

Regular Menu

Lakeview Senior Living



	Sun 08-05-2018	Mon 08-06-2018	Tue 08-07-2018	Wed 08-08-2018	Thu 08-09-2018	Fri 08-10-2018	Sat 08-11-2018
B R K	Hot Cereal <i>or</i> Cold Cereal Egg and Ham Scramble Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Vegetarian Quiche Sausage Link Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Pancakes Bacon Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Sausage Country Gravy/Biscuits Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Cinnamon French Toast Sausage Patty Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Deluxe Waffles Sausage Link Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Pancakes Bacon Fresh Fruit 100% Juice Whole Grain Toast
L U N	Green Salad Soup Du Jour Tarragon Chicken Boiled Potatoes Chef's Steamed Vegetable Baked Roll Ice Cream	Jello Salad Soup Du Jour Baked Cod Madrid Seasoned Black- Eyed Peas California Blend Baked Roll Homemade Chocolate Cream Pie	Green Salad Soup Du Jour Slow Roasted Turkey Breast Fresh Mashed Potatoes/Gravy Buttery Carrots Baked Roll Ice Cream Bar	Coleslaw Soup Du Jour Baked Ham/Peach Sauce Baked Potato Mixed Vegetables Frosted Banana Bars	Green Salad Soup Du Jour Garlic-Herb Pork Roast Sugar Topped Sweet Potatoes Caribbean Blend Baked Roll Blueberry Cream Angel Dessert	Juicy Fruit Salad Soup Du Jour Oven Fried Cod Seasoned Brown Rice Green Beans Baked Roll Strawberry Custard Tart	Green Salad Soup Du Jour Beef Tips Au Jus Fresh Mashed Potatoes/Gravy Fresh Cooked Zucchini Baked Roll Cinnamon Coffee Cake
D I N	Soup Du Jour Green Salad Shrimp Louis Pasta Salad Tomatoes, Sliced Signature Carnival Cookie	Soup Du Jour Green Salad Macaroni Sausage Casserole Corn O'Brien Vanilla Pudding	Soup Du Jour Green Salad Vegetarian Wrap Veggies in Salad Mint Brownie	Soup Du Jour Green Salad Tuna Salad Sandwich Seasoned Peas Rice and Raisin Pudding	Soup Du Jour Green Salad Tamale Pie Fresh Cooked Carrots Chocolate Sugar Cookies	Soup Du Jour Green Salad Canadian Bacon Pizza Chef's Steamed Vegetable Orange Creamsicle Bar	Soup Du Jour Green Salad Crispy Chicken Strips Capri Blend Steak Fries Banana Bread
Milk offered at every meal							Week 3

Dietitian's Signature: *Diana Jagan, RDN*
6-18-2018