



29	30	31	Aug 1	2	3	4
			Hawaiian Fruit Salad Pan Seared Tilapia Garlic Broiled Chicken Leg <i>or</i> Roasted Red Potatoes Lemon Pepper Green Beans Baked Roll Banana Creme Cake	Kiwi Fruit Salad Zesty Beef Roast Hawaiian Pork Bowl with Pineapple Salsa <i>or</i> Coconut Rice Mixed Vegetables Baked Roll Assorted Desserts	Ambrosia Chicken Breast, Marinated Baked Tilapia/Dill Sauce <i>or</i> Seasoned Rice Capri Blend Baked Roll Pineapple Upside Down Cake	Marinated Pepper Salad Herb Seasoned Pork Beef Paprika <i>or</i> Parsley Egg Noodles Glazed Baby Carrots Baked Roll Cake Chocolates
5	6	7	8	9	10	11
Green Salad Meatloaf Chicken Breast, Marinated <i>or</i> Fresh Mashed Potatoes Chef's Steamed Vegetable Baked Roll Poppy Seed Cake	Green Salad Dijon Honey Roasted Chicken Baked Tilapia/Dill Sauce <i>or</i> Delicious Rice Peas and Onions Baked Roll Chocolate Caramel Cake	Classic Waldorf Salad Ginger Mustard Pork Chops Classic Spaghetti Meat Sauce <i>or</i> Red Potatoes Buttery Carrots Baked Roll Coconut Cake	Green Salad Glazed Ham Steak Sweet Baked Yams Mixed Vegetables Baked Roll Chocolate Ice Cream	Green Salad Garlic-Herb Pork Roast Baked Beef Vegetable Stew <i>or</i> Parsley Rice Steamed Broccoli Baked Roll Assorted Desserts	Juicy Fruit Salad Tilapia/Savory Herb Butter BBQ Chicken Leg <i>or</i> Classic Mashed Potatoes Fresh Green Beans Baked Roll Lemon Cream Cake	Jello Salad Beef Tips Au Jus Marinated Turkey <i>or</i> Best Noodles Fresh Cooked Zucchini Baked Roll Cinnamon Coffee Cake
12	13	14	15	16	17	18
Green Salad Honey Glazed Ham Oven Fried Chicken <i>or</i> Baked Potato Chef's Steamed Vegetable Baked Roll Coconut Custard Pie	Green Salad Baked Tilapia/Dill Sauce Chicken/Citrus Sage Sauce <i>or</i> Lemon Pesto Rice Mixed Vegetables Baked Roll White Cake	Ambrosia Jello Salad Turkey Tetrizzini Leg of Lamb <i>or</i> Herb Roasted Red Potatoes Green Beans Baked Roll Marble Cake	Zesty Cucumber Salad Oven Roasted Pork Baked Rosemary Lemon Chicken <i>or</i> Savory Rice Peas and Pearl Onions Baked Roll Mixed Berry Crisp	Orange Grapefruit Salad Salisbury Steak/Gravy Chicken Enchilada Casserole <i>or</i> Red Potatoes Roasted Carrots Baked Roll Peach Pie	Green Salad Cornmeal Crusted Catfish Roasted Chicken Legs <i>or</i> Fresh Mashed Potatoes Sweet Slaw Baked Roll Southern Style Bread Pudding	Pickle Relish Plate Turkey Meatloaf BBQ Glazed Meatballs <i>or</i> Classic Mashed Potatoes Seasoned Peas Baked Roll Assorted Cookies
19	20	21	22	23	24	25
Green Salad Pot Roast of Beef Roasted Pork Loin <i>or</i> Red Skin Mash Seasoned Broccoli Baked Roll Coconut Cream Pie	Mixed Vegetable Salad Honey Roasted Chicken Thigh Baked Tilapia/Dill Sauce <i>or</i> Delicious Rice Green Beans/Bacon Baked Roll Peach Crisp	Green Salad Pepper Steak Penne Pasta in Sausage Marinara Sauce <i>or</i> Garlic Pasta Spinach with Almonds Baked Roll Banana Sheet Cake	Caesar Salad Turkey Cutlets/Pan Gravy Meatloaf <i>or</i> Classic Mashed Potatoes Mixed Vegetables Baked Roll White Cake	Vegetable Medley Salad Chicken/Lime and Cilantro Pork Tenderloin <i>or</i> Rice Pilaf Corn Baked Roll Apple Pie	Sunny Fruit Salad Tropical Tilapia Ham/Pineapple Sauce <i>or</i> Delicious Rice Chef's Steamed Vegetable Baked Roll Lemon Meringue Pie	Avocado Salad Meatloaf Honey Curry Chicken Legs <i>or</i> Mashed Potato Casserole Fresh Green Beans Baked Roll Applesauce Cake
26	27	28	29	30	31	Sep 1
Green Salad Roast Beef Dijon Honey Roasted Chicken <i>or</i> Fresh Mashed Potatoes/Gravy Corn Baked Roll Assorted Desserts	Green Salad Manicotti with Marinara Sauce Beef Stroganoff/Noodles <i>or</i> Noodles Steamed Broccoli Baked Roll White Almond Cake	Green Salad Grilled Tilapia/Aioli Sauce Spaghetti/Marinara Meat Sauce <i>or</i> Delicious Rice Mixed Vegetables Baked Roll Cheesecake	Creamy Pear Jello Oven Roasted Pork Leg of Lamb <i>or</i> Roasted Rosemary Potatoes Baked Seasoned Squash Baked Roll Homemade Chocolate Cake	Peach Spring Salad Classic Baked Ham Chicken/Basil Cream Sauce <i>or</i> Parmesan Roasted Potatoes Chef's Steamed Vegetable Baked Roll Spumoni Ice Cream	Coleslaw Cod/Tomato Cream Sauce Country Fried Steak/Gravy <i>or</i> Classic Mashed Potatoes Glazed Baby Carrots Baked Roll Bread Pudding/Vanilla Sauce	