| Sunday Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|---|
| | | Shopping 10:00 Good Morning Stretch & Workout w/ Trinh (DR) 11:00 Catholic Service (RR) 11:30 Safeway (LB) 1:30 Art Class W/ Juliee (AR) Anyone Can Paint! Must See! 3:00 Bingo (RR) 6:30 Evening Movie (Ch. 4) | Appointments 10:00 Live 2B Healthy Exercise w/ Austin (DR) 12:30 Pet Visit, Poppy & Taylor (LB) 1:00 Crochet Club Meets (AR) 1:00 Worship Service by Golden Hills Church (RR) 1:30 Flower Arranging (AR) 3:00 Bingo (RR) 6:30 Evening Movie (Ch. 4) | Happy Hour! 10:00 Live 2B Healthy- Chair Tai Chi & Yoga w/Austin (DR) 1:00 Guinness & Shiloh Pet Therapy Dogs (LB) 1:30 Stories of Inspiration (RR) 3:00 Happy Hour (DR) Andrea (Piano & Singing) 6:30 Evening Movie (Ch. 4) | 10:00 Move & Groove to Music w/ Helen (Exercise Class) (DR) 1:30 Arts & Crafts Painting (AR) 2:30 Movie Matinee 3:00 Bingo (RR) Resident Led 6:30 Evening Movie (Ch. 4) |
| Church Schedule Available 5 8:30 Golden Hills Church (LB) 8:30 IHM Catholic Service (LB) 9:00 Pet Visits with Nan & Clant 1:00 Victory Baptist (RR) 2:00 Scenic Drive (LB) 3:00 Bingo Resident Led (RR) 6:30 Evening Movie (Ch. 4) 10:00 Good Morning S Workout w/ Trin 10:45 Daily News/ Tr 1:00 Cooking & Craft w/ Trinh (AR) 1:30 Movie (TR) 3:00 Bingo (RR) | 10:00 Live 2B Healthy Carol (DR) ivia (DR) 10:45 Bible Study (RR) 1:30 Game Time (AR) 2:30 Flower Arranging (AR) 3:00 Bingo (RR) 5:30 Ed Davin (DR) | Shopping 8 10:00 Good Morning Stretch(DR) 11:00 Catholic Service (RR) 11:30 Safeway (LB) 1:30 Poker (AR) 1:30 Movie (TR) 3:00 Bingo (RR) 6:00 Quarterly Family Mtng Residents & Family Welcome (DR) | Appointments 10:00 Live 2B Healthy Exercise w/ Austin (DR) 1:00 Crochet Club Meets (AR) 1:00 Worship Service by Golden Hills Church (RR) 1:30 Flower Arranging (AR) 3:00 Bingo (RR) 6:30 Evening Movie (Ch. 4) | Happy Hour! 10 10:00 Live 2B Healthy- Chair Tai Chi & Yoga w/Austin (DR) 1:00 Guinness & Shiloh Pet Therapy Dogs (LB) 1:30 Stories of Inspiration (RR) 3:00 Happy Hour (DR) Jim Kennedy & Band 6:30 Evening Movie (Ch. 4) | 11 10:00 Move & Groove to Music w/ Helen (Exercise Class) (DR) 1:30 Arts & Crafts Painting (AR) 2:30 Movie Matinee 3:00 Bingo (RR) Resident Led 6:30 Evening Movie (Ch. 4) |
| Church Schedule Available 2 8:30 Golden Hills Church (LB) 8:30 IHM Catholic Service (LB) 9:00 Pet Visits with Nan & Clant 1:00 Victory Baptist (RR) 2:00 Scenic Drive (LB) 3:00 Bingo Resident Led (RR) 6:30 Evening Movie (Ch. 4) 10:00 Good Morning S Workout w/ Trin 10:45 Daily News/Tr 1:00 Cooking & Craft w/ Trinh (AR) 1:30 Movie (TR) 3:00 Bingo (RR) | 10:00 Live 2B Healthy Carol (DR) ivia (DR) 10:45 Bible Study (RR) 1:30 Food Demo by Tone! Must See (DR) 2:30 Flower Arranging (AR) 3:00 Bingo (RR) | Shopping 15 10:00 Good Morning Stretch & Workout w/ Trinh (DR) 11:00 Catholic Service (RR) 11:30 Safeway (LB) 1:30 Art Class W/ Juliee (AR) Anyone Can Paint! Must See! 3:00 Bingo (RR) 6:30 Evening Movie (Ch. 4) | Appointments 10:00 Live 2B Healthy Exercise w/ Austin (DR) 12:30 Pet Visit, Poppy & Taylor (LB) 1:00 Crochet Club Meets (AR) 1:00 Worship Service (RR) 1:00 Bead Making w/Joyce (AR) 2:30 Flower Arranging (AR) 3:00 Bingo (RR) 6:30 Evening Movie (Ch. 4) | Happy Hour! 17 10:00 Live 2B Healthy- Chair Tai Chi & Yoga w/Austin (DR) 1:00 Guinness & Shiloh Pet Therapy Dogs (LB) 1:30 Stories of Inspiration (RR) 3:00 Happy Hour (DR) Muzeke 6:30 Evening Movie (Ch. 4) | 10:00 Move & Groove to Music w/ Helen (Exercise Class) (DR) 1:30 Arts & Crafts Painting (AR) 2:30 Movie Matinee 3:00 Bingo (RR) Resident Led 6:30 Evening Movie (Ch. 4) |
| Church Schedule Available 9 8:30 Golden Hills Church (LB) 8:30 IHM Catholic Service (LB) 9:00 Pet Visits with Nan & Clant 1:00 Victory Baptist (RR) 2:00 Scenic Drive (LB) 3:00 Bingo Resident Led (RR) 6:30 Evening Movie (Ch. 4) 10:00 Good Morning S Workout w/ Trin 10:45 Daily News/ Tr 1:00 Cooking & Craft w/ Trinh (AR) 1:30 Movie (TR) 3:00 Bingo (RR) 6:30 Evening Movie (Ch. 4) | 10:00 Live 2B Healthy Carol (DR) ivia (DR) 10:45 Bible Study (RR) 1:30 Resident Council (DR) Come & Support your Council 2:30 Flower Arranging (AR) 3:00 Bingo (RR) | Shopping 22 10:00 Good Morning Stretch & Workout w/ Trinh (DR) 10:30 Luncheon to Fosters in Rio Vista. Sifgn up at the Front Desk. 11:00 Catholic Service (RR) 1:30 Movie (TR) 3:00 Bingo (RR) 6:30 Evening Movie (Ch. 4) | Appointments 23 10:00 Live 2B Healthy Exercise w/ Austin (DR) 1:00 Crochet Club Meets (AR) 1:00 Worship Service by Golden Hills Church (RR) 1:30 Flower Arranging (AR) 3:00 Bingo (RR) 6:30 Evening Movie (Ch. 4) | Happy Hour! 24 10:00 Live 2B Healthy- Chair Tai Chi & Yoga w/Austin (DR) 1:00 Guinness & Shiloh Pet Therapy Dogs (LB) 1:30 Stories of Inspiration (RR) 3:00 Happy Hour (DR) David Flynn 6:30 Evening Movie (Ch. 4) | 10:00 Move & Groove to Music w/ Helen (Exercise Class) (DR) 1:30 Arts & Crafts Painting (AR) 2:30 Movie Matinee 3:00 Bingo (RR) Resident Led 6:30 Evening Movie (Ch. 4) |
| Church Schedule Available 8:30 Golden Hills Church (LB) 8:30 IHM Catholic Service (LB) 9:00 Pet Visits with Nan & Clant 1:00 Victory Baptist (RR) 2:00 Scenic Drive (LB) 3:00 Bingo Resident Led (RR) 6:30 Evening Movie (Ch. 4) Westmont of Brentwood 450 John Muir Pkw | 10:00 Live 2B Healthy Carol (DR) ivia (DR) 10:45 Bible Study (RR) 1:30 Game Time (AR) 2:30 Flower Arranging (AR) 3:00 Bingo (RR) 6:30 Evening Movie (Ch. 4) | Shopping 10:00 Good Morning Stretch & Workout w/ Trinh (DR) 11:00 Catholic Service (RR) 11:30 Safeway (LB) 1:30 Ice Cream Social Wear your Crazy Hat to the Social (DR) 3:00 Bingo (RR) | 10:00 Live 2B Healthy Exercise w/ Austin (DR) 1:00 Crochet Club Meets (AR) 1:00 Worship Service by Golden Hills Church (RR) 1:30 Flower Arranging (AR) 3:00 Movie (TR) 6:00 Bingo Bash! Family & Friends Welcome Great Raffels! | Salvation Army Pick-up (AR) 10:00 Live 2B Healthy- Chair Tai Chi & Yoga w/Austin (DR) 1:00 Guinness & Shiloh Pet Therapy Dogs (LB) 1:30 Stories of Inspiration (RR) 3:00 Happy Hour (DR) Kaci Rigney | (RR) Resource Room (LB) Lobby (DR) Dining Room (AR) Activity Room (TR) Theater |