

# Weekly Menu

## Lakeview Senior Living



	Sun 08-12-2018	Mon 08-13-2018	Tue 08-14-2018	Wed 08-15-2018	Thu 08-16-2018	Fri 08-17-2018	Sat 08-18-2018
<b>B R K</b>	Hot Cereal <i>or</i> Cold Cereal Sausage Breakfast Muffins Fresh Fruit 100% Juice Whole Grain Toast	Cold Cereal <i>or</i> Hot Cereal Sausage Country Gravy/Biscuits Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Pancakes Bacon Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal French Toast Sausage Link Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Ham and Cheese Quiche Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Denver Egg Scramble Sausage Patty Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Pancakes Bacon Fresh Fruit 100% Juice Whole Grain Toast
<b>L U N</b>	Green Salad Soup Du Jour Honey Glazed Ham Fresh Cooked Yams Chef's Steamed Vegetable Baked Roll Wafer Banana Dessert	Mimosa Jello Soup Du Jour Oven Fried Chicken Fresh Mashed Potatoes/Gravy Mixed Vegetables Fresh Biscuits Ice Cream	Green Salad Soup Du Jour Turkey Florentine Pasta Seasoned Cauliflower Baked Roll Fresh Banana Cream Pie	Zesty Cucumber Salad Soup Du Jour Roasted Rosemary Pork Creamy AuGratin Potatoes Sauteed Zucchini Baked Roll Mixed Berry Crisp	Green Salad Soup Du Jour Salisbury Steak/Gravy Red Potatoes Roasted Carrots Baked Roll Peanut Butter Pie	Greek Salad Soup Du Jour Halibut/Lemon Butter Classic Macaroni Salad Sweet Slaw Baked Roll Vanilla Sponge Cake	Green Salad Soup Du Jour Braised Beef Potato Salad Cream Peas Baked Roll Coffee Heath Ice Cream
<b>D I N</b>	Soup Du Jour Green Salad Pulled Pork BBQ/Bun Corn Rootbeer Floats	Soup Du Jour Green Salad Vegetarian Lasagna Normandy Blend Pistachio Pudding	Soup Du Jour Green Salad Texas BBQ Chicken Salad Country Trio Medley Applesauce Cookies	Soup Du Jour Green Salad Beef and Noodles Greens Lemon Pudding	Soup Du Jour Green Salad All Beef Hot Dog Sauerkraut Fudge Bar	Soup Du Jour Green Salad Hot Roast Beef Sandwich Dutch Spinach Salad Fresh Banana Cream Pie	Soup Du Jour Green Salad Chicken and Biscuits Snap Pea Vegetable Blend Sugar Cookie w/Frosting
Milk offered at every meal							Week 4

Dietitian's Signature: *Diana Jagan, RDN*  
6-18-2018