

# BAYBERRY COMMONS NEWSLETTER



*Bayberry's Handsome residents during the Men's lunch complete with BBQ ribs & Corona!*



## FROM THE DESK OF THE ASSISTANT ADMINISTRATOR: ERICA FOX

Happy August All!

What a wonderful summer it has been! I have to admit, Oregon has the prettiest summers...it makes all the grey, rainy days' worth the wait. One of my favorite activities that happen during this time of the year is gardening. It has been so much fun to see (and help) our residents plant flowers and herbs. A few of our residents have tomato plants that have grown so tall!

Speaking of fun summer activities, we held our annual yard sale on July 21st! Thank you so much for all who helped with your donations, time, and purchases! Every bit makes a difference and we are so excited by

the turnout! The final tally is soon to come...

Our next special event is on August 17th as we will be hosting our annual summer Luau! Personally, I cannot wait for this event...there will be a Tiki bar and music to sway to in your hula skirt (or Hawaiian shirt). There will also be a delicious menu featuring fruit skewers, mac salad, huli huli pineapple chicken, and so much more! Half of the proceeds from this event will also be donated to the Alzheimer's Association. You won't want to miss it! Make sure to RSVP at our front desk and I look forward to seeing you there!

*Erica*



## Happy Birthday!

### Residents

Faye K.	8/4
Linda C.	8/6
Dorothy G.	8/17
Milly W.	8/22
Al F.	8/29

### Staff:

Gerry K.	8/5
Veronika B.	8/6
Amy W.	8/8
Sue L.	8/15

**BAYBERRY COMMONS**  
ASSISTED LIVING & MEMORY CARE

2211 Laura Street, Springfield, Oregon 97477

Office: 541-744-7000 | Fax: 541-744-7999

[www.BayberryCommonsALF.com](http://www.BayberryCommonsALF.com) | Check out our Facebook Page!

**AUGUST 2018**

## Activity Highlights

### **AUGUST 3**

**2:30** Music w/Julie

### **AUGUST 4**

**2:30** Ice cream social  
w/Timothy Patrick

### **AUGUST 10**

**11:30** Lunch Outing  
**2:30** Music w/Gordon

### **AUGUST 11**

**2:30** Ice Cream Social  
w/Preston Wills

### **AUGUST 17**

**4 – 6** Luau

### **AUGUST 18**

**2:30** Ice Cream Social w/  
Parson's Creek Posse

### **AUGUST 24**

**11:30** Lunch Outing  
**2:30** Piano w/Gus

### **AUGUST 25**

**2:30** Ice Cream Social  
w/Steve

### **AUGUST 28**

**2:30** Visit w/Shiloh & Fred

## LETTER FROM MEMORY CARE COORDINATOR: MINDY GRAVON

One of the most important aspects of keeping our residents active and happy is activities.

Activities can lessen anxiety and make people feel more engaged with life. One of our residents' favorite activities is noodle ball.

This involves a pool noodle and a balloon.

Our residents have great fun gathering around into a big circle, grabbing that pool noodle and hitting that balloon back and forth. Everyone loves to join in, even some family members.

It is so heartwarming to see our residents, and their family members, having such a good time. This is just one example of how we bring joy and laughter to our residents. If you're ever in the neighborhood, please join us for a rousing game of noodle balloon!



### Featured Resident: Norma L.

Norma was born in Pueblo, Colorado on January 1, 1930 but

lived most of her childhood in Denver. After high school, Norma hitchhiked to California and worked as a nanny. A few years later she moved to Oregon.

Norma met her husband Harold while they were both attending college at Eastern Oregon College of Education. They moved to Springfield where Harold got a job and Norma finished out her schooling at the University of Oregon. She taught for over 20 years at Springfield Junior High. Just

when Harold was ready to retire, Norma decided they would move to New Mexico and Alaska to teach for a few more years.

Norma and Harold were married for 50 years. She says he was a wonderful, quiet husband who always let her be herself. Norma has four children and two grandchildren and looks forward to visits from them all.

Norma moved to Bayberry Commons in 2016. She has a great sense of humor and always seems to have fun. She enjoys sitting up front greeting our visitors and entertaining all of us with her views on life. We truly are blessed to have her in our little family and can't imagine our lives without her.

## SUPPORT GROUP

Come to our support group at Bayberry Commons the first Monday of every month at 1pm.

### *Friendly Reminder for Furry Visitors*

If you bring your pet to Bayberry please remember to clean up after them. Help us keep our outdoor area clean! Thank you.







Juanita & Trudi



Lu



Pat & Frank Thank you Frank for the wonderful music during our 4th of July celebration

*Some of our fun times during the 4th of July!*

## Employee of the Month

Residents and staff chose **Patricia R.** for Employee of the Month because she is very personable and responsible, she is always so sweet, she is a very good worker, very dependable and happy to assist her coworkers and she is always smiling and friendly to everyone.



Patricia & Trudi



Our residents had a great show of fireworks. Thank you Bev & John!

*Having a Tracing Memories class with Pani. The residents enjoy their time together along with music and candy. Sounds like fun!*



Marie



Marilynn & Dorothy



Mary & Louise

## Employee of the Quarter

Residents and staff chose **Lori S.** as the Employee of the Quarter because she is a hard worker, she takes time with her elders, has patience and gives them tender loving care, is very dependable, cares very much for the residents and is a great team-player.



## Furry Friends

(Left) Kasilu is a 15-year-old Schnauzer. She is a very sweet girl and we love seeing her every day.

(Right) Dixie is a 3-year-old Chihuahua who lives at Bayberry. She is a very important part of our family and helps protect us all.



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## WEEKLY EVENTS

1. Fitness with Terri Sears on Monday, Wednesday and Friday at 10:00am. This class is held in our Atrium.
2. Wine & Cheese Socials are Thursdays at 3:30pm. Bring a friend and join us.
3. Enjoy an old fashioned ice cream social on Saturdays at 2:30pm.
4. Playing BINGO on Wednesday's and Mondays at 3:00pm.
5. Reading and Activities with Patricia on Tuesdays at 2:00 p.m.



Newsletter Production by [PorterOneDesign.com](http://PorterOneDesign.com)

## Photo Highlights from our Life Full of Joy, Independence, and Wellness



Mabel & Lillian - Couldn't resist these Bayberry Beauties!



What a beautiful group of ladies! Dorothy, Patsy, Patricia, Steffanie & Marjorie.



Dawn & Mary taking time out from work to pose for the camera!



Dorothy & Lisa doing a little mother-daughter gardening



It looks like Mary is helping Franki with the front office duties!