August 2018 Personal Care Lifest	tyle & Leisure					created with
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Keystone Villa® AT DOUGLASSVILLE A DISTINCTIVE RETIREMENT COMMUNITY	1152A Ben Franklin Hwy Douglassville, PA 19518 610-385-2000	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	9:30 PE Exercise w/ Therapy [AR] 10:00 Po-Ke-No [AR] 11:00 SS Church Service [AR] 1:30 Ice Cream Outing to Oley Turnpike Dairy [MIL] 1:30 Afternoon Tea [AR] 2:45 GE Games [AR] 6:00 TV Series - "Downton Abbey" [T]	Happy Birthday Margaret H.!! 9:15		9:30 Coffee & Conversation [AR] 10:00 Conversation [AR] 10:30 Conversation [AR] 10:30 Conversation [AR] 1:00 Conversation [AR] 1:00 Conversation [AR] 2:15 Conversation [AR] Afternoon Movie [T]
9:15 LL Coffee & Conversation [AR] 9:45 LL Morning Movie [T] 1:00 AE Art/Puzzles [AR] 2:00 LL Sunday Sundaes [AR]	11:00 PE Seated Exercise [AR] 1:30 Cards/Games [AR] 3:00 Wine Social w/ music w/ Lisa Jokiel [AR] 6:00 TV Series - "Downton Abbey" [T]	9:15 Mini Manicures [AR] 9:15 Coffee/Word Puzzles/Art [AR] 10:30 CCCrossword Puzzle [AR] 11:15 Outing to Tokyo Hibachi [MIL] 1:30 Bingo [AR] 2:45 CCCCCCCCCCCCCCCCCCCCCCCCCCCCCCCCCCCC	9:30 PE Exercise w/ Therapy [AR] 10:00 Po-Ke-No [AR] 11:00 Church Service [AR] 1:30 Ce Cream Outing to Kiwi Yogurt [MIL] 1:30 Afternoon Tea [AR] 2:45 GE Games [AR] 6:00 TV Series - "Downton Abbey" [T]	Happy Birthday Vera!! 9:15 LL Coffee/Word Puzzles/Art [AR] 9:15 LL Mini Manicures [AR] 11:00 LL Pizza Party [AR] 1:00 LE Seated Volleyball [AR] 2:30 LL Bingo [AR] 3:30 LE Seated Exercise [AR] 6:00 LL TV Series - "Downton Abbey" [T]	9:15 LL Coffee [AR] 9:45 AE Baking [AR] 11:00 PE Fitness Fun [AR] 2:00 LL Happy Hour w/ Entertainment by Wahl Street [AR] 6:00 LL Movie [T]	9:30 Coffee & 11 Conversation [AR] 10:00 Funny Videos [AR] 10:30 Quarter Bingo [AR] 1:00 Hymn Sing w/ Phoebe [AR] 2:15 Afternoon Movie [T]
9:15 LL Coffee & 12 Conversation [AR] 9:45 LL Morning Movie [T] 1:00 AE Art/Puzzles [AR] 2:00 LL Sunday Sundaes [AR]		Happy Birthday Regina!! Happy Birthday Laura!! 9:15	Happy Birthday Elsie!! 9:30 Exercise w/ Therapy [AR] 10:00 Po-Ke-No [AR] 11:00 Church Service [AR] 1:30 Church Service [AR] 1:30 Le Cream Outing to Suloman's Dairy [MIL] 1:30 Afternoon Tea [AR] 2:45 Geames [AR] 6:00 TV Series - "Downton Abbey" [T]	9:15 LL Coffee/Word Puzzles/Art [AR] 9:15 LL Mini Manicures [AR] 10:45 AE Easy Make [AR] 1:15 PE Wii Bowling [AR] 2:30 LL Bingo [AR] 3:30 PE Seated Exercise [AR] 6:00 LL TV Series - "Downton Abbey" [T]	9:15 Coffee [AR] 10:00 Science for Seniors [AR] 11:00 Fitness Fun [AR] 2:00 Happy Hour w/ Entertainment by Craig Johnson [AR] 3:15 Scatholic Communion Service [T] 6:00 Movie [T]	9:30 Coffee & 18 Conversation [AR] 10:00 Funny Videos [AR] 10:30 Quarter Bingo [AR] 1:00 Frivia [AR] 2:15 Afternoon Movie [T]
Happy Birthday Stefania!! 9:15 LL Coffee & Conversation [AR] 9:45 LL Morning Movie [T] 1:00 AE Art/Puzzles [AR] 2:00 LL Sunday Sundaes [AR]	Happy Birthday Maria!! 9:15 Coffee & Word Puzzles [AR] 10:00 Arm Chair Travel [AR] 10:30 Dancing in Chairs Class [AR] 1:30 Call All About Bees" w/ Chet [AR] 3:00 Wine Social [AR] 6:00 TV Series - "Downton Abbey" [T]	9:15 Mini Manicures [AR] 9:15 Coffee/Word Puzzles/Art [AR] 9:30 Outing to Walmart [MIL] 10:30 CCrossword Puzzle [AR] 11:30 Outing to Applebee's [MIL] 1:30 LL Bingo [AR] 2:45 CC Games [AR] 3:30 AC Sing W/ Phoebe [LR] 4:30 LTV Series - "Downton Abbey" [T]	9:30 PE Exercise w/ Therapy [AR] 10:00 Po-Ke-No [AR] 11:00 Church Service [AR] 1:30 Ce Cream Outing to Coventry Ice Cream [MIL] 1:30 Afternoon Tea [AR] 2:15 GE Games [AR] 3:00 GE Healthy Snacks w/ Health Calls [AR] 6:00 TV Series - "Downton Abbey" [T]	9:15 Coffee/Word Puzzles/Art [AR] 9:15 Mini Manicures [AR] 11:00 Pizza Party [AR] 1:00 Seated Volleyball [AR] 2:30 Bingo [AR] 3:30 Seated Exercise [AR] 6:00 TV Series - "Downton Abbey" [T]	9:45 AE Baking [AR] 11:00 PE Fitness Fun [AR] 2:00 LL Happy Hour w/ Entertainment by	Happy Birthday Kenneth F.!! 9:30 Coffee & Conversation [AR] 10:00 Funny Videos [AR] 10:30 Quarter Bingo [AR] 1:00 Hymn Sing w/ Phoebe [AR] 2:15 Afternoon Movie [T]
9:15 Coffee & 26 Conversation [AR] 9:45 Morning Movie [T] 1:00 AE Art/Puzzles [AR] 2:00 Sunday Sundaes [AR]	0:15 Coffee & Word	Happy Birthday Arline!! 9:15	8:30 Happy Birthday Erika!! 9:30 PE Exercise w/ Therapy [AR] 10:00 LL Po-Ke-No [AR] 11:00 SS Church Service [AR] 1:30 LL Villa Bucks Auction [AR] 2:30 Resident Council Meeting [AR] 3:30 AE Painting w/ Tammy [AR] 6:00 LL TV Series - "Downton Abbey" [T]	9:15 Coffee/Word Puzzles/Art [AR] 9:15 Mini Manicures [AR] 10:45 AE Easy Make [AR] 1:15 PE Wii Bowling [AR] 2:30 Bingo [AR] 3:30 PE Seated Exercise [AR] 6:00 TV Series - "Downton Abbey" [T]	9:15 LL Coffee [AR] 10:00 CC Community Service Project [AR] 11:00 PE Fitness Fun [AR] 2:00 LL Happy Hour w/ Entertainment by Lori Woodward [AR] 6:00 LL Movie [T]	Location Keys Activity Room AR Living Room LR Meet in Lobby MIL Theater T