



Brookridge Heights

29	30	31	Aug 1	2	3	4
			Green Salad Glazed Baked Ham Beef Enchilada Rice Casserole <i>or</i> Roasted Red Potatoes Lemon Pepper Green Beans Baked Roll Angel Food Cake	Green Salad Turkey Cutlet/Garlic Tomato Sauce Salisbury Steak/Gravy <i>or</i> Fresh Mashed Potatoes/Gravy Beets Baked Roll Brownies	Green Salad Citrus Baked Cod Chicken Breast, Marinated <i>or</i> Seasoned Rice Capri Blend Baked Roll Pineapple Upside Down Cake	Green Salad Kalua Roast Pork Breaded Steaks/Roasted Potatoes <i>or</i> Roasted Potato Medley Honey Glazed Carrots Baked Roll Double Chocolate Chip Cookies
5	6	7	8	9	10	11
Green Salad Bacon Meatloaf Tarragon Chicken <i>or</i> O'Brien Potatoes Chef's Steamed Vegetable Baked Roll Oatmeal Raisin Cookie	Green Salad Bourbon Chicken Balsamic Tomato Glazed Meatloaf <i>or</i> Rice Pilaf California Normandy Blend Baked Roll Homemade Cherry Cobbler	Green Salad Manicotti with Marinara Sauce Pork and Sweet Potatoes <i>or</i> Baked Yams Broccoli Crusty Garlic Bread Apple Walnut Crumb Cake	Green Salad Hamburger Steak/Onions Baked Ham/Peach Sauce <i>or</i> Baked Potato Mixed Vegetables Baked Roll Apple Crumb Cake	Green Salad Grilled Chicken Pork Fried Rice <i>or</i> AuGratin Potatoes Caribbean Blend Baked Roll Blueberry Cream Angel Dessert	Coleslaw Tilapia/Savory Herb Butter Pepper Smothered Steak <i>or</i> Garlic Mashed Potatoes Green Beans Baked Roll Signature Carnival Cookie	Green Salad Beef Rigatoni Bake Marinated Turkey <i>or</i> Fresh Mashed Potatoes/Gravy Brussels Sprouts Crusty Garlic Bread Jello Salad
12	13	14	15	16	17	18
Green Salad Honey Glazed Ham Grilled Tri Tip <i>or</i> Fresh Cooked Yams Chef's Steamed Vegetable Baked Roll Apple Pie Ala Mode	Green Salad Baked Tilapia/Dill Sauce Greek Grilled Chicken <i>or</i> Lemon Rice Mixed Vegetables Biscuits Butter Cookies	Green Salad Baked Meatballs/Gravy Turkey Cutlet/Tarragon Sauce <i>or</i> Parsley Egg Noodles Seasoned Cauliflower Baked Roll Cream Puffs	Green Salad Roasted Rosemary Pork Eggplant Parmesan <i>or</i> Noodles Beets Baked Roll Apple Crisp	Green Salad Salisbury Steak/Gravy Apricot Chicken <i>or</i> Fresh Mashed Potatoes Roasted Carrots Baked Roll Southern Style Bread Pudding	Coleslaw Cod Provencal Chicken Madras <i>or</i> Roasted Potato Medley Chef's Steamed Vegetable Baked Roll Pie of Choice	Green Salad Turkey Breast/Lemon Thyme Sauce Asian Orange Chicken <i>or</i> Delicious Rice Chef's Steamed Vegetable Baked Roll Apple Crisp
19	20	21	22	23	24	25
Green Salad Pot Roast of Beef Parmesan Cod Fillets <i>or</i> Fresh Mashed Potatoes/Gravy Oven Roasted Broccoli Baked Roll Fresh Banana Cream Pie	Green Salad Chicken Alfredo Pasta BBQ Beef Brisket <i>or</i> Green Beans/Bacon Cornbread Peach Crisp	Green Salad Caribbean Pork Stew Beef Tips <i>or</i> Garlic Pasta Orange Glazed Carrots Baked Roll Banana Sheet Cake	Green Salad Sour Cream Beef Patty Warm Chicken Pasta Salad <i>or</i> Baked Potato Mixed Vegetables Baked Roll Marble Cake	Green Salad Melt In Your Mouth Chicken Honey Roasted Pork <i>or</i> AuGratin Potatoes Corn O'Brien Baked Roll Blueberry-Lemon Parfait	Creamy Coleslaw Tropical Tilapia Ham/Pineapple Sauce <i>or</i> Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	Green Salad Brown Sugar Meatloaf Smoked Roasted Turkey <i>or</i> Fresh Mashed Potatoes/Gravy Green Beans Baked Roll Ice Cream
26	27	28	29	30	31	Sep 1
Green Salad Baked Sliced Ham Ale House Beef <i>or</i> Fresh Mashed Potatoes/Gravy Chef's Steamed Vegetable Baked Roll Coconut Cream Pie	Green Salad Rosemary Roasted Chicken Thighs Quiche Florentine <i>or</i> Lemon Rice Steamed Broccoli Baked Roll Homemade Carrot Cake	Green Salad Spaghetti/Marinara Meat Sauce Grilled Tilapia/Aioli Sauce <i>or</i> Herb Roasted Red Potatoes Green Beans Italian Garlic Bread Brownies	Green Salad Sweet and Sour Pork Homestyle Turkey/Gravy <i>or</i> Cranberry Sage Dressing Sauteed Summer Squash Delicious Rice Cherry Cobbler	Green Salad Classic Baked Ham Braised Balsamic Chicken <i>or</i> Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Sugar Cookie	Coleslaw Teriyaki Meatballs Cod/Tomato Cream Sauce <i>or</i> Parmesan Orzo Glazed Baby Carrots Baked Roll Pineapple Parfait	