salad Tarragon Chicken Seasoned Meatloaf <i>or</i> O'Brien Potatoes Chef's Steamed Vegetable Baked Roll Poppy Seed Cake	Green Salad Dijon Honey Roasted Chicken Lemon Parsley Catfish <i>or</i> Seasoned Mushroom Rice Sautéed Zucchini Baked Roll Chef's Dessert	Green Salad Crispy Pork Chops Slow Roasted Turkey Breast <i>or</i> Baked Yams Stewed Tomatoes Baked Roll Rainbow Cake	Green Salad Hamburger Steak/Onions Baked Ham/Peach Sauce <i>or</i> Baked Potato Mixed Vegetables Baked Roll Pineapple Cream Pie	Green Salad Coconut Curry Chicken Garlic-Herb Pork Roast <i>or</i> Lemon Pasta Caribbean Blend Baked Roll Pear Crisp	Green Salad Tilapia/Savory Herb Butter Pepper Smothered Steak <i>or</i> Garlic Mashed Potatoes Roasted Squash Baked Roll Lemon Cream Cake	Green Salad Ground Beef Stroganoff Marinated Turkey <i>or</i> Best Noodles Fresh Cooked Zucchini Baked Roll Cinnamon Coffee Cake
12	13	14	15	16	17	18
Green Salad Honey Glazed Ham Baked Beef Vegetable Stew <i>or</i> Best Noodles Chef's Steamed Vegetable Baked Roll Angel Food Cake	Green Salad Baked Tilapia/Dill Sauce Chicken/Citrus Sage Sauce <i>or</i> Lemon Rice Mixed Vegetables Baked Roll Banana Sheet Cake	Green Salad Baked Meatballs/Gravy Turkey Cutlet/Tarragon Sauce <i>or</i> Fresh Mashed Potatoes/Gravy Seasoned Cauliflower Baked Roll Chocolate Marshmallow Cake	Green Salad Roasted Rosemary Pork Grilled Chicken Legs <i>or</i> Savory Rice Peas and Pearl Onions Baked Roll Sweet Potato Pie	Green Salad Salisbury Steak/Gravy Bruschetta Chicken Bake <i>or</i> Red Potatoes Roasted Carrots Baked Roll Southern Style Bread Pudding	Green Salad Tilapia Florentine Beef Brisket/Vegetables <i>or</i> Brown Rice Lemon Buttered Broccoli Baked Roll Homemade Carrot Cake	Pickle Relish Plate Turkey Breast/Lemon Thyme Sauce Apricot Brown Sugar Ham <i>or</i> Cornbread Dressing Cream Peas Baked Roll Apple Cake Kuchen
19	20	21	22	23	24	25
Green Salad Pot Roast of Beef Parmesan Cod Fillets <i>or</i> Red Skin Mash Scandinavian Veg Baked Roll Fresh Coconut Cream Pie	Green Salad BBQ Chicken Leg Veal Parmesan <i>or</i> Beans, Corn and Rice Green Beans/Bacon Baked Roll Peach Crisp	Green Salad Sweet Pear Pork Chop Pepper Steak <i>or</i> Smashed Sweet Potatoes Spinach with Almonds Baked Roll Banana Sheet Cake	Green Salad Beef Macaroni Casserole Turkey Cutlets/Pan Gravy <i>or</i> Mushroom Rice Mixed Vegetables Baked Roll Marble Cake	Green Salad Melt In Your Mouth Chicken Pork/Apricot Glaze <i>or</i> Baked Sweet Potato Roasted Parmesan Brussels Sprouts Baked Roll Lemon Blueberry Bread	Green Salad Tropical Tilapia Ham/Pineapple Sauce <i>or</i> Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	Green Salad Meatloaf/Gravy Smoked Roasted Turkey <i>or</i> Fresh Mashed Potatoes/Gravy Green Beans Baked Roll Homemade Carrot Cake
26	27	28	29	30	31	Sep 1
Green Salad Chicken Provencal Pot Roast of Beef <i>or</i> Tomato Cilantro Rice Roasted Summer Squash Baked Roll Chef's Dessert	Green Salad BBQ Pork Steak Quiche Florentine <i>or</i> Twice Baked Potato Steamed Broccoli Baked Roll Homemade Carrot Cake	Green Salad Spaghetti/Marinara Meat Sauce Grilled Tilapia/Aioli Sauce <i>or</i> Green Beans Italian Mozzarella Garlic Bread Snickerdoodle Brownie	Green Salad Homestyle Turkey/Gravy Oven Roasted Pork <i>or</i> Cranberry Sage Dressing Baked Seasoned Squash Baked Roll Pear Cobbler	Green Salad Classic Baked Ham Braised Balsamic Chicken <i>or</i> Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Peanut Butter Cake	Green Salad Teriyaki Meatballs Cod/Tomato Cream Sauce <i>or</i> Parsley Rice Glazed Baby Carrots Baked Roll Frozen Sherbet Dessert	