



29	30	31	Aug 1	2	3	4
			Hawaiian Fruit Salad Pan Seared Tilapia Glazed Baked Ham <i>or</i> Roasted Red Potatoes Lemon Pepper Green Beans Baked Roll Angel Food Cake	Green Salad Beef Patty/Mushroom Sauce Lemon Oregano Turkey <i>or</i> Mashed Potatoes Beets Baked Roll Cheesecake	Ambrosia Dressed Up Chicken Baked Dijon Salmon <i>or</i> Seasoned Rice Capri Blend Baked Roll Fruit Crisp	Green Salad Kalua Roast Pork Teriyaki Kabobs <i>or</i> Aloha Sweet Potatoes Yellow Squash/Onions Baked Roll Boston Cream Pie
5	6	7	8	9	10	11
Carrot Raisin Salad Meatloaf Butter Crumb Chicken Fried Potatoes/Onions Chef's Steamed Vegetable Baked Roll Lemon Meringue Pie	Green Salad Louisiana Chicken Baked Tilapia/Basil Cream Sauce <i>or</i> Seasoned Mushroom Rice California Normandy Blend Baked Roll Cherry Pie	Cucumber Tomato Salad Roast Pork/Ginger Glaze Slow Roasted Turkey <i>or</i> Baked Yams Scandinavian Veg Baked Roll Chocolate Chip Cake	Creamy Coleslaw Hamburger Steak/Onions Baked Ham/Peach Sauce <i>or</i> Scalloped Potatoes Mixed Vegetables Baked Roll Coconut Cream Pie	Green Salad Grilled Chicken Garlic-Herb Pork Roast <i>or</i> Parsley Rice Caribbean Blend Baked Roll Pear Crisp	Juicy Fruit Salad Tilapia/Savory Herb Butter Pepper Smothered Steak <i>or</i> Garlic Mashed Potatoes Green Beans Baked Roll Lemon Cream Cake	Jello Salad Beef Tips Au Jus Marinated Turkey <i>or</i> Best Noodles Fresh Cooked Zucchini Baked Roll Cinnamon Coffee Cake
12	13	14	15	16	17	18
Green Salad Honey Glazed Ham Pot Roast Milano Candied Yams Seasoned Cabbage Baked Roll Apple Pie	Four Bean Salad Oven Fried Chicken Grilled Marinated Shrimp <i>or</i> Lemon Rice Mixed Vegetables Baked Roll Oreo Delight	Summer Sun Salad Baked Meatballs/Gravy Turkey Cutlet/Tarragon Sauce <i>or</i> Mashed Potatoes/Gravy Seasoned Cauliflower Baked Roll Chocolate Marshmallow Cake	Green Salad Roasted Rosemary Pork Honey Baked Chicken Leg <i>or</i> Savory Rice Sweet Sour Beets Baked Roll Mixed Berry Crisp	Hawaiian Coleslaw Salisbury Steak/Gravy Grilled Chicken/Cucumber Melon Sauce <i>or</i> Mashed Potatoes/Gravy Roasted Carrots Baked Roll Chef's Dessert	Green Salad Cornmeal Breaded Catfish Pork Ribs and Kraut <i>or</i> Brown Rice Lemon Buttered Broccoli Baked Roll Chef's Dessert	Carrot Raisin Salad Turkey Breast/Lemon Thyme Sauce Pepper Steak <i>or</i> Cornbread Dressing Cream Peas Baked Roll Tapioca Fruit Pudding
19	20	21	22	23	24	25
Five Fruit Salad Pot Roast of Beef Lemon Pepper Salmon Red Skin Mash Oven Roasted Broccoli Baked Roll Chef's Dessert	Green Salad BBQ Chicken Leg Veal Piccata <i>or</i> Beans, Corn and Rice Green Beans/Bacon Baked Roll Peach Crisp	Sprinkled Fruit Salad Sweet Pear Pork Chop Beef Tips <i>or</i> Oven Rice Spinach with Almonds Baked Roll Tapioca Fruit Pudding	Green Salad Turkey Cutlets/Pan Gravy Classic Spaghetti Meat Sauce <i>or</i> Noodles Mixed Vegetables Baked Roll Marble Cake	Creamy Coleslaw Melt In Your Mouth Chicken Pork/Apricot Glaze <i>or</i> Garlic Herb Mashed Potatoes Roasted Parmesan Brussels Sprouts Baked Roll Raspberry/Blueberry Crisp	Sunny Fruit Salad Ham/Pineapple Sauce Baked Tilapia Fillet <i>or</i> Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	Avocado Salad Brown Sugar Meatloaf Turkey Cutlet/Cheese Sauce <i>or</i> Mashed Potato Casserole Green Beans Baked Roll Cherry Crisp
26	27	28	29	30	31	Sep 1
Greek Salad Herb Crusted Chicken Pot Roast/Cider Gravy M/Potatoes/Chix Gravy Corn Baked Roll Strawberry Rhubarb Pie	Dill Cucumbers BBQ Pork Steak Ham and Cheese Quiche <i>or</i> Delicious Rice Steamed Broccoli Baked Roll Carrot Cake	Green Salad Spaghetti/Marinara Meat Sauce Grilled Tilapia/Aioli Sauce <i>or</i> Garlic Pasta Green Beans Italian Baked Roll Orange Creamsicle Bar	Four Bean Salad Homestyle Turkey/Gravy Oven Roasted Pork <i>or</i> Mashed Potatoes Mixed Vegetables Baked Roll Pear Crisp	Green Salad Classic Baked Ham Braised Balsamic Chicken <i>or</i> Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Peanut Butter Cake	Coleslaw Teriyaki Meatballs Cod/Tomato Cream Sauce <i>or</i> Parsley Rice Glazed Baby Carrots Baked Roll Honey Bun Cake	