# WOOD RIDGE | NEWSLETTER

## NOTE FROM ADMINISTRATOR

**Be Kind to Humankind Week is celebrated every year from August 25th – 31st.**

It is a time for us to reflect on what we can do to make our world a better place. Of course we should practice kindness daily, but during this week you can take it to the next level. There are seven days and seven different themes. **They are: Sacrifice our wants for other's needs Sunday, Motorist Consideration Monday, Touch-A-Heart Tuesday, Willing To Lend A Hand Wednesday, Thoughtful Thursday, Forgive Your Foe Friday, and Speak Kind Words Saturday.** I encourage each of you to take the challenge with me and Be Kind to Humankind.

Afterall, kindness is contagious.

*Lisa Harrison*

### Resident Birthdays

| | |
|---|---|
| Troy M. | Aug. 9 |
| Gloria A. | Aug. 11 |
| Florian N. | Aug. 17 |
| Randy M. | Aug. 24 |
| Vera W. | Aug. 26 |
| Debra O. | Aug. 31 |
| Deb M. | Aug. 31 |

### Staff Birthdays

| | |
|---|---|
| Charolette T. | Aug. 16 |
| Alesha R. | Aug. 29 |
| Bajeh D. | Aug. 29 |
| Karen D. | Aug. 30 |

17650 Generations Drive, South Bend, IN 46635
Office: 574-271-1151 | www.WoodridgeALF.com | AUGUST 2018

Wood Ridge
ASSISTED LIVING COMMUNITY

# ACTIVITY HIGHLIGHTS

### Zumba Party

*Tuesday August 21st*
*7:00pm to 8:00pm*

Time to shake up the summer with a free Zumba Class hosted by Tiffany Rusher

Waters will be provided
All participants will be entered into a drawing for a fitness gift basket.

If you have any questions please contact Deejra Lee
Dance through summer with Wood Ridge.

### Community Garage Sale

*August 31st*
*from 8am-4:00pm*

Furniture, clothes, toys shoes, dishes, collectibles and more
Come help support our activity department

Please contact Deejra Lee for more information

### Welcome New Residents:

Patricia E.
Roger H.
Scott D.
Alfred P.

# Father's Day Cookout

# Cubs Baseball Game

## RESIDENT SPOTLIGHT: SCOTT D.

**Scott is are resident spotlight for August.** Scott has only been with us for a few months but he said it feels like home. Scott was born and raised in Elkhart In. He went to Elkhart Central High School. After high school he joined the Army. He served in the Army for twelve years. After the Army he worked in a factory for twenty years. Scott has five children and nine grandchildren. He loved to go hunting and work on model cars. His favorite vacations were going to Florida and California. We are happy to have Scott here at Wood Ridge.

## Special Events

**8/1 10:00**
Pet Therapy

**8/3 3:00**
Entertainment with Jeff Leslie

**8/6 3:00**
Scenic Drive

**8/7 12:00**
Cookout

**8/7 1:00**
Stu from the South Bend Cubs

**8/9 11:15**
Lunch Outing Big Panda Buffet

**8/10 3:15**
Entertainment with Swing Sisters

**8/13 11:30**
Men's Lunch Outing Five Guys

**8/17 9:30**
Farmers Market

**8/17 3:00**
Entertainment with Loni Kay & Jay

**8/18 8:00**
Breakfast at Allies

**8/19 1:00**
Movie Theater Outing

**8/21 7:00**
Zumba

**8/23 3:00**
Ice Cream Social

**8/24 10:00**
Four Winds Casino Trip

**8/27 1:30**
Goodwill Shopping

**8/30 3:00**
Entertainment with Bryan Edington

**8/31 8:00**
Yard Sale

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## Our Staff

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RIDGELINE
MANAGEMENT COMPANY

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# AUGUST – WORD SEARCH

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BANANA
COGNITIVE
COLOR
CRAFTS
CRAYONS
HOT
ICE CREAM
MARKERS
MEMORY
POET
RELAX
SENIOR
STRESS
SUMMER
VERSE

## Like us on Facebook!

**WOOD RIDGE ASSISTED LIVING**

For your chance to be entered into a drawing. When we reach 300 likes, we will do a random drawing for a gift card. Hit that like button and tell your friends to do so also!