



### Cap Sante

29	30	31	Aug 1	2	3	4
			Hawaiian Fruit Salad Pan Seared Cod Roasted Red Potatoes Lemon Pepper Green Beans Baked Roll Key Lime Pie	Broccoli Raisin Salad Beef Patty w/Crimini Mushrooms Boiled Potatoes Beets Baked Roll Chocolate Lush	Ambrosia Dressed Up Chicken Seasoned Rice Capri Blend Baked Roll Pineapple Upside Down Cake	Marinated Pepper Salad Kalua Roast Pork Aloha Sweet Potatoes Honey Glazed Carrots Baked Roll Layered Fruit Squares
5	6	7	8	9	10	11
Sour Cream Carrot Salad Bacon Meatloaf O'Brien Potatoes Spinach Polonaise Baked Roll Lemon Meringue Pie	Pineapple Cucumber Salad Bourbon Chicken Seasoned Mushroom Rice California Normandy Blend Baked Roll Homemade Cherry Cobbler	Classic Waldorf Salad Crispy Pork Chops Baked Yams Stewed Tomatoes Baked Roll Rainbow Cake	Carrot Celery Cucumber Salad Hamburger Steak/Onions Baked Potato Mixed Vegetables Baked Roll Pineapple Cream Pie	Green Salad Grilled Chicken Cheesy Potato Rounds Caribbean Blend Baked Roll Blueberry Cream Angel Dessert	Juicy Fruit Salad Tilapia/Savory Herb Butter Garlic Mashed Potatoes Green Beans Baked Roll Lemon Cream Cake	Jello Salad Beef Tips Au Jus Best Noodles Fresh Cooked Zucchini Baked Roll Cinnamon Coffee Cake
12	13	14	15	16	17	18
Caesar Spinach Salad Honey Glazed Ham Fresh Cooked Yams Seasoned Cabbage Baked Roll Apple Pie Ala Mode	Feta Garbanzo Bean Salad Oven Fried Chicken Lemon Rice Garlic Spinach Fresh Biscuits Oreo Cheesecake	Summer Sun Salad Baked Meatballs/Gravy Fresh Mashed Potatoes/Gravy Seasoned Cauliflower Baked Roll Chocolate Marshmallow Cake	Zesty Cucumber Salad Roasted Rosemary Pork Savory Rice Sweet Sour Beets Baked Roll Mixed Berry Crisp	Orange Grapefruit Salad Salisbury Steak/Gravy Red Potatoes Roasted Carrots Baked Roll Southern Style Bread Pudding	Green Salad Grilled Sole Fillet Brown Rice Sweet Slaw Baked Roll Frozen Caramel Square	Pickle Relish Plate Turkey Breast/Lemon Thyme Sauce Cornbread Dressing Cream Peas Baked Roll Apple Cake Kuchen
19	20	21	22	23	24	25
Five Fruit Salad Pot Roast of Beef Red Skin Mash Oven Roasted Broccoli Baked Roll Fresh Coconut Cream Pie	Mixed Vegetable Salad BBQ Chicken Leg Beans, Corn and Rice Green Beans/Bacon Fresh Biscuits Peach Crisp	Green Salad Sweet Pear Pork Chop Smashed Sweet Potatoes Spinach with Almonds Baked Roll Banana Sheet Cake	Caesar Salad Petite Sirloin/Peppercorn Baked Potato Mixed Vegetables Baked Roll Marble Cake	Vegetable Medley Salad Melt In Your Mouth Chicken Cream and Cheese Potatoes Corn on the Cob Baked Roll Blueberry-Lemon Parfait	Sunny Fruit Salad Tropical Tilapia Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	Avocado Salad Brown Sugar Meatloaf Mashed Potato Casserole Green Beans Baked Roll Cherry Crisp
26	27	28	29	30	31	Sep 1
Greek Salad Sour Cream Chicken M'Potatoes/Chix Gravy Corn Baked Roll Strawberry Pie	Wilted Spinach Salad BBQ Pork Steak Twice Baked Potato Steamed Broccoli Baked Roll Homemade Carrot Cake	Green Salad Spaghetti/Marinara Meat Sauce Green Beans Italian Mozzarella Garlic Bread Snickerdoodle Brownie	Four Bean Salad Homestyle Turkey/Gravy Cranberry Sage Dressing Baked Seasoned Squash Baked Roll Pear Cobbler	Peach Spring Salad Classic Baked Ham Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Mandarin Orange Chiffon Pie	Coleslaw Teriyaki Meatballs Parsley Rice Glazed Baby Carrots Baked Roll Honey Bun Cake	