

Weekly Menu

Oceanview



	Sun 08-12-2018	Mon 08-13-2018	Tue 08-14-2018	Wed 08-15-2018	Thu 08-16-2018	Fri 08-17-2018	Sat 08-18-2018
B R K	Hot Cereal <i>or</i> French Toast Sausage Patty Mandarin Oranges 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cheesy Scrambled Eggs Hash Browns Peaches 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Bacon and Cheese Frittata Pears 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Sausage Country Gravy/Biscuits Applesauce 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Baked Ham Casserole Pineapple Chunks 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Egg Mushroom Scramble Hash Browns Fruit Cocktail 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Belgian Waffle Bacon Pears 100% Juice Whole Grain Toast
L U N	Soup Du Jour Honey Glazed Ham <i>or</i> Grilled Tri Tip Fresh Cooked Yams Seasoned Cabbage Baked Roll Apple Pie Ala Mode	Green Salad Oven Fried Chicken <i>or</i> Baked Tilapia/Dill Sauce Garlic Pasta Mixed Vegetables Baked Roll White Almond Cake	Soup Du Jour Baked Meatballs/Gravy <i>or</i> Herb Roasted Turkey Onion Roasted Potatoes Whole Green Beans Baked Roll Chocolate Marshmallow Cake	Basic Ham and Bean Soup Roasted Rosemary Pork <i>or</i> Apricot Chicken Savory Rice Peas and Pearl Onions Baked Roll Mixed Berry Crisp	Garden Pasta Salad Salisbury Steak/Gravy <i>or</i> Baked Ham/Mustard Sauce Red Potatoes Roasted Carrots Baked Roll Southern Style Bread Pudding	Homemade Clam Chowder Bacon Wrapped Pork Tenderloin <i>or</i> Baked Tilapia Fillet Garlic Herb Mashed Potatoes Lemon Buttered Broccoli Baked Roll Frozen Caramel Square	Soup Du Jour Turkey Meatloaf <i>or</i> Beef Brisket Baked Yams Brussels Sprouts Baked Roll Apple Cake Kuchen
D I N	Soup Du Jour Hot Pork Gravy <i>or</i> Cranberry Glazed Turkey Roast Marinated Green Bean Salad Fresh Mashed Potatoes Rootbeer Floats	Soup Du Jour Cheese Tortellini <i>or</i> Irish Beef Pie Normandy Blend German Chocolate Brownie	Soup Du Jour Texas BBQ Chicken Salad <i>or</i> Baked Ham/Mustard Sauce Parsley Carrots Baked Roll Applesauce Cookies	Basic Ham and Bean Soup Beef and Noodles <i>or</i> Bacon Quiche Zesty Cucumber Salad Baked Roll Lemon Pudding	French Onion Soup Turkey and Rice Casserole <i>or</i> Bratwurst on a Bun Sauerkraut Baked Beans Cinnamon Cookies	Homemade Clam Chowder Hot Meatloaf Sandwich <i>or</i> Vegetable Quiche Mixed Vegetables Nut Bread	Soup Du Jour Pork Chop n' Potatoes <i>or</i> Baked Chicken Drumsticks Sauteed Summer Squash Maple Bar
	Week 4						

Dietitian's Signature: *Diana Jagan, RDN*
6-18-2018