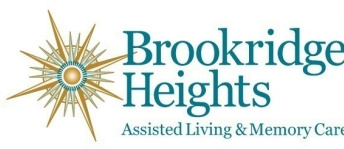


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>Brookridge Heights Assisted Living & Memory Care</p> <p>1901 Division Street Marquette, MI 49855 (906) 225-4488</p>		<p>AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</p>	<p>9:00 Foot Care w/ Kate's Place 1 11:00 Trivia 1:00 AE Exercise tape 1:15 Shopko Outing 1:30 Rosary w/Fae 3:00 CC Wags & Wiggles- Pet Therapy 3:30 CE Armchair Explorer</p>	<p>9:15 Morning Coffee and Conversation 2 10:00 Exercise tape 1:30 Resident Council 2:00 Taste & Tell w/Adam 6:30 Games w/Kristy</p>	<p>9:00 Manicures /classic TV 3 10:15 Sittercise w/ YMCA 1:00 Tai Chi w/Debi 2:00 LL Happy Hour w/Don Ohman 7:00 Movie Night w/Popcorn</p>	<p>10:15 Exercise Tape 4 2:00 Bowling 3:00 LL Games w/ Friends 6:30 Bingo w/Steve</p>	
	<p>10:00 Let the Bible Speak 5 10:30 Exercise Tape</p>	<p>10:15 Sitter Yoga w/ YMCA 6 1:30 Catholic Mass 2:30 Musical Bingo 3:45 CE Birding Basics W/Scot Stewart 4:00 SS Women's Bible Study 6:30 Millionaire w/Dave</p>	<p>9:15 Morning Prayer & Praise 7 10:00 PE Movin' & Groovin' w/Jen 1:00 Tai Chi w/Debi 1:30 U.P.Health Systems 3:00 Art w/ Lynn Brown 6:30 Bingo</p>	<p>10:00 Green Thumbs Up Garden Club 8 11:00 Trivia 1:00 AE Exercise tape 1:30 Rosary w/Fae 3:00 CC Wags & Wiggles- Pet Therapy 3:30 CE Armchair Explorer</p>	<p>9:15 Morning Coffee and Conversation 9 10:00 Moving for better Balance w/Brian 1:30 L-C-R Game 4:30 Pig Roast-to raise money for Alzheimer's research.</p>	<p>9:00 Manicures /classic TV 10 10:15 Sittercise w/ YMCA 1:00 Tai Chi w/Debi 2:00 LL Happy Hour w/Jim Pederson 7:00 Movie Night w/Popcorn</p>	<p>10:15 Exercise Tape 11 2:00 Bowling 3:00 LL Games w/ Friends 6:30 Bingo w/Steve</p>
	<p>10:00 Let the Bible Speak 12 10:30 Exercise Tape 3:30 SS Gospel Hour w/ Dale, Jerry & Bob</p>	<p>10:15 Sitter Yoga w/ YMCA 13 10:15 Sittercise 1:30 Catholic Mass 2:30 Musical Bingo 4:00 SS Women's Bible Study 6:30 Millionaire w/Dave</p>	<p>9:15 Morning Prayer & Praise 14 10:00 PE Movin' & Groovin' w/Jen 1:00 Tai Chi w/Debi 1:30 A Novel Idea (Reading Group) 3:30 Brookridge Sharp Shooters 6:30 Bingo</p>	<p>11:00 Trivia 15 1:00 AE Exercise tape 1:30 Rosary w/Fae 3:00 CC Wags & Wiggles- Pet Therapy 3:30 CE Armchair Explorer</p>	<p>9:15 Morning Coffee and Conversation 16 10:00 Moving for better Balance w/Brian 1:30 Art Expression 5:45 Music On Third Street</p>	<p>9:00 Manicures /classic TV 17 10:15 Sittercise w/ YMCA 1:00 Tai Chi w/Debi 2:00 LL Happy Hour w/Bob Buchkoe 7:00 Movie Night w/Popcorn</p>	<p>10:15 Exercise Tape 18 1:00 Crafts w/Libby (Girl Scouts) 2:30 Bowling 3:00 LL Games w/Friends 6:30 Bingo w/Steve</p>
	<p>10:00 Let the Bible Speak 19 10:30 Exercise Tape 2:30 SS Worship. Service w/Jim Larson</p>	<p>10:15 Sitter Yoga w/ YMCA 20 1:30 Catholic Mass 2:30 Musical Bingo 3:45 CE Birding Basics W/Scot Stewart 4:00 SS Women's Bible Study 6:30 Millionaire w/Dave</p>	<p>9:15 Morning Prayer & Praise 21 9:30 U.P. Health and Hospice- Blood Pressure and Diabetic checks 10:00 PE Movin' & Groovin' w/ Brian 1:00 Tai Chi w/Debi 6:30 Bingo</p>	<p>10:00 Green Thumbs Up Garden Club 22 11:00 Trivia 1:00 AE Exercise tape 1:30 Rosary w/Fae 3:00 CC Wags & Wiggles- Pet Therapy 3:30 CE Armchair Explorer</p>	<p>9:15 Morning Coffee and Conversation 23 10:00 Moving for better Balance w/Brian 2:00 Camp Song sing-a-long 3:00 Book Club w/ Lynn Brown 6:30 Games w/Kristy</p>	<p>9:00 Manicures /classic TV 24 10:15 Sittercise w/ YMCA 1:00 Tai Chi w/Debi 2:00 LL Happy Hour w/Sunshine Girls 7:00 Movie Night w/Popcorn</p>	<p>10:15 Exercise Tape 25 2:00 Bowling 3:00 LL Games w/ Friends 6:30 Bingo w/Steve</p>
	<p>10:00 Let the Bible Speak 26 10:30 Exercise Tape 3:00 Coffee Clutch</p>	<p>10:15 Sitter Yoga w/ YMCA 27 10:15 Sittercise 1:30 Catholic Mass 2:30 Musical Bingo 4:00 SS Women's Bible Study 6:30 Millionaire w/Dave</p>	<p>9:15 Morning Prayer & Praise 28 10:00 PE Movin' & Groovin' w/Brian 1:00 Tai Chi w/Debi 1:30 A Novel Idea (Reading Group) 3:30 Worship w/Marquette Hope United Methodist 6:30 Bingo</p>	<p>11:00 Trivia 29 1:00 AE Exercise tape 1:30 Rosary w/Fae 3:00 CC Wags & Wiggles- Pet Therapy 3:30 CE Armchair Explorer</p>	<p>9:15 Morning Coffee and Conversation 30 10:00 Moving for better Balance w/Brian 2:00 Adventures w/Fred 6:30 Games w/Kristy</p>	<p>9:00 Manicures /classic TV 31 10:15 Sittercise w/ YMCA 1:00 Tai Chi w/Debi 2:00 LL Happy Hour w/Don Ohman 7:00 Movie Night w/Popcorn</p>	