

Sunday

Monday

Tuesday






Wednesday

Thursday

Friday

Saturday

August 2018
Campus Commons Senior Living

<p>3:00 Bingo w/Mary Kay-CL 5 7:00 Movie Night-L/T</p> 	<p>9:00 Weights & Balance w/Tonya-CL 6 10:30 General Store-AC 12:00 Bridge-CR 12:00 Wii Bowling-AC 1:00 Knit Pickers-AC 2:00 Blood Pressure-CL 2:00 Matinee Monday-L/T 3:00 Beanbag Baseball-CL</p>	<p>9:00 Music in Motion-CL 7 10:00 Garden Club-AC 10:00 Kitchen Tour-DR 1:00 Bible Study-CR 1:00 Bridge-AC 2:00 Atlas Hearing-CR 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC</p>	<p>8:00-10:00 LAB Appts-L 8 9:00 Physical Therapy-CL 11:15 Westminster Church Sacramento: Music @ Noon Jazz Pianist-L 12:00 Bridge-CR 1:00 Banking-L 2:00 Wii Bowling-AC 3:00 Line Dancing-CL 7:00 Bingo w/Paige-CL</p>	<p>9:00 YOGA w/Diane-CL 9 10:00 Word Makers-AC 1:00 Bridge-CR 2:00 Cracker Barrel-CL 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>	<p>9:00 Grocery Shopping-L 10 9:00 Stretching & Balance-CL 10:30 Catholic Service-L/T 11:00 Shopping: Dollar Store-L 11:00 Birthday Lunch Bunch-DR 12:00 Bridge-CR 1:00 Shopping: Walmart-L 3:00 Happy Hour w/Nostalgic Swing Band-CL 6:30 Mexican Train-AC</p>	<p>9:00 Tai Chi w/Joanne McKee-CL 11 10:00 Beanbag Baseball-AC 12:00 Wii Bowling-AC 1:00 Crossword Puzzles & Snacks w/Claire-AC 2:00 Trivia w/Virginia-AC 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>
<p>2:00 Encore w/Pat-CR 12 3:00 Bingo w/Mary Kay-CL 7:00 Movie Night-L/T</p> 	<p>9:00 Weights & Balance w/Tonya-CL 13 10:30 General Store-AC 12:00 Bridge-CR 12:00 Wii Bowling-AC 12:30 Dr. Hague-BS 1:00 Knit Pickers-AC 2:00 Matinee Monday-L/T 3:00 Beanbag Baseball-CL</p>	<p>9:00 DVD-CL 14 10:00 Garden Club-AC 1:00 Bible Study-CR 1:00 Bridge-AC 2:00 Bookmobile-PL 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC</p>	<p>8:00-10:00 LAB Appts-L 15 9:00 Weights & Balance-CL 10:30 High Hand Nursery & Lunch-L 12:00 Bridge-CR 1:00 Banking-L 2:00 Water Colors w/Marie Crockett-AC 3:30 Sing Along-CL 7:00 Bingo w/Paige-CL</p>	<p>9:00 YOGA w/Diane-CL 16 1:00 Bridge-CR 2:00 State Indian Museum Artifact Display-CL 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>	<p>9:00 Grocery Shopping-L 17 9:00 Stretching & Balance-CL 10:30 Catholic Service-L/T 11:00 Shopping: Kohl's-L 12:00 Bridge-CR 1:00 Shopping: Ross-L 3:00 Happy Hour w/Songbird Trio-CL 6:30 Mexican Train-AC</p>	<p>9:00 Tai Chi w/Joanne McKee-CL 18 10:00 Beanbag Baseball-AC 12:00 Wii Bowling-AC 1:00 Crossword Puzzles & Snacks w/Claire-AC 2:00 Trivia w/Virginia-AC 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>
<p>3:00 Bingo w/Mary Kay-CL 19 7:00 Movie Night-L/T</p> 	<p>9:00 Weights & Balance w/Tonya-CL 20 10:00 Craft Class-GR 10:30 General Store-AC 12:00 Bridge-CR 12:00 Wii Bowling-AC 1:00 Knit Pickers-AC 2:00 Matinee Monday-L/T 3:00 Beanbag Baseball-CL</p>	<p>9:00 Music in Motion-CL 21 10:00 Garden Club-AC 1:00 Bible Study-CR 1:00 Bridge-AC 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC</p>	<p>8:00-10:00 LAB Appts-L 22 9:00 Physical Therapy-CL 11:15 Westminster Church Sacramento: Music @ Noon Tuba Performance-L 12:00 Bridge-CR 1:00 Banking-L 2:00 Wii Bowling-AC 3:00 Line Dancing-CL 7:00 Bingo w/Paige-CL</p>	<p>9:00 YOGA w/Diane-CL 23 10:00 Word Makers-AC 11:30 New Resident Lunch (by invite only)-DR 1:00 Bridge-CR 2:00 Cracker Barrel-CL 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>	<p>9:00 Grocery Shopping-L 24 9:00 Stretching & Balance-CL 10:30 Catholic Service-L/T 11:00 Shopping: Walmart-L 12:00 Bridge-CR 1:00 Shopping: Arden Fair Mall-L 3:00 Mike Morris-CL 6:30 Mexican Train-AC</p>	<p>9:00 Stretch Bands w/ Barbara Holland-CL 25 10:00 Beanbag Baseball-AC 12:00 Wii Bowling-AC 1:00 Crossword Puzzles & Snacks w/Claire-AC 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>
<p>3:00 Bingo w/Mary Kay-CL 26 7:00 Movie Night-L/T</p> 	<p>9:00 Weights & Balance w/Tonya-CL 27 10:30 General Store-AC 12:00 Bridge-CR 12:00 Wii Bowling-AC 1:00 Knit Pickers-AC 2:00 Matinee Monday-L/T 3:00 Beanbag Baseball-CL</p>	<p>9:00 DVD-CL 28 10:00 Garden Club-AC 1:00 Bible Study-CR 1:00 Bridge-AC 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC</p>	<p>8:00-10:00 LAB Appts-L 29 9:00 Weights & Balance-CL 10:45 El Novillero Lunch-L 12:00 Bridge-CR 1:00 Banking-L 7:00 Bingo w/Paige-CL</p>	<p>9:00 YOGA w/Diane-CL 30 1:00 Bridge-CR 2:00 Ice Cream Social-CL 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>	<p>9:00 Grocery Shopping-L 31 9:00 Stretching & Balance-CL 10:30 Catholic Service-L/T 11:00 Shopping: JoAnn's Fabrics-L 12:00 Bridge-CR 1:00 Shopping: Target-L 3:00 Happy Hour w/Capitol City Reflections-CL 6:30 Mexican Train-AC</p>	<p style="text-align: center;">We LOVE Likes, Google & Yelp Reviews!</p> 

GR=GAME ROOM, CR=CARD ROOM, AC=ACTIVITY CENTER, CL=CABARET LOUNGE, LT=LIBRARY/THEATRE, L=LOBBY, TF=THIRD FLOOR, PL=PARKING LOT, BS=BEAUTY SHOP, T=TERRACE. All activities are subject to change.