



## LIFE ENRICHMENT MONTHLY NEWS

### **The "Chateau-mobile" was full for last month's trip to The Embers!**

The ladies were so excited, they had their lipstick and outfits ready. Marsha, Bonita, Violet, Pat and even 94 year old Grace all got out and danced on the dancefloor! Grace got to dance with her granddaughter, Tonya, leaving Tonya with a memory of her grandma she may cherish forever! That night felt like dementia, old age, aches and pains, and loneliness/depression common in seniors did not exist! We were all equally happy people enjoying friendships and feeling free! These ladies sure know how to make aging not look so bad after all, giving hope to younger people thinking of their futures! Many people have shown interest in meeting us out, so we'll be posting the date and time of our next Ember's excursion on Facebook so keep an eye out for that!

**A kind woman came knockin' on our door last month and gifted us flats of begonias and dahlias, as well as a few marigolds and geraniums.** She even brought stacks of adorable metal containers to plant them in! After we were blessed by this mysterious flower angel, the clouds parted and the sun shine

came shining down. We were happy to go out back and had a relaxing afternoon gardening in our yard. Even though we had a busy afternoon of bible study, ice cream and bingo, we always have time for gardening as it brings most people, including our residents, a lot of joy! Thanks to our mysterious flower angel!

### **We took some great trips in June!**

We took a trip to The Owen Rose Garden one afternoon just before the rain began to fall. Theresa was very excited and began talking about the centuries old cherry tree at the garden well before we arrived and was sure to point it out as soon as it came into view. After making a couple of laps around the park, eventually we found a perfect bench located in the shade surrounded by grass and had a great view of the garden. We sat, snacked, had a few laughs and then went for tea where our group became a bunch of giggling girls! We should have had a "laugh-o-meter" that afternoon...it was a good time! After making our own homemade cat treats, we took a trip to "The Catery" at Greenhill Animal Shelter. It's hard to say who got more joy out of our visit-- the cats or the residents! The cats loved

the treats we made them and our cat lovers loved passing them around! Not one kitty there could resist! The cats at Greenhill have plenty of space, they get to intermingle with other cats if they want, they're well fed, and they get as many pets as they can stand in a day! It's more like a kitty vacation at Greenhill! The residents were all very relieved to see how well the cats are cared for and were happy to make a small contribution. We also went on a scenic covered bridge tour, saw a movie at Cinemark, and visited the Japanese Garden.

**Grace's granddaughter, Tonya, had twelve silver and chocolate labs born in her home and lucky for us, offered to bring them by for a visit!** Once word got out that twelve puppies were coming over to visit, the residents could not stop talking about it! Everyone wanted to know when, where, and all about the puppies! Some of the residents got

...CONTINUED ON PAGE 3





## LETTER FROM THE ADMINISTRATOR

**Socrates  
once said,**

"The secret  
of change is

to focus all of your energy not on fighting the old, but on building the new". Our world is ever changing, including the wonderful, positive, loving environment we work hard to create here at Chateau Gardens. On that note, I'd like to share with you some personnel changes on the management team that I'm very excited about! Miranda has left the RCC position for health reasons and will be devoting her energy to growing a strong and healthy baby girl! We are so happy for her as she expands her family! Michelle Norris (pictured below with family) has been promoted

to Resident Care Coordinator from Caregiver/Med Aide. She has a wealth of experience with seniors and has already gone through our company Health Services training program. I look forward to working with her side-by-side to ensure a well-rounded program! Also please help me welcome Robert Kimbrell as our Dietary Services Director! Robert graduated from the Lane Community College Culinary Services program several years ago and has been a terrific addition to the dining services

team here. Not only is he a great cook, but he is tech-savvy, kind-hearted, and a true team player! Both of these outstanding people are very welcomed additions to the CG leadership team! As always, feel free to call me if you have any questions about this or any other topic that affects your loved one.

*Robert  
and Patsy ►*



## LIFE ENRICHMENT PHOTOS



*Bob and Judi at the lake*



*Bonnie and daughter at the Embers*



*Bob at Lone Pine Farms*



*Grace and Tonya dancing at the Embers*



# LIFE ENRICHMENT MONTHLY NEWS

## ...CONTINUED FROM PAGE 1

on the floor and were thrilled to be covered in puppies and mauled with puppy love. There was no resting while they were here. They were quite the busy bodies, constantly looking around for something new to explore and play with. Twelve seemed like a lot of puppies but when they were actually here bouncing around everywhere with all of their puppy energy, it actually seemed more like twenty or thirty dogs! It was a great opportunity for our residents and it was a sight to behold!

We celebrated Father's Day with a pizza party out in the yard and the weather was perfect! After lunch Al Rivers entertained us with the help of his many harmonicas and guitar! Thank you to the many families who came. It's important to the health of our community to have fun, family-oriented events here at home and we can't do that without them! It was a great day and a great time for not only the dads in our community but for everyone who attended.

Flea's Hotdoggy Birthday Bash was also out in our backyard. Many of his doggy friends and two-legged friends came together to help him celebrate. We had a piñata full of

dog treats and candy and served pupcakes (for the doggies) and birthday cake! We also grilled up hotdogs and served strawberry and cucumber lemonades. Flea very much enjoyed opening his gifts and especially liked the doggy "babes" banner the residents made him. All of the guests got to enter the raffle to adopt a stuffed pet which came with an "official" adoption certificate. Flea had so much fun playing with his friends, he is already looking forward to next year's party!

Summer months are always some of the best times here at the community and we have so much to look forward to going into July! We will be celebrating The Fourth with friends, family, and Elvis under the summer sun. Don't worry, we'll be staying cool with a water balloon fight and popsicles! We also have Simba, the mini horse, scheduled for a visit, a Honkey Tonk event planned, trips to the fair and blueberry picking and after some of our residents inquired about their neighbor's awesome walker "swag", we decided it was time to plan another Cart Wash. Take a look at our activity calendar and be sure to mark some of these dates down in your schedule!



*Happy Birthday!*

## RESIDENTS

7/12

Donna

## STAFF

7/8

Rachel L.

7/10

Tabitha

## Short Term Success Story

**I am happy to announce that we have a record number of artists and painters here at CG!**

Several of our residents who have never even painted before are enjoying our Vino and Vango classes as well as our Memories in the Making sessions! The beautiful paintings just keep coming in! Who knew?! We also have a jewelry maker, a cook, an amazing seamstress, a piano player, and a retired gardener. We are bursting at the seams with creativity! Come check it out!



## Rock Star of the Month

Our Rock Star of the Month for July is none other than our very own amazing long-term caregiver, **Yoyo!** She has been here for many years and has a very positive approach to dementia care. She is reassuring and energetic, caring and playful, with the knack of getting residents to do the things they need for their health in a fun and uplifting manner. **We are so grateful** to have her here on the CG team!

◀ *Patsy with dear friend Yoyo*



2669 South Cloverleaf Loop  
Springfield, OR 97477  
Office: 541-603-9215  
www.ChateauGardensALZ.com

## OUR STAFF

### ADMINISTRATOR

Kim Frederick

### ADMINISTRATIVE ASSISTANT

Robyn Andrews

### COMMUNITY RN

Cortney Leshner, RN

### MAINTENANCE COORDINATOR

Jeremy Lee

### ACTIVITY DIRECTOR

Rachel Langford

### DIETARY SERVICES DIRECTOR

Robert Kimbrell

### RESIDENT CARE COORDINATOR

Michelle Norris

### OFFICE HOURS: 8:30 – 5:30

RN Cortney, Administrator Kim,  
and RCC Michelle are all on  
call 24/7 for consultation and  
emergency



Newsletter Production by PorterOneDesign.com

## JULY – WORD SEARCH

F	P	X	W	M	I	F	O	A	W	V	B	L	U	E
I	J	N	J	O	K	E	S	H	A	P	P	Y	I	A
R	R	M	S	D	I	M	B	B	T	L	C	R	R	C
E	C	G	C	L	N	E	Q	Q	H	W	W	N	H	P
W	U	F	L	P	D	W	V	P	B	U	R	G	E	R
O	P	R	O	T	E	C	T	I	O	N	N	K	A	L
R	I	I	M	U	P	I	O	D	M	S	B	Z	I	U
K	G	E	J	N	E	N	O	R	I	D	D	L	E	S
S	K	N	N	F	N	W	S	F	S	S	F	N	Y	Z
K	T	D	J	R	D	Y	J	P	K	U	R	E	U	J
R	L	S	Q	E	E	P	H	Z	C	N	M	Q	S	U
A	J	H	T	Z	N	L	P	Q	R	B	E	M	M	L
E	I	I	Z	C	C	L	B	I	M	U	R	D	E	Y
R	H	P	S	T	E	O	L	L	H	R	Q	E	W	R
W	W	U	E	L	F	H	E	A	T	N	C	N	D	X

BLUE  
BURGER  
FIREWORKS  
FRIENDSHIP  
HAPPY

HEAT  
INDEPENDENCE  
JOKES  
JULY  
PROTECTION

RED  
RIDDLES  
SUMMER  
SUNBURN  
WHITE



## Resident of the Month: June L.

**JUNE L.** is an Oregon native who never strayed very far from home. She was born in Cottage Grove where she spent most of her childhood. She

later spent some time in a few surrounding areas like Smith River and London Springs, small country towns surrounding Cottage Grove, before settling down in Dexter. June very much enjoys visiting her small home towns. She got to show some of her neighbors where she went to high school at Lowell and last year she was able join us at the Lowell Blackberry Jam Festival. She even ran into a few of her old friends there!

June was born in 1930 to Lester, a hard working logger, and Ruby, a craftswoman who sold merchandise at the local Piccadilly. She had one younger sister named Julie. June and Julie helped their parents pay for their school clothes by working in the fields picking beans with their mother in Jasper, Oregon. June liked going to school and graduated from Lowell High School in 1948. June at one

point attended a cake decorating class and can call herself an award-winning cake decorator!

June grew up attending Lowell Open Bible Church where she would eventually meet her future husband, Melvin. Melvin was the brother-in-law of the church's pastor. After moving to Oregon to start work at the mill, Melvin met June at church. One of the first times June and Melvin ever spent time together was to go on a long 26 mile long bike ride with the church's youth group they were part of. When June turned eighteen they wed. They had five children together: Marvin, Lynn, Leslie, Lauren and Vickie. Just as June's mother took her and her sister, June brought her five children to local farms for bean, strawberry, and hop picking to earn extra money. She described the ordeal as quite an event as her youngest was only 9 months old and her eldest was seven. As you can imagine, it was difficult to keep track of all of them in the open fields! June was a very familiar face in the small community of Dexter since she worked as a waitress at the Dexter Lake Club for about 25 years, was a contributor to the local church, and loved going out dancing at the local music hall.

June has always kept very busy. When she wasn't busy working or raising kids, she was contributing to her community. She has spent many, many hours throughout her life volunteering and helping others. She donated her time working with children at her church, volunteering at senior communities, and helping out with the local Boy Scout troop. She also worked on a project that sent care packages to missionaries working in African and South American countries, made regular contributions to Greenhill, and more!

Aside from June's favorite hobby of helping other people, she also enjoys playing the guitar, dancing, rescuing and being with animals, and gardening. Even though she can be a tad shy, she can't help but get up and dance when she hears the classic country songs that she loves! This delightfully positive woman lives by her own philosophy, "make the best of what you can get and enjoy it!" We all feel very lucky to have June as part of our community for so many reasons but especially because of her commitment to her community, her giving spirit, and the sunshine she radiates towards those around her.

## LIFE ENRICHMENT PHOTOS ...CONTINUED



Judy with homemade bow tie



Dads day banner



Vi and lovely family



# LIFE ENRICHMENT PHOTOS ...CONTINUED



*Silly Pat and son Alex*



*Fathers Day Friends*



## Welcome New Residents!

A big warm welcome to **Lysle, Bill, and Mary (pictured)**. We are some happy to have you join the CG family!



*Flea Brigade!*



*Friends making cat treats!*



*Puppies!*



*Mary and new friend Flea*