

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



1180 Ben Franklin Hwy
Douglassville, PA 19518
610-385-5000

- 🎨 Artistic Expression
- 👤 Community Connections
- 🎓 Continuing Education
- 🌿 Lifestyle & Leisure
- ★ Outing
- 🏃 Physical Engagement
- ✝️ Spiritual Support

9:00 ➡️ Yoga [CR] 1
9:30 🎧 Mini Manicures W/ Deb [2FK]
10:00 ➡️ Well Being Work Out [3FBA]
10:30 🧑‍🦓 Alzheimer's Support Group [PC]
10:30 ➡️ Sit & Be FIT [CR]
12:30 ★ Outing to Dollar Tree & Aldie-Pottstown
12:45 🎮 Canasta [3FGR]
1:00 🎓 AAA Driving Course- Must Sign up to attend [CR]
1:00 ➡️ Wii Bowling [3FBA]
2:30 🎮 Quarter/ Dime Bingo [2FK]
6:00 ➡️ Pool
6:15 ★ Outing to Valley Forge's Washington Memorial Chapel to see Carillon Concert by Hylke Banning

TODAY IS NATIONAL ICE CREAM SANDWICH DAY!! ENJOY ONE AT LUNCH TODAY! 2
10:00 ★ Outing to Dutch Apple Dinner Theater to see "The Wizard of Oz"
10:30 ➡️ B/P Check [PDR]
12:30 🎮 "Just Us Gals" [T]
12:45 🎮 Poker [3FWR]
1:30 🎮 Town Hall [DR]
3:30 🎮 Happy Hour w/Maria Damore [A]
6:00 🎨 Coloring & Conversation w/ Tori [2FK]

TODAY IS INTERNATIONAL BEER DAY! 3
9:00 ★ Errand Express-Douglassville Loop
10:00 ➡️ Well Being Work Out [3FBA]
12:45 🎮 Poker [3FWR]
1:30 ➡️ Mini Spin Class [CR]
3:00 🎮 Grab an international beer on the back patio! [BP]
4:00 No Catholic Communion today due to vacations [T]
6:00 🎮 Friday Flick-Les Miserable [T]

HAPPY BIRTHDAY RUTH K.! TODAY IS NATIONAL CHOCOLATE CHIP COOKIE DAY! ENJOY SOME AT LUNCH! 4
12:30 ✝️ Bible Study w/ Deb & Neil C. "What Does God Say..." [PDR]
12:45 🎮 Rummikub [3FGR]
2:30 🎮 Quarter/ Dime Bingo [2FK]
3:30 ★ No Shuttle to St. Gabe's Catholic Church due to vacation
5:00 🎮 Movie Night-"Dolphin Tale" Starring Harry Connick Jr. [T]

9:00 ✝️ Worship Service w/ the Moses Family [T] 5
11:00 🎮 Bake Sale [BB]
1:00 ✝️ Sunday Service w/ Fr. David from St. Gabe's [CR]
2:30 🎨 Villa Choir Practice w/ Ally [LR]
3:00 🎓 Games [3FGR]
6:00 🎮 Movie Night-"The Blind Side" Starring Sandra Bullock [T]

NATIONAL ROOT BEER FLOAT DAY! 6
9:00 ★ Errand Express-Redner's
10:00 ➡️ Well Being Work Out [3FBA]
10:30 ➡️ Sit & Be FIT [CR]
12:45 🎮 Pinochle [3FGR]
1:00 🎓 "Ask A Nurse" w/Peg Stoudt from Health Calls [PDR]
1:30 🎮 Root Beer Floats [BB]
2:30 🎮 Bingo [2FK]
3:30 🎮 Beer & Wine w/ Tom on Piano
6:00 🎮 Games [3FGR]

TODAY IS NATIONAL PURPLE HEART DAY! WEAR PURPLE 7
9:00 ★ Outing to Roots Farmers Market
10:30 ➡️ Fitness Fun [CR]
1:00 🎮 Afternoon Movie-"King Creole" Starring Elvis Presley [T]
2:00 🎮 Dining Services Meeting [PDR]
3:00 ★ Movie Outing - TBA & Dinner at Applebees

9:00 ➡️ Yoga [CR] 8
9:30 🎧 Mini Manicures W/Deb [2FK]
10:00 ➡️ Well Being Work Out [3FBA]
10:30 ➡️ Sit & Be FIT [CR]
12:30 🧑‍🦓 Blue Mountain Strings Practice- All welcome to listen in [CR]
12:45 🎮 Canasta [3FGR]
1:00 ➡️ Wii Bowling [3FBA]
2:30 🎮 Quarter/ Dime Bingo [2FK]
6:00 ➡️ Pool
6:00 ➡️ Tai Chi w/ Betsy [CR]

TODAY IS NATIONAL RICE PUDDING DAY!! ENJOY SOME AT LUNCH TODAY! 9
9:00 ★ Outing to Kitchen Kettle Village
10:30 ➡️ B/P Check [PDR]
12:30 🎮 "Just Us Gals" [T]
12:45 🎮 Poker [3FWR]
2:00 ➡️ Mini Spin Class [CR]
3:30 🎮 Happy Hour w/Michael Kropp [A]
6:00 🎮 Bunco w/Tori [3FGR]

9:00 ★ Errand Express-Douglassville Loop 10
10:00 ➡️ Well Being Work Out [3FBA]
11:00 ★ Outing to Leesport Farmers Market
12:45 🎮 Poker [3FWR]
6:00 🎮 Friday Flick- Residents Choice [T]

12:45 🎮 Rummikub [3FGR] 11
2:30 🎮 Quarter/ Dime Bingo [2FK]
3:30 ★ Shuttle to St. Gabe's Catholic Church
6:00 🎮 Movie Night-"Wonder" Starring Julia Roberts [T]

9:00 ✝️ Worship Service w/ the Moses Family [T] 12
1:00 ✝️ Sunday Service w/ Fr. David from St. Gabe's [CR]
2:30 🎨 Villa Choir Practice w/ Ally [LR]
3:00 🎓 Games [3FGR]
6:00 🎮 Movie Night-Sight & Sound "Joseph" [T]

10:00 ➡️ Well Being Work Out [3FBA] 13
10:30 ➡️ Sit & Be FIT [CR]
12:30 ★ Errand Express-Giant/Target
12:45 🎮 Pinochle [3FGR]
1:30 🎮 Monday Milkshakes [BB]
2:30 🎮 Bingo [2FK]
3:30 🎮 Beer & Wine w/ Tom on Piano
6:00 🎮 Games [3FGR]

TODAY IS NATIONAL CREAMSICLE DAY! ENJOY ONE AT LUNCH! 14
8:45 ★ Outing to Sands Casino
9:30 ✝️ Grief Support Group w/ Don Eisenhauer [PDR]
10:30 ➡️ Fitness Fun [CR]
1:00 🧑‍🦓 Senior Circle Bridge [3FGR]
1:00 Sing-a-long w/Robin & Sharon [A]
2:00 ➡️ Seated Yoga w/ Vicky [CR]
3:00 🎮 New Resident & Family Orientation [PDR]
6:00 🎮 Bingo Night w/ Tori [2FK]

TODAY IS NATIONAL RELAXATION DAY! GO RELAX! 15
8:30 🎮 Breakfast with the Managers [BB]
9:00 ➡️ Yoga [CR]
9:30 🎧 Mini Manicures W/Deb [2FK]
10:00 Today is Med collection Day - please Drop off between 10-12 to Front Desk
10:00 ➡️ Well Being Work Out [3FBA]
10:15 ➡️ Seated Zumba Gold w/ Linda [CR]
12:45 🎮 Canasta [3FGR]
1:00 ✝️ Interfaith Service [CR]
1:00 ➡️ Wii Bowling [3FBA]
2:30 🎮 Quarter/ Dime Bingo [2FK]
6:00 ➡️ Pool
6:15 ★ Outing to Valley Forge's Washington Memorial Chapel to see Carillon Concert by Frank Dellapenna & 35 Bell Traveling Carillon

TODAY IS NATIONAL RUM DAY! 16
10:30 ➡️ B/P Check [PDR]
11:00 🎮 Action Station Shrimp Dewey Over Pasta [DR]
12:30 🎮 "Just Us Gals" [T]
12:45 🎮 Poker [3FWR]
2:00 ➡️ Mini Spin Class [CR]
3:30 🎮 Happy Hour w/Wahl Street -Celebrate National Rum day w/ rum drinks at the bar! Sponsored by Senior Helpers [A]
6:00 🎮 "Craft Corner " w/Tori [2FK]

Today is National Thrift Shop Day! 17
9:00 ★ Errand Express-Douglassville Loop
10:00 ➡️ Well Being Work Out [3FBA]
12:30 ★ Outing to Liberty Thrift Shop & Coventry Ice Cream
12:45 🎮 Poker [3FWR]
4:00 Catholic Communion Service [T]
6:00 🎮 Friday Flick- Residents Choice [T]

HAPPY BIRTHDAY TO GRACE B.! 18
12:45 🎮 Rummikub [3FGR]
2:30 🎮 Quarter/ Dime Bingo [2FK]
3:30 ★ Shuttle to St. Gabe's Catholic Church
6:00 🎮 Movie Night-"Angel & the Badman" Starring John Wayne [T]

August 2018

Independent Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 † Worship Service w/ the Moses Family [T] 19</p> <p>12:00 † Shankel UCC Communion Service [CR]</p> <p>1:00 † Sunday Service w/ Fr. David from St. Gabe's [CR]</p> <p>2:30 🎻 Villa Choir Practice w/ Ally [LR]</p> <p>3:00 🎮 Games [3FGR]</p> <p>6:00 🎬 Movie Night-"Ben Hur" Starring Charlton Heston [T]</p>	<p>TODAY IS NATIONAL CUPCAKE DAY! 20</p> <p>9:00 ★ Errand Express- Walmart</p> <p>10:00 🚶 Well Being Work Out [3FBA]</p> <p>10:30 🚶 Sit & Be FIT [CR]</p> <p>12:45 🎮 Pinochle [3FGR]</p> <p>1:30 🎮 Enjoy a cupcake today for national cupcake day!! [BB]</p> <p>2:30 🎮 Bingo [2FK]</p> <p>3:30 🎮 Beer & Wine w/ Tom on Piano</p> <p>6:00 🎮 Games [3FGR]</p> <p>7:00 🎮 Entertainment by "Three Tall Guys" [A/ DR]</p>	<p>HAPPY BIRTHDAY TO RUTH T.! 21</p> <p>TODAY IS NATIONAL SENIOR CITIZEN DAY!</p> <p>10:30 🚶 Fitness Fun [CR]</p> <p>10:45 ★ Lunch Outing to The Cheesecake Factory (King of Prussia)</p> <p>12:45 🎮 Afternoon Chair Travel "Imperial Splendors" [T]</p> <p>2:00 🎨 Rock Painting w/Kim [2FK]</p> <p>4:45 ★ Bingo Night At The Center at Spring Street</p>	<p>9:00 🚶 Yoga [CR] 22</p> <p>9:30 🎮 Mini Manicures W/Deb [2FK]</p> <p>10:00 🚶 Well Being Work Out [3FBA]</p> <p>10:30 🚶 Sit & Be FIT [CR]</p> <p>12:45 🎮 Canasta [3FGR]</p> <p>1:00 🚶 Wii Bowling [3FBA]</p> <p>2:30 🎮 Quarter/ Dime Bingo [2FK]</p> <p>6:00 🚶 Pool</p>	<p>HAPPY BIRTHDAY TO VINCE G.! 23</p> <p>10:00 🎮 90's Group [3FGR]</p> <p>10:30 🚶 B/P Check [PDR]</p> <p>12:30 🎮 "Just Us Gals" [T]</p> <p>12:45 🎮 Poker [3FWR]</p> <p>2:00 🚶 Mini Spin Class [CR]</p> <p>3:30 🎮 Happy Hour w/Lorrie & James Chestnut Knoll will be sponsoring happy Hour [A]</p> <p>4:30 ★ Dinner Outing to Vincenzo's</p>	<p>NATIONAL PEACH PIE DAY! ENJOY A PIECE AT LUNCH! 24</p> <p>8:30 ★ Errand Express- Douglassville Loop</p> <p>10:00 🚶 Well Being Work Out [3FBA]</p> <p>12:45 🎮 Poker [3FWR]</p> <p>1:00 ★ Outing to Shady Hollow Horse Farm & Ice cream</p> <p>6:00 🎮 Friday Flick- Residents Choice [T]</p>	<p>HAPPY BIRTHDAY TO DOTTIE M.! 25</p> <p>9:00 🎮 "Bake Shop" for Community Dinner [2FK]</p> <p>12:30 † Bible Study w/ Deb & Neil C. "What Does God Say..." [PDR]</p> <p>12:45 🎮 Rummikub [3FGR]</p> <p>2:30 🎮 Quarter/ Dime Bingo [2FK]</p> <p>3:30 ★ Shuttle to St. Gabe's Catholic Church</p> <p>6:00 🎮 Movie Night-"Just Getting Started" Morgan Freeman [T]</p>
<p>9:00 † Worship Service w/ the Moses Family [T] 26</p> <p>1:00 † Sunday Service w/ Fr. David from St. Gabe's [CR]</p> <p>2:30 🎻 Villa Choir Practice w/ Ally [LR]</p> <p>3:30 🎮 Hymn Sing w/The Colebrookdale Chapel [LR]</p> <p>6:00 🎮 Movie Night-"Get Smart" Starring Steve Carell [T]</p>	<p>HAPPY BIRTHDAY TO ELEANOR V. & SANDY M.! 27</p> <p>9:00 ★ Errand Express- Redner's</p> <p>10:00 🚶 Well Being Work Out [3FBA]</p> <p>10:30 🚶 Sit & Be FIT [CR]</p> <p>11:00 ★ Outing to The Center at Spring Street for Lunch & Entertainment</p> <p>12:45 🎮 Pinochle [3FGR]</p> <p>2:30 🎮 Bingo [2FK]</p> <p>3:30 🎮 Beer & Wine w/ Tom on Piano</p> <p>6:00 🎮 Games [3FGR]</p>	<p>TODAY IS NATIONAL CHERRY TURNOVER DAY! ENJOY ONE AT DINNER TONIGHT! 28</p> <p>10:30 🚶 Fitness Fun [CR]</p> <p>1:00 🎮 Senior Circle Bridge [3FGR]</p> <p>2:00 🚶 Seated Yoga w/ Vicky [CR]</p> <p>4:00 ★ Leave for Volunteering at Birdsboro Community Table</p>	<p>HAPPY BIRTHDAY TO LEON B.! 29</p> <p>9:00 🚶 Yoga [CR]</p> <p>9:30 🎮 Mini Manicures W/Deb [2FK]</p> <p>10:00 🚶 Well Being Work Out [3FBA]</p> <p>10:30 🚶 Sit & Be FIT [CR]</p> <p>12:45 🎮 Canasta [3FGR]</p> <p>1:00 🚶 Wii Bowling [3FBA]</p> <p>1:30 🎮 The Plant Doctor w/Sue & Deb [BP]</p> <p>2:30 🎮 Quarter/ Dime Bingo [2FK]</p> <p>6:00 🚶 Pool</p> <p>6:15 ★ Outing to Valley Forge's Washington Memorial Chapel to see Carillon Concert by Robin Austen</p>	<p>Alaska Day Today KONA ICE Truck will be here today!! Time TBA 30</p> <p>10:30 🚶 B/P Check [PDR]</p> <p>12:30 🎮 "Just Us Gals" [T]</p> <p>12:45 🎮 Poker [3FWR]</p> <p>1:00 🎮 Join Val as she shares her trip to Alaska with us! [T]</p> <p>2:00 🎨 Art Class w/ Tammy [CR]</p> <p>3:30 🎮 Happy Hour w/Steve Walker [A]</p> <p>6:00 🎮 Movie Night : "Snow Dogs" [T]</p>	<p>9:00 ★ Errand Express- Douglassville Loop 31</p> <p>10:00 🚶 Well Being Work Out [3FBA]</p> <p>11:00 ★ Today is National Eat Outside Day! Picnic at French Creek State Park</p> <p>12:45 🎮 Poker [3FWR]</p> <p>3:00 🚶 Mini Spin class [CR]</p> <p>4:00 Catholic Communion Service [T]</p> <p>6:00 🎮 Friday Flick- Residents Choice [T]</p>	<p>Location Keys</p> <p>2nd Floor Kitchen 2FK</p> <p>3rd Floor Bridge Area 3FBA</p> <p>3rd Floor Game Room 3FGR</p> <p>3rd Floor West Rear 3FWR</p> <p>Atrium A</p> <p>Atrium, Dining Room A/ DR</p> <p>Back Patio BP</p> <p>Bottle Bar BB</p> <p>Community Room CR</p> <p>Dining Room DR</p> <p>Living Room LR</p> <p>Personal Care PC</p> <p>Private Dining Room PDR</p> <p>Theater T</p>