

Happenings FAMILY NIGHT

Our Family Night events continue to draw large crowds of residents and family members. Although taking a break for the heart of summer, there was some extra excitement at last month's event. We had a surprise visit from **Monseieur Cappypillon**, who, along with his assistant, **Mademoiselle Puffenkrantz**, escorted our diners to the Dining Room on Family Night! We may see them again for more dining room festivities!

Above: **Joe** and **Mademoiselle Puffenkrantz**. *Right:* Famed Parisian Maitre'd **Monseieur Cappypillon** and diners **Barbara, Marilyn, Barbara** and **Rose**.



Thank You CANCER SURVIVORS EVENT



Thanks to our courageous panel of cancer survivors who so willingly participated in our National Cancer Survivors' Day event. **A.J. Byrd, Helen Biers, Suzanne Juster** and **Marilynn Caswall** did an outstanding job in conveying the need to go forward in life after a cancer diagnosis.

We would also like to thank **Teddi Boyne**, from **Gilda's Club**, who showed a multi-media presentation documenting Gilda Radner's (of *SNL* fame) battle with cancer and how her devoted husband, comic Gene Wilder, created the first Gilda's Club in New York City. As a result, cancer survivors in Fort Lauderdale have a home away from home to network, explore healing activities and just plain enjoy this beautiful property that is surrounded by peacocks and invites you in with Gilda Radner's signature red door!

*Pictured: Hosts
Jamie Danger
and Eddie
Capone*



Our Lounge Lizards Series is continuing to bring folks out! With truly interactive musicians, our Forest Trace residents are singing, tapping their feet and joking around with our very entertaining performers. The fun takes place in the Lobby on Tuesdays and Thursdays at 2:30 p.m.

Here are the Lounge Lizards you'll be sharing time with this month...

Tuesday, July 3rd — **Ted McDermott**
Thursday, July 5th — **Bob Folse** (*pictured top*)
Tuesday, July 10th — **Steven Frank**
Thursday, July 12th — **Arthur Leslie**
Tuesday, July 17th — **Ted McDermott**
Thursday, July 19th — **Arthur Cruz** (*center*)
Tuesday, July 24th — **Richie Shapiro** (*bottom*)
Thursday, July 26th — **Arthur Leslie**

Come find out what all the excitement is about!



CELEBRATING AMERICA IN GRAND STYLE

Pacifica Senior Living Forest Trace's Independence Day tradition continues this year with a day filled with great entertainment and food.



We start the entertainment early, at 11:00 a.m. to be precise, with a rousing **Patriotic Sing Along** conducted by **David** and **Jamie**. You'll enjoy the familiar refrain as you sing so many of the songs that pay tribute to our great nation.

At noon, travel to the Atrium Lobby for more wonderful music featuring the talents of **Ralph D'Ovideo, Ted McDermott** and even "**Uncle Sam**." This talented trio of entertainers will have you up and dancing as they serenade the crowd and liven up the festivities.

We have an early dinner on the Fourth to enable our hard-working employees to spend a little more holiday time with their families. Join us between 1:00 and 4:30 p.m. for a superb Star Spangled Fourth of July Dinner. Come dressed in your patriotic colors and, to add to our relaxed holiday atmosphere, you may wear shorts for this occasion. Guests are always welcome but please make sure you sign up early at the Front Desk.

After you've had your fill at dinner, you're invited to the Theatre at 6:00 p.m. to enjoy top notch entertainment in the form of one of South Florida best vocalists, **Iris Revson**.

It's going to be a day filled with patriotic fun, musical fireworks and a superb holiday menu.

The management and staff wish you all a very Happy Fourth of July!

SPECIAL EARLY SHOWTIME
WEDNESDAY, JULY 4TH
6:00 P.M.
STARRING
IRIS REVSON




PACIFICA
SENIOR LIVING
FOREST TRACE

5500 N.W. 69th Ave., Lauderhill, FL 33319

(954) 572-1800

www.PacificaForestTrace.com

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JULY 2018



NEWS & MUSES

FROM THE EXECUTIVE DIRECTOR

The Meaning of Independence

And let's all "welcome" July! July, is not only one of my favorite months of the year, but July Fourth is probably my favorite holiday of the year. My fondness for the Fourth of July, stems from the fact that it is also my wife's and my wedding anniversary. It seems kind of counter intuitive to get married on "Independence Day," but that is exactly what we did. I used to say that it was because no matter how old we got, we would always have "fireworks" on our anniversary. Now that I have gotten that little bit older (and some would say wiser) I now realize it has everything to do with family.

On a recent trip back home I perused some of my mother's older books lying on the shelf. One was by Erma Bombeck. If you recall Erma Bombeck, she was a journalist and author whose career took off during the 1960s as she was working and raising three children (just like my mom!). Erma was known for her keen wit and ability to find humor in her everyday experiences as a mother and wife,

In the book I picked up, Mrs. Bombeck had this to say about Independence Day: "You have to love a nation that celebrates its independence every July 4th, not with a parade of guns, tanks, and soldiers who file by the White House in a show of strength and muscle, but with family picnics where kids throw Frisbees, the potato salad gets iffy and the flies die from happiness. You may think you have overeaten, but it is just patriotism."

I believe Erma is agreeing with me that the Fourth is about family in this quote. Even though the underlying premise on the day is our national independence, our motivation to be independent is based on our love for our families and each other. Now *that* is a reason to barbeque and blow some stuff up in celebration.

To help you celebrate the precious gift of liberty, here is one more thought! Fire Flies. Sure this sounds silly! I am sure you remember them from your childhood, chasing those little glow-in-the-dark critters around the backyard on a summer night. Now that is simple. God provided entertainment and joyous freedom all rolled up into one little bundle.
Happy Independence Day!

NOTEWORTHY EVENTS



Fun with Horticulture

Tuesdays, July 3rd and 17th • 1:00 p.m.

Horticulturist and radio personality **Robert Bornstein** will be back on Tuesday July 3rd at 1:00 p.m. His creative class will be held in Jenny's Dining Room. This class will focus on tropical plants, as this is our gardening fate in South Florida! We encourage you to bring pieces of your own plants to class (or at least be able to identify) for any growing problems you may have. Then, on July 17th, Robert will bring to us **Forest Trace's First Annual Nut Festival!** He will be presenting his program, entitled "Nuts About Nuts!" You'll learn the history and benefits of this protein-packed food (not to mention the fat content!). You'll be tasting and enjoying Robert's keen take on nuts!

Brain Train Teaser

Tuesday, July 24th • 11:00 a.m.

Many people enjoy playing card games, and when you plan and play a hand strategically you're exercising the executive function area of your brain. Here's a teaser which involves cards that also activates your logic ability to figure out the...

"CARDY-ODOLOGY"

The dealer places three cards face down on the table.

A Spade is to the right of a Diamond.

A Queen is to the left of a Jack.

A King is to the right of a Heart.

The Heart is to the right of the Diamond.

Now, place your bet and name the three cards.

Come to the next "All Aboard the Brain Train" class for the answers and more puzzles—plus practical tips and memory tricks—in an hour of "BRAINtertainment", energizing mental activities designed with fun in mind!



Celebrating Birthdays

ELAINE FERSTANDIG	1ST	CAROLYN CANTOR	17TH
FANNIE ZAFFOS	1ST	MARTHA BLUESTEIN	18TH
MARILYN HERTZ	2ND	RUTH WEISS	20TH
MILDRED ELFENBEIN	4TH	HARRY LATTMAN	22ND
ILENE GUPTILL	4TH	A.J. BIRD	24TH
SONIA HURWITZ	4TH	MILDRED RACHARDS	24TH
MILLIE GORDON	5TH	SHIRLEY HIRSCHBEIN	25TH
RHEA SIEGEL	7TH	HELEN PORTNER	25TH
DIANA MARCUS	9TH	JOAN PLAGER	26TH
ESTHER GELFMAN	12TH	FREDERICKA SANDS	27TH
SHARON MILLSAP	15TH	BETTY FRIEDMAN	28TH
SYLVIA SHALEN	15TH	RUTH MARTIN	28TH
FRAN GOLDBERG	16TH		

Best wishes for a wonderful day!

EMPLOYEE BIRTHDAYS

ELIGIENE VALCIN — Dining Room	3RD
MARK CLARKE — Housekeeping	5TH
REYAL LAING — Dining Room	9TH
LIMA DORCIUS — Kitchen	10TH
MAURICE BRUTON — Dining Room	12TH
CARMEN SEYMOUR — Dining Room	13TH
ROSELAINE SAINT-LOUIS — Housekeeping	15TH
JASCINTA RICHARD — Dining Room	18TH
REBECCA THOMPSON — Housekeeping	24TH
NIDESE DUCTAN — Assisted Living	25TH
FELICIA HUTCHINSON — Assisted Living	26TH
ALICE WILLIAMS — Assistant Kitchen Supervisor	27TH
JOSEPH MARTINEZ — Transportation	29TH
PAULINE PALMER — Assisted Living	31ST

DEAR SUZY



SUZANNE JUSTER

FIREWORKS GALORE!

My, my, already July! As I promised, July will be a continuation of June's theme—words that begin with the letter "J." July's words are juice, justice, and jealousy.

Let's start with juice. This word has a double definition. It can mean delicious, nutritious drinks such as orange, tomato or cranberry juice. Then there is a second meaning, energy or drive. You've all heard this phrase in driving "give her the juice."

The juice, synonymous with energy, is greatly needed, but not necessarily provided automatically in our senior years. Instead, unfortunately, many of us become "couch potatoes." A small inclusion such as a simple walk in our daily routine would increase one's energy manifold.

Here in Forest Trace a walk to the lake and, perhaps, a stay for pleasant reflection or a happy memory recall, could enhance our day and our energy. To put it in the proverbial slang, let's make sure "our get up and go hasn't got up and went!"

Next let's talk about justice. This is hard to do in today's world. How often it seems that life isn't fair, right, or just! And what can we do about it? In major world events, I believe the word is "accept." However, in our personal lives, we can apply principles that give us peace of mind. Some include great minds' thinking. Shakespeare said, "This above all to thine own self be true!" The Bible's Ten Commandments; and finally our own preamble to the constitution, "All men are created equal and endowed with inalienable rights to life, liberty and the pursuit of happiness." This then is justice.

Finally we turn to jealousy. A synonym is the word envy. So often we look at others thinking they have so much more than we, when actually we are the ones blessed. This is very beautifully expressed by Edward Arlington Robinson in his memorable poem, *Richard Cory*. *Whenever Richard Cory went down town, we the people looked at him: He was a gentleman from sole to crown, clean favored, and imperially slim.*

And he was always quietly arrayed, and he was always human when he talked; But still he fluttered pulses when he said, "Good morning," and he glittered when he walked. And he was rich—yes, richer than a king—and admirably schooled in every grace: In fine, we thought that he was everything to make us wish that we were in his place. So on we worked, and waited for the light, and went without the meat, and cursed the bread; And Richard Cory, one calm summer night, went home and put a bullet through his head.

Enjoy the fun of our nation's annual birthday party, Fourth of July. Here's to fireworks and frankfurters!

—Love, Suzy



COOL OPPORTUNITIES TO GET OUT AND ABOUT!

Shopping, Dining Outings and Casino Excitement!



Summer's in full swing and we have some great ways to get out and about without engaging the sweltering heat. Come along for another visit to a South Florida shopping paradise, **Festival Flea Market Mall**. This quarter-mile long "mall" features over 500 shops and restaurants. Nowhere else can you feel the energy and excitement of an open-air, old-world market in air conditioned comfort. It's a great way to do some bargain hunting without braving the summer heat on Sunday, **July 1st**.



We also have a plethora of shopping destinations on the schedule—**Coral Square Mall, Broward Mall, The Fountains, The Promenade** and more!

Don't miss meal outings to favorites like **Sze-Chuan Panda, La Bamba** and **Cheddar's**.

Our casino trip departs on Wednesday, **the 27th**. The **Seminole Coconut Creek Casino** features high paying gaming machines including popular favorites like Wheel of Fortune, Wild Cherries and Double Diamonds. Betting levels start at just a nickel per play on up to \$50 per play. Single winners have walked away with cash prizes of over \$800,000! Let Lady Luck smile on you!



JULY OUTINGS AT A GLANCE

DAY	DATE	TIME	DESTINATION
Sunday	July 1st	12:00 noon	Festival Flea Market Mall
Tuesday	July 3rd	4:30 p.m.	Dinner Outing—Sze Chuan Panda
Saturday	July 7th	1:00 p.m.	Coral Square Mall
Sunday	July 8th	TBA	Local Movie
Wednesday	July 11th	12:00 noon	Lunch Outing—Cheddar's Scratch Kitchen
Saturday	July 14th	1:00 p.m.	Broward Mall
Sunday	July 15th	12:00 noon	New and Second Beginnings Thrift Store
Tuesday	July 17th	4:30 p.m.	Dinner Outing—La Bamba
Wednesday	July 18th	12:00 noon	Target
Saturday	July 21st	1:00 p.m.	The Fountains Mall
Sunday	July 22nd	TBA	Local Movie
Wednesday	July 25th	10:30 a.m.	Seminole Coconut Creek Casino
Saturday	July 28th	1:00 p.m.	The Promenade
Sunday	July 29th	12:00 noon	Whole Foods Market

REMEMBER THAT YOU MUST SIGN-UP FOR ALL REGULARLY SCHEDULED AND TICKETED EVENTS AT THE FRONT DESK AFTER 5 P.M. WEEKDAYS OR ANYTIME WEEKENDS.



ENLIGHTENING AND INSIGHTFUL LECTURES

Optimal Living

Monday, July 2nd • 11:00 a.m.

Linda Sauget grew up in Chicago and received her master's degree from the University of Illinois. She is the vice president of a healthcare consulting firm and is a naturally optimistic, positive thinker. She has authored a book, *If You Think It*—which features timeless quotations from all great philosophers. What they all agree on, is that each thought has the power to impact your life positively or negatively. It's all up to you!

What's Your View?

Tuesday, July 5th • 11:00 a.m.

Come and enjoy **Veronica Fuchs** for an open discussion of the latest topics of interest. From politics to entertainment, Veronica will keep you thinking and talking!

Celebrating Our Nation's Birthday with Sousa and Cohan

Wednesday, July 11th • 11:00 a.m.

Harry Getzov is "Celebrating Our Nation's Birthday" with "Two of America's Extraordinary Patriotic Composers: **John Philip Sousa** and **George M. Cohan**."

The Hedy Lamarr Story

Tuesday, July 12th • 7:00 p.m.

Goldie Witrock's next review topic is *The Hedy Lamarr Story* by Alexandra Dean. This profile of 1940s movie star Hedy Lamarr sheds light on a mostly forgotten aspect of her life: her work as a trailblazing inventor.

The Music of Sammy Cahn

Sunday, July 15th • 7:00 p.m.

Tuesday, July 17th • 11:00 a.m.

Join **Harry Getzov** as he remembers **Sammy Cahn**. Best known for his romantic lyrics to films and Broadway songs, he and his collaborators had a series of hit recordings with Frank Sinatra, Dean Martin, Doris Day and many others.

Sammy played the piano and violin. He won the Academy Award four times for his songs, including the popular song "Three Coins in the Fountain." You'll be surprised at how many of his songs you know and love.

Bernard Goetz: Subway Shooter

Wednesday, July 18th • 11:00 a.m.

In 1984, Bernard Goetz shot four alleged muggers on a New York City subway train. Firing five shots, he seriously wounded all four men. Goetz surrendered to police, and, after the shooting, was eventually charged with attempted murder, assault, reckless endangerment and several firearms offenses. Join **Stephen Singer** to learn what happened at the trial.

Stephen Singer is a tried and true criminal defense lawyer, hailing from New York. You don't want to miss this true life story.

Giving Back

Monday, July 23rd • 11:00 a.m.

Rose Tydus will take a look at what it means to give back to the world in which we live. Rose is a former Commissioner of the City of Opalocka and currently owns and operates the Ms. Senior Florida Pageant. She was crowned "Queen of the Court" in 2016 and puts the spotlight on senior women across the state of Florida. As we embrace the beauty and achievements of our lives, we have a chance to reflect and offer our knowledge to today's world. Aging gracefully is deliberate. You're never too young or too old to learn how!

U.S. and China Relations: Beware the Chinese Dragon

Tuesday, July 25th • 11:00 a.m.

Professor Rudy Berberian returns with a fascinating look at U.S. and China relations. As President Trump continues to threaten a trade war with our largest trading partner, Rudy offers some insight into the benefits and the consequences of such a path. Rudy Berberian is an Adjunct Professor at Palm Beach State College in Boca Raton who actually brings the subject of economics and finance to life.

Motown is More Than Music

Tuesday, July 31st • 7:00 p.m.

Nova's Lifelong Learning series presents "The Motown Sound: More Than Music" with performer **Shane Le Mar**. It is an American record company founded by Berry Gordy Jr. incorporated as Motown Record Corporation on April 14, 1960, in Detroit, Michigan. Learn about the history and the personalities behind this highly successful small record company. Motown is more than a "sound!"





SUMMERTIME BRING LOTS OF ENTERTAINMENT

Timothy Hawkins

Sunday, July 1st • 2:30 p.m.

Guitarist, singer, comedian, humorist...Timothy Hawkins does it all! He will thoroughly entertain you with his light and breezy repertoire. He was the 2016 winner of TriRail's Senior Idol Contest and he is one of South Florida's favorites!

Jeff Briar

Tuesday, July 3rd • 7:00 p.m.

Singer entertainer Jeff Briar is headed to Forest Trace for an amazing performance. Get an up-front seat for this one!

Iris Revson

Wednesday, July 4th • 6:00 p.m.

Iris Revson is one of the most sought-after acts in Florida. She has performed in several Broadway shows including *Evita* and *Pirates of Penzance*. Her cabaret show features hits from Broadway and the Great American Songbook.

Mel Williams

Saturday, July 7th • 7:00 p.m.

Mel is one of our new performers here at Forest Trace. He is a tried and true vocalist who will salute some of the great groups such as The Platters and The Sensations.



Susan Ashley

Sunday, July 8th • 2:30 p.m.

An accomplished singer, dancer, songwriter and actress, Susan Ashley comes to you from an impressive background that spans the creative medium of television, theater and the recording studio. From Broadway to Las Vegas, Susan has been performing since she was a child and her voice has been heard on major radio and television commercials and in some of the hottest clubs, condos and cabarets throughout the country.

Sing Along with Chris Autore

Tuesday, July 10th • 7:00 p.m.

Chris Autore is a dynamic musician, a one-man-band if you will. He has been a fixture here at Forest Trace for years due to his amazing repertoire and unending talent. Don't miss his next sing along show that will have you tapping your toes!



Katie Eagleson

Wednesday, July 11th • 7:00 p.m.

Katie comes to us from Philadelphia. She has been singing for over 25 years. Her experience has led to a diverse repertoire, but it is in her interpretation of the Great American Songbook that sets her apart from others. With her excellent pitch and crystal clear diction, she has great respect and appreciation for the composer and lyricist. Enjoy the music of songwriters such as Gershwin, Porter and Sondheim.

Jimmy Barkan

Saturday, July 14th • 7:00 p.m.

Jimmy Barkan was born in Pittsburgh and took to the stage at an early age. He had the privilege of headlining Pittsburgh's famous Holiday House which has also featured performers like Johnny Carson, Liza Minnelli, Joan Rivers and even Frank Sinatra!

After moving to New York City, he played at various night spots throughout Manhattan and the Catskill Mountains and landed a record deal with Decca, recording his first album titled *Love In Your Life*. Lucky for us he moved to Florida to be near his parents and continued his dream of entertaining by fronting numerous bands, and even singing with The Palm Beach Pops at The Kravis Center. He is fast becoming as popular here as he was in his home state. Come and see why on the 14th.



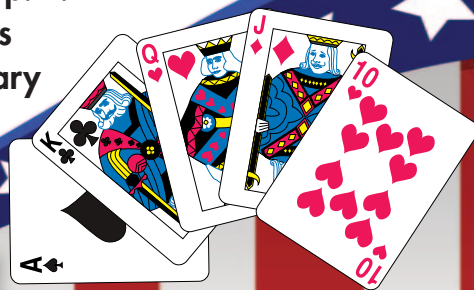
Charity Knitting Club



Analie heads this small but mighty group of one or two knitters who take the time to knit for Charity. If you have any knitting skills or would like to join in the crusade, let the Activity Department know your availabilities!

POKER PLAYERS WANTED

6:30-9:30 p.m.
weeknights
in the Library



PACIFICA FOREST TRACE



TO PACIFICA SENIOR LIVING FOREST TRACE

Griselle

Tuesday, July 17th • 7:00 p.m.

Born Griselda Castro in Mexico, Griselle, as she likes to be called, started dancing at five years old and singing professionally at age 10. She began singing and dancing in shows and restaurants at 18 and was part of University Ballett Company in Guadalajara for 20 years. She has traveled the world with the ballet troupes and on cruise ships. Don't miss this unique talent in her first appearance here at Forest Trace!

Karaoke Night with William Penn House

Wednesday, July 18th • 7:00 p.m.

It's not just Karaoke Night! It's Karaoke Night with William Penn House! Think there's no difference? Give this energetic and entertaining gentleman a chance to show you how much fun Karaoke can be! Everyone's invited to show off their singing skills with the helpful assistance of William.



David Meulemans

Saturday, July 21st • 7:00 p.m.

This magnificent singer and entertainer is a regular at Forest Trace. Don't miss his next performance.

Paul Batitsky

Sunday, July 22nd • 2:30 p.m.

Born in Kiev Ukraine, Paul learned music at the age of three years old! With a full classical background, he emigrated to the United States in 1978. He worked many different ethnic night clubs in New York and his repertoire includes Greek, Hebrew, Russian and Arabic music. He has performed on cruise ships, with orchestras and as a solo artist.

Gary Lawrence

Tuesday, July 24th • 7:00 p.m.

Gary's career began in the Catskill's "Borscht Belt" in 1968. He has conducted for Allan Jones, Mel Torme, Cab Calloway, Steve Allen, Don Cornell, Mickey Katz, Claire Barry, Shirley Bassey and others. He toured with the Epstein Brothers Klezmer Orchestra, appeared in their film, *A Tickle in the Heart* and is also recognized as one the country's leading cantorial accompanists.

Karaoke Night with William Penn House

Wednesday, July 25th • 7:00 p.m.

He's back with another great night of music where you are the star!

Derrick Hadley

Saturday, July 28th • 7:00 p.m.

Derrick is one of the most versatile vocalists in the industry: mastering various styles, ranging from Motown to R & B, Broadway, Pop and Gospel. The ability to diversify and perform different styles of songs has made it easy for Derrick to appeal to audiences of different cultures and age groups all over America.



Joanna Holstein

Sunday, July 29th • 2:30 p.m.

Joanna Holstein is a full-time singer and pianist and keyboardist. She performs at luxury hotels, upscale restaurants, and private events in South Florida. Born and raised in Sweden, Joanna moved to the United States in 2009 after graduating from Malmo School of Music. She will be here for the first time, so, come out and welcome her to our stage!



Your Pacifica Forest Trace Management Team

Campbell Epes III.....Executive Director
Michelle Slagel.....Sales Director
Owano Boothe.....Director of Dining & Catering
Jamie Danger.....Entertainment Director

Stephen Fornataro
.....Director of Environmental Services
Rani Persad.....Director of Finance
Pearl Osilaja McKenzie
.....Director of Resident Services



Pacifica Senior Living Forest Trace — Weekly Scheduled Transportation

Sundays Church Main Lobby Departure By Appointment Publix Main Lobby Departure 9:30 a.m. Local Movie Main Lobby Departure Time: TBA Check Front Desk or Mall Trips Main Lobby Departure 1:00 p.m.	Mondays Doctor Appointments North and South Tower Departures by Reservation Morning LAUDERHILL/ TAMARAC Afternoon SUNRISE/PLANTATION One week advance notice is required. On the day of your appointment, please check in at the Front Desk with your Reservation Slip no later than 45 minutes prior to your departure time.	Tuesdays Doctor Appointments North and South Tower Departures by Reservation Morning CORAL SPRINGS, MARGATE, LAUDERDALE LAKES, HOLY CROSS HOSPITAL Afternoon SUNRISE/PLANTATION One week advance notice is required. On the day of your appointment, please check in at the Front Desk with your Reservation Slip no later than 45 minutes prior to your departure time.	Wednesdays Doctor Appointments North and South Tower Departures by Reservation Morning LAUDERHILL/ TAMARAC Afternoon CORAL SPRINGS MARGATE LAUDERDALE LAKES One week advance notice is required. On the day of your appointment, please check in at the Front Desk with your Reservation Slip no later than 45 minutes prior to your departure time.	Thursdays Banking Bank of America, BB&T, Chase, Sun Trust, South Trust, TD Bank, Wells Fargo Dry Cleaners North Tower Departure 9:15 a.m. South Tower Departure 9:30 a.m. Publix, CVS, Walgreens, Post Office North Tower Departure 10:45 a.m. and 12:45 p.m. South Tower Departure 11:00 a.m. and 1:00 p.m. Tamarac Library By Reservation	Fridays Doctor Appointments North and South Tower Departures by Reservation Morning SUNRISE/PLANTATION Afternoon LAUDERHILL/TAMARAC One week advance notice is required. On the day of your appointment, please check in at the Front Desk with your Reservation Slip no later than 45 minutes prior to your departure time.	Saturdays Temples Main Lobby Departure 8:30 a.m. Walmart Superstore Main Lobby Departure 9:30 a.m. Shoppes of 44 Street Main Lobby Departure 9:30 a.m. or Mall Trips Main Lobby Departure 12:30 or 1:00 p.m. Check Schedule for Details
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Sunday 1 9:30 Depart: Publix AL 10:00 Exercise Class with David TH 11:00 Jewelry Making AR with Veronica 12:00 Depart: AL Festival Flea Market Mall 1:00 Ice Cream Social CR 2:30 Sunday Concert Series— TH TIMOTHY HAWKINS 3:30 Word Fun with David LIB 4:00-6:00 Happy Hour CR Complimentary Drinks and Snacks 7:00 Movie Night— TH "Baywatch" [COMEDY—R] Coffee and Chat Follows AL	Monday 2 10:00 Yoga with Satya AR 11:00 Lecture with TH LINDA SAUGET— "What I Know for Sure About Optimal Living" 1:00 Duplicate Bridge with CR Margery Pecoraro 2:15 Trivia with Marcia LIB 4:00-6:00 Happy Hour CR Complimentary Drinks and Snacks 7:00 Residents' Choice Movie— TH "Molly's Game" [DRAMA—R] 7:15 Cash Bingo CR Coffee and Chat Follows AL	Tuesday 3 9:00 Circuit Training Class GYM 9:30-10:30 Large Print Library LIB 10:00 Work Out with Curtis TH Strength and Balance 11:00 You Be the Judge CR with JAMIE 1:00 Fun with Horticulture AR with ROBERT BORNSTEIN 2:30 Lounge Lizards with AL TED McDERMOTT 2:30-3:00 Blood Pressure Check LIB 4:00-6:00 Happy Hour CR 4:30 Depart: Dinner Outing AL at Sze-Chuan Panda 7:00 Entertainment—JEFF BRIAR AL Coffee and Chat Follows AL	Wednesday 4 INDEPENDENCE DAY 11:00 Patriotic Sing Along with TH DAVID and JAMIE 12:00 Music with RALPH, TED and "UNCLE SAM!" 1:00-4:00 Early Dinner DR and Drinks CR 1:00 Blackjack CR 1:30 Charity Knitting Club LIB 2:00 Blackjack CR 3:00 Word Fun with Robin LIB 4:00-6:00 Happy Hour CR 6:00 Holiday Performance by TH Vocalist IRIS REVSON Coffee and Chat Follows AL	Thursday 5 9:00 Circuit Training Class GYM 9:00-10:00 Large Print Library LIB 9:30 Shopping Spree— CR Royalty and Elegance Boutique 10:00 Work Out with Curtis TH 11:00 Chorus Rehearsal with TH JAMIE and DAVID 12:30 Music Appreciation— TH "Tristan und Isolde" (Opera) AL 2:30 Lounge Lizards with AL BOB FOLSE 2:30-3:00 Blood Pressure Check LIB 4:00-6:00 Happy Hour CR 7:00 Residents' Choice Movie— TH "Downsizing" [COMEDY—R] 7:15 Cash Bingo CR Coffee and Chat Follows AL	Friday 6 10:00 Exercise with Judith TH 10:00 Putt a'Round PG with Campbell 11:00 Health and Wellness Talk TH with Comprehensive Wellness 1:00 Blackjack with Robin CR 2:00 Blackjack with Robin CR 2:15 Trivia with Judy LIB 3:30 E-Mail Help LIB 4:00-6:00 Happy Hour AL Complimentary Drinks, Snacks 7:00 Friday Night Movie— TH "The Foreigner" [THRILLER—R] 7:15 Shabbat Services CR with Cantor BILL WOOD Coffee and Chat Follows AL	Saturday 7 9:30 Depart: Walmart AL 9:30 Depart: 44th Street AL 9:30 Shopping Spree— CR Marzee's Boutique 10:00 Classical Exercise TH with Robin 10:30 Charcoal Drawing Lessons AR with Art Teacher Debora 12:30 Matinee Movie— TH "Friends with Kids" [COMEDY—R] 1:00 Depart: Coral Square Mall AL 4:00-6:00 Happy Hour CR Complimentary Drinks, Snacks 7:00 Entertainment— TH Vocalist MEL WILLIAMS Coffee and Chat Follows AL
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Sunday 8 9:30 Depart: Publix AL 10:00 Exercise Class with David TH 11:00 Painting Class with Sally AR TBA Depart: Local Movie AL 1:00 Ice Cream Social CR 2:30 Sunday Concert Series— TH Vocalist SUSAN ASHLEY 3:30 Word Fun with David LIB 4:00-6:00 Happy Hour CR Complimentary Drinks and Snacks 7:00 Movie Night— TH "Allied" [DRAMA—R] Coffee and Chat Follows AL	Monday 9 10:00 Yoga with Satya AR 11:00 "What's Your View?" TH with VERONICA FUCHS 1:00 Duplicate Bridge with CR Margery Pecoraro 2:15 Trivia with Marcia LIB 4:00-6:00 Happy Hour CR Complimentary Drinks and Snacks 7:00 Residents' Choice Movie— TH "Mother" [THRILLER—R] 7:15 Cash Bingo CR Coffee and Chat Follows AL	Tuesday 10 9:00 Circuit Training Class GYM 9:30-10:30 Large Print Library LIB 10:00 Work Out with Curtis TH Strength and Balance 10:45 New Residents' Orientation DR 11:00 Environmental Issues TH with JAMIE 2:30 Lounge Lizards with AL STEVEN FRANK 2:30-3:00 Blood Pressure Check LIB 4:00-6:00 Happy Hour CR 7:00 Sing Along with TH CHRIS AUTORE Coffee and Chat Follows AL	Wednesday 11 10:00 Exercise with Marian TH 11:00 Video Lecture with TH HARRY GETZOV— "Celebrating Our Nation's Birthday" 12:00 Depart: Lunch Outing AL at Cheddar's 1:00 Blackjack CR 1:30 Charity Knitting Club LIB 2:00 Blackjack CR 3:00 Word Fun with Robin LIB 4:00-6:00 Happy Hour CR Complimentary Drinks and Snacks 7:00 Entertainment— TH KATIE EAGLESON Coffee and Chat Follows AL	Thursday 12 9:00 Circuit Training Class GYM 9:00-10:00 Large Print Library LIB 9:30 Shopping Spree— CR Yael's Store on Wheels 10:00 Work Out with Curtis TH 11:00 Chorus Rehearsal TH with JAMIE and DAVID 12:30 Music Appreciation— TH "Mayerling" (Ballet) AL 2:30 Lounge Lizards with AL ARTHUR LESLIE 2:30-3:00 Blood Pressure Check LIB 4:00-6:00 Happy Hour CR 7:00 Residents' Choice Movie— TH "Unbroken" [DRAMA—PG13] 7:15 Cash Bingo CR Coffee and Chat Follows AL	Friday 13 10:00 Exercise with Judith TH 10:00 Putt a'Round PG with Campbell 11:00 Health and Wellness Talk TH with Wellcare Therapy 1:00 Blackjack with Robin CR 2:00 Blackjack with Robin CR 2:15 Trivia with Judy LIB 3:30 E-Mail Help LIB 4:00-6:00 Happy Hour AL Complimentary Drinks, Snacks 7:00 Friday Night Movie— TH "Pitch Perfect" [COMEDY—PG13] 7:15 Shabbat Services CR with Cantor BILL WOOD Coffee and Chat Follows AL	Saturday 14 9:30 Depart: Walmart AL 9:30 Depart: 44th Street AL 10:00 Classical Exercise TH with Robin 12:30 Matinee Movie— TH "And So It Goes" [DRAMA—PG13] 1:00 Depart: Broward Mall AL 4:00-6:00 Happy Hour CR Complimentary Drinks and Snacks 7:00 Entertainment— TH JIMMY BARKAN Coffee and Chat Follows AL
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Sunday 15	
9:30 Depart: Publix	AL
10:00 Exercise Class with David	TH
11:00 Arts and Crafts with Adam	AR
12:00 Depart: New and Second Beginnings Thrift Store	AL
1:00 Ice Cream Social	CR
2:30 Matinee Movie—"Jumanji: Welcome to the Jungle"	TH
[ACTION—PG13]	
3:30 Word Fun with David	LIB
4:00-6:00 Happy Hour	CR
Complimentary Drinks, Snacks	
7:00 Musical Lecture with HARRY GETZOV—"The Music of Sammy Cahn," Part 1	TH
Coffee and Chat Follows	AL

Monday 16	
10:00 Yoga with Satya	AR
11:00 Book Review with GOLDIE WITROCK—"The Hedy Lemarr Story"	TH
1:00 Duplicate Bridge with Margery Pecoraro	CR
2:15 Trivia with Marcia	LIB
4:00-6:00 Happy Hour	CR
Complimentary Drinks and Snacks	
7:00 Residents' Choice Movie—"Please Stand By"	TH
[DRAMA—PG13]	
7:15 Cash Bingo	CR
Coffee and Chat Follows	AL

Tuesday 17	
9:00 Circuit Training Class	GYM
9:30-10:30 Large Print Library	LIB
10:00 Work Out with Curtis	TH
Strength and Balance	
11:00 Musical Lecture with HARRY GETZOV—"The Music of Sammy Cahn," Part 2	TH
1:00 Fun with Horticulture with ROBERT BORNSTEIN	AR
2:30 Lounge Lizards with TED McDERMOTT	AL
2:30-3:00 Blood Pressure Check	LIB
4:00-6:00 Happy Hour	CR
4:30 Depart: Dinner Outing at La Bamba	AL
7:00 Entertainment—Latin Sensation "GRISELLE"	TH
Coffee and Chat Follows	AL

Wednesday 18	
10:00 Exercise with Marian	TH
11:00 Nova Lifelong Learning—"Bernard Goetz: The New York Subway Shooter" with STEPHEN SINGER	TH
12:00 Depart: Target	AL
1:00 Aqua Aerobics with Judith	PS
1:00 Blackjack	CR
1:30 Charity Knitting Club	LIB
2:00 Blackjack	CR
3:00 Word Fun with Robin	LIB
4:00-6:00 Happy Hour	CR
Complimentary Drinks, Snacks	
7:00 Karaoke Night with WILLIAM PENN HOUSE	TH
Coffee and Chat Follows	AL

Thursday 19	
9:00 Circuit Training Class	GYM
9:00-10:00 Large Print Library	LIB
9:30 Shopping Spree—Marina's	CR
10:00 Work Out with Curtis	TH
11:00 You Be the Judge	TH
12:00 Birthday Bash with LARRY BRENDLER	DR
12:30 Music Appreciation—"Il Traviatore" (Opera)	TH
2:30 Lounge Lizards with ARTHUR CRUZ	AL
2:30-3:00 Blood Pressure Check	LIB
4:00-6:00 Happy Hour	CR
7:00 Residents' Choice Movie—"Atomic Blonde" [THRILLER—R]	TH
7:15 Cash Bingo	CR
Coffee and Chat Follows	AL

Friday 20	
10:00 Stretch and Kvetch with Jamie	TH
10:00 Putt a'Round with Campbell	PG
11:00 Food Committee Meeting with "O.B."	TH
1:00 Blackjack with Robin	CR
2:00 Blackjack with Robin	CR
2:15 Trivia with Judy	LIB
3:30 E-Mail Help	LIB
4:00-6:00 Happy Hour	CR
7:00 Friday Night Movie—"Me Before You"	TH
[ROMANCE—PG13]	
7:15 Shabbat Services with Cantor TED KATZ	CR
Coffee and Chat Follows	AL

Saturday 21	
9:30 Depart: Walmart	AL
9:30 Depart: 44th Street	AL
10:00 Classical Exercise with Robin	TH
10:30 Charcoal Drawing Lessons with Art Teacher Debora	AR
12:30 Matinee Movie—"Bridesmaids" [COMEDY—R]	TH
1:00 Depart: The Fountains	AL
4:00-6:00 Happy Hour	CR
Complimentary Drinks, Snacks	
7:00 Entertainment—DAVID MEULEMANS	TH
Coffee and Chat Follows	AL

Sunday 22	
9:30 Depart: Publix	AL
10:00 Exercise Class with David	TH
11:00 Painting Class with Sally	AR
TBA Depart: Local Movie	AL
1:00 Ice Cream Social	CR
2:30 Sunday Concert Series—Pianist PAUL BATITSKY	TH
3:30 Word Fun with David	LIB
4:00-6:00 Happy Hour	CR
Complimentary Drinks and Snacks	
7:00 Movie Night—"American Sniper" [DRAMA—R]	TH
Coffee and Chat Follows	AL

Monday 23	
10:00 Yoga with Satya	AR
11:00 Lecture with ROSE TYDUS—"Giving Back"	TH
1:00 Duplicate Bridge with Margery Pecoraro	CR
2:15 Trivia with Marcia	LIB
4:00-6:00 Happy Hour	CR
Complimentary Drinks and Snacks	
7:00 Residents' Choice Movie—"Letters to Juliet"	TH
[DRAMA/ROMANCE—PG]	
7:15 Cash Bingo	CR
Coffee and Chat Follows	AL

Tuesday 24	
9:00 Circuit Training Class	GYM
9:30-10:30 Large Print Library	LIB
10:00 Work Out with Curtis	TH
Strength and Balance	
11:00 "The Brain Train" with JUDY HERMAN	TH
2:30 Lounge Lizards with RICHIE SHAPIRO	AL
2:30-3:00 Blood Pressure Check	LIB
4:00-6:00 Happy Hour	CR
Complimentary Drinks and Snacks	
7:00 Entertainment—Pianist GARY LAWRENCE	TH
Coffee and Chat Follows	AL

Wednesday 25	
10:00 Exercise with Marian	TH
10:30 Depart: Seminole Coconut Creek Casino	AL
11:00 Nova Lifelong Learning—"U.S. and China Relations," Part 1, with RUDY BERBERIAN	TH
1:00 Blackjack	CR
1:30 Charity Knitting Club	LIB
2:00 Blackjack	CR
3:00 Word Fun with Robin	LIB
4:00-6:00 Happy Hour	CR
Complimentary Drinks and Snacks	
7:00 Karaoke Night with WILLIAM PENN HOUSE	TH
Coffee and Chat Follows	AL

Thursday 26	
9:00 Circuit Training Class	GYM
9:00-10:00 Large Print Library	LIB
9:30 Shopping Spree—Barbara and Mel's Boutique	CR
10:00 Work Out with Curtis	TH
11:00 Chorus Rehearsal	TH
12:30 Music Appreciation—"Bernstein: Tchaikovsky"	TH
2:30 Lounge Lizards with ARTHUR LESLIE	AL
2:30-3:00 Blood Pressure Check	LIB
4:00-6:00 Happy Hour	CR
7:00 Residents' Choice Movie—"Man from U.N.C.L.E"	TH
[ACTION—PG13]	
7:15 Cash Bingo	CR
Coffee and Chat Follows	AL

Friday 27	
10:00 Stretch and Kvetch with Jamie	TH
10:00 Putt a'Round with Campbell	PG
11:00 BRAIN BLAST Trivia	CR
1:00 Blackjack with Robin	CR
2:00 Blackjack with Robin	cR
2:15 Trivia with Judy	LIB
3:30 E-Mail Help	LIB
4:00-6:00 Happy Hour	CR
Complimentary Drinks, Snacks	
7:00 Friday Night Movie—"Game Night" [COMEDY—R]	TH
7:15 Shabbat Services with Cantor TED KATZ	CR
Coffee and Chat Follows	AL

Saturday 28	
9:30 Depart: Walmart	AL
9:30 Depart: 44th Street	AL
10:00 Classical Exercise with Robin	TH
12:30 Matinee Movie—"The Last Station"	TH
[DRAMA—R]	
1:00 Depart: The Promenade	AL
4:00-6:00 Happy Hour	CR
Complimentary Drinks and Snacks	
7:00 Entertainment—DERRICK HADLEY	TH
Coffee and Chat Follows	AL

Sunday 29	
9:30 Depart: Publix	AL
10:00 Exercise Class	TH
11:00 Sing Along with MARIAN	TH
12:00 Depart: Whole Foods	AL
1:00 Ice Cream Social	CR
2:30 Sunday Concert Series—Singer/Pianist JOANNA HOLSTEIN	TH
3:30 Word Fun with David	LIB
4:00-6:00 Happy Hour	CR
Complimentary Drinks and Snacks	
7:00 Movie Night—"Kong: Skull Island"	TH
[ACTION—PG13]	
Coffee and Chat Follows	AL

Monday 30	
10:00 Yoga with Satya	AR
11:00 Yiddish For Fun with COOKIE BLATTMAN	TH
1:00 Duplicate Bridge with Margery Pecoraro	CR
2:15 Trivia with Marcia	LIB
4:00-6:00 Happy Hour	CR
Complimentary Drinks and Snacks	
7:00 Residents' Choice Movie—"The Heat" [COMEDY—R]	TH
7:15 Cash Bingo	CR
Coffee and Chat Follows	AL

Tuesday 31	
9:00 Circuit Training Class	GYM
9:30-10:30 Large Print Library	LIB
10:00 Work Out with Curtis	TH
Strength and Balance	
11:00 Lecture with RUDY BERBERIAN—"U.S. and China Relations," Part 2	TH
2:30 Lounge Lizards with GENE FABIAN	AL
2:30-3:00 Blood Pressure Check	LIB
4:00-6:00 Happy Hour	CR
7:00 Lecture with SHANE LE MAR—"Motown: More Than Music"	TH
Coffee and Chat Follows	AL



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CR CARD ROOM
DR DINING ROOM

JDR JENNIE'S DINING ROOM
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